

# the *Link*

MAY 2010

A PUBLICATION OF THE JUNIOR LEAGUE OF RALEIGH



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## Our mission

*the Junior League of  
Raleigh is an  
organization of women  
committed to promoting  
voluntarism, developing  
the potential of women  
and improving  
communities through the  
effective action and  
leadership of  
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# President's Message



MELISSA ROSS MATTON  
*President*

Membership in the Junior League means so much to each of us. For some, the League establishes connections with other women and a new circle of friends. For others, the League makes a difference in the community with a greater impact than we could achieve individually since we are working together to improve the lives of the children of Wake County. For others, the League facilitates the development of skills and experiences that enhance our lives at home and at work.

When you see our newest members work through their Provisional year—making friends, learning the League history and implementing projects that impact and support our community teams—you see the future of the League. These ambitious and enthusiastic women have become a part of something far larger than their Provisional class of 160 women, their color groups and their project teams. They also reenergize each of us with their commitment to improve the League and the Wake County community. To each and every one of our Provisionals, all of your fellow members thank you.

Our Active members also move through the League and League life in amazing and inspirational ways. They have honed skills working with children at Heritage Park and in making the arrangements for the meetings where up to 500 women with whom they volunteer come together. Each of our Active members balance so much in their lives, but they make time for the League. Thank you to these amazing women who reach out even when their lives are so busy—and by doing so touch lives beyond their own. Your fellow League members celebrate you.

Our Sustainers are the foundation of our League. We and our community owe much to these women. Their vision gave us the community agencies we support

with volunteers — from the families and children at SAFEchild to the places that we all enjoy from historic homes to the North Carolina Art Museum. They have given us the vision to see opportunities for new fundraisers from A Shopping SPREE! to the Showcase of Kitchens and our new cookbook. Without the vision and talents of these women, the League would not be celebrating our 80th birthday. To our Sustainers, please accept the gratitude of your fellow members.

Our membership in the League energizes us and gives us the ability to make a difference. We are a group of women who build on our traditions and continue to improve our community. To each and every one of you, I say thank you—thank you for your time, your talent and your inspiration. Thank you for being a member of the Junior League of Raleigh.

A handwritten signature in blue ink that reads "Melissa R. Matton". The signature is fluid and cursive.







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# Membership



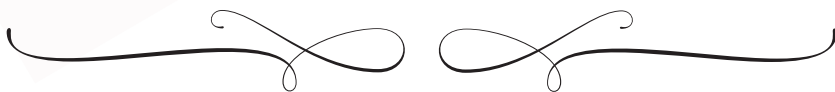
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*Membership Vice President*



## *A Bond that Unites Us*

*By Lisa Vanderberry, Membership Vice President*



One big reason women are drawn to the Junior League of Raleigh (JLR) is meeting others. I grew up in Raleigh. There are Sustainers who played bridge with my mother, some Actives who are old high school pals and even a few younger members who I babysat back in the day. After being away for a few years, I saw the JLR as a way to reconnect. Little did I know that my life would be enriched by so many new friends! We may be from different places or be in different stages of life, but the common goal of improving our community has united us. The six ladies profiled in the following pages have all touched my life in different ways. I am glad you can get to know them, too!



# Member Spotlights

## What inspires Lizzie Graybill *Love for her Community*

*By Grace McIntyre, the Link*

Doughnuts. This is what Lizzie Graybill was thinking about several years ago while working at her nursing job at Rex Hospital. She was giving instructions to a patient on what they should be eating in order to be healthy and have a faster recovery, but all she could think about was the doughnuts that she knew would be waiting outside at the nurse's station.

As soon she stood in front of the doughy, delicious pastries, Lizzie stopped. Reflecting on her long-time dissatisfaction with her weight and her health, Lizzie realized in that moment that she was not being true to her spiritual values or the advice she gives her patients. She decided then that she needed to change.

Thanks to Kathie Lee's "Feel Fit & Fabulous Workout" videos and a strong purpose, Lizzie worked off 60 pounds. This same kind of determination and strength of mind has been recognized by her fellow League members, especially with her recent commitment to the position as MDC Assistant Co-captain.

Lizzie attributes her vivacious personality and sense of humor to her grandmother, "Grandma Peggy." Her grandmother moved to Boone to live with her family in December, and by the following April she knew everyone in

town! Lizzie admires her grandmother's social skills, but admits she has trouble remembering names. However, Lizzie definitely inherited some of Grandma Peggy's positive effect on people because she has made herself known in the Junior League of Raleigh community as a remarkable League member.

Lizzie lives by the motto, "On your path of life, always leave the trail better than how you found it." As a lifelong volunteer in various community organizations, she has helped families and neighborhoods, but appreciates the League for its specific focus on children. As a mother of two daughters, 5-year-old Lilly and 7-year-old Maddie, Lizzie knows that by focusing on children, we can change the future of an entire community.

As an Active member of the League, Lizzie is able to satisfy her love for her community and still be a mom and a wife who enjoys indulging in dinners with friends and simple pleasures like chocolate and foot massages. Her husband, Gil, is a huge source of support and steals her heart with gestures such as including her mother on a trip to Paris. This was extremely meaningful because as a young woman, Lizzie's mother planned to move to



Paris to pursue teaching and art, but abruptly changed her plans when she met and fell in love with Lizzie's father.

A history of romance and determination clearly shines through in Lizzie's attitude, and you can see all of her inspirations through the joy in her heart that she receives from helping others.

 [Developing the potential of women . . .](#)

Photo: Lizzie Graybill.





## Member Spotlight: Ronda Bazley Moore

*Dream as if you will live forever  
and live as if you will die tomorrow.*

*By Jessica Kozma Proctor, the Link*

Ronda Bazley Moore is one of many faces who gives life to the mission of the Junior League of Raleigh.

Moore, in her fifth year Active with the League, currently serves as Quick Impact Co-captain. But her time in the League has given her an opportunity to grow as a community volunteer, both for the League and beyond. In 2009, Moore coordinated Raleigh on Ice, an outdoor ice skating event to benefit the Raleigh Rescue Mission during their busiest time of year. Presented by her husband's company, Warte Designs, the event collected roughly 1,000 pounds of food plus numerous coats and blankets to warm those in need. Proceeds from the event supported the Mission's work with Raleigh's homeless children and families.

For Moore, the League has helped bolster her talents as a volunteer. "I feel I have learned a lot by being a part of the League and observing how a first class volunteer organization like ours operates," Moore said. "I'm taking what I'm learning and applying it in other organizations. I've shared some of the best practices that I've seen in the League with friends and associates of mine who are volunteers or leaders in other organizations."

Before her work for Raleigh on Ice, Moore worked with the North Carolina Junior League

State Public Affairs Committee (SPAC) to influence domestic violence legislation through the North Carolina General Assembly. She considers her work with SPAC one of her more significant contributions she has given the League and the community.

And her best League memory to date: attending the 2009 Inaugural Ball (IB), of course! A member of the IB program committee, Moore saw the Inaugural Ball "under construction" and then as a finished, glamorous event for all to enjoy. "It was so wonderful to see hours of committee meetings and creative ideas from dedicated women turn into a magical evening," Moore said. She considers volunteering for the Inaugural Ball as her most enjoyable placement because she met so many neat women and learned a lot from the experience.

A graduate of UNC-Greensboro and completing graduate school at North Carolina State University, Moore currently works with her husband's company as a design assistant. Prior to that, Moore worked as an executive coach and human performance consultant with various companies, including IBM and Bank of America.

Still able to claim herself a newlywed, Moore met her husband while in graduate school. A fabulous friendship of six years followed



before the couple realized "the special love" they shared. Now married two years, the couple looks forward to starting a family in the future. "We're best friends, and someday we look forward to becoming parents," Moore said. Waking up beside her husband is her simplest pleasure in life.

 Improving the community . . .

Photo: Rhonda and Warte Moore



# Member Spotlight: The Yellow Team

## *It's Easy to Find a Yellow Ray of Sunshine*

By Anita Walton, the Link

Each year dozens of color groups are formed. Occasionally something magical occurs, and the experience moves from business to bond. This year the women in the yellow Provisional color group shared that magical experience.

Each Provisional year begins with a color group assignment for each member. Provisionals are required to attend monthly meetings, volunteer for a shift at A Shopping SPREE!, work on a winter and spring project and attend the placement fair in the spring. Regardless of how many years you've served in the League, your Provisional year in many ways is what shapes your initial League experience.

While it can be one of your busiest years in the League, it can also be a year of exploration, where many members discover new passions and friendships. It's where a special group of women often form a special connection – like the 2009-2010 yellow color group has.

"The yellow color group has worked well together because of our diverse interests and our naturally kind dispositions," color group member Lorrinda Michieka said. "Sharing experiences like Sunday brunch and news of expected bundles of joy are among some of the fondest memories shared by our group members," added Michieka.

Since the beginning of their Provisional year, the group has shared the experiences of child birth, pregnancy, major surgery and a career change. During each of those events the group was excited and supportive of the person going through her transition or life change.

Sharing the joys of life and providing support for one another can turn mundane tasks—like stuffing and sorting—into spiritual renewal and mini celebrations. "While stuffing bags for A Shopping SPREE!, one of our teammates shared that she was expecting," Lorrinda said. "It felt good being among the first to say congratulations."

When another color group member, Theresa Dew, had her little girl, Ella, group members not only celebrated with her, but found an additional connection with one another after learning that Ella was also the name of a group member's grandmother who was a pastor of five churches and touched many lives.



A holiday wreath-making class allowed the group to gather, share talents and help each other create something personal. Not everyone could make it, but those who did had a great time. It was a different outing that allowed everyone to get to know each other on a new level.

Like many League members, members in the yellow color group go the extra mile. Take the Angel Tree project for example. The yellow color group decided to not only provide thoughtful gifts, but chose to include something educational, fun and extra special. Group member Angela Saunders made stockings for each family member and placed little treats inside each one.

"I consider the time with my color group just for me, even if we are collectively helping others," Lorrinda remarked. "It feels good to be a part of something bigger than myself." Other group members echo her thoughts.

Yellow group members advise other groups that it takes a real effort to create bonds and stay connected with fellow team members. "Signing up to be a part of the Junior League of Raleigh (JLR) is not just enough," shared Colleen Dimitry, yellow group team member. "In order to get something out of it and enjoy it, you really have to make an effort. After making that effort, it becomes even more fun. So rather than going to see 'the yellow group girls,' I am going to see friends from the League."

The bond this color group has experienced is sure to yield lifelong friendships that prosper even outside of the Junior League. And although each color group parts ways after just a year, there are many more opportunities to build meaningful relationships throughout a member's time in her League experience. Here are a few suggestions on ways to invest in your League future:

- 🌿 View League activities as an investment into your JLR future.

- 🌿 Develop relationships and skills that can benefit you personally and the community for years to come.

- 🌿 Think of ways your expertise can add an extra special touch, thus allowing you to give just a little bit more to your fellow members and your community.

A special thanks to the yellow color group leaders, Adrienne Bohannon and Alicia Lewis; and team members Shauna Bishop, Theresa Dew, Colleen Dimitry, Michelle Evans, Elizabeth Graham, Michaela Hudson, Kim Keith, Holley Maycher, Shannon McGowan, Lorrinda Michieka and Angela Saunders.

🌿 **Developing the potential of women . . .**

Photo: Yellow color group team members with their finished wreaths: Colleen Dimitry, Shannon McGowan, Angela Saunders and Shauna Bishop.



## Member Spotlight: Danita Morgan

### *A Volunteer who has Followed in her Mother's Footsteps*

By Kerry Hall, the Link

Danita Morgan, former Junior League of Raleigh (JLR) President and current member of the Overactive and Capital Campaign Team, says her love for volunteering started long before she joined the JLR in 1990. "My mom was an incredible volunteer for church, school and the Girls Scouts, and when you're really little, you just go with her," Danita says of her mother and role model, Ida Morgan.

Looking back, Danita admires the leadership skills her mother gained, taking young groups of girls into the woods for camping trips in an era when many women lacked independence. "When you're young, you're like a sponge," she said. "You soak up everything around you. I don't remember her ever sitting me down and saying you need to volunteer. She just involved me in it."

When Danita joined the League, she says she realized the collective impact a group of determined women can have on our community. She has long been a wonderful example of how a woman can put her JLR training into action outside the League. She currently serves as development chair on the board of the Raleigh Hall of Fame, president of the UNC General Alumni Association's Wake County Carolina Alumni Club, president of the Chapter Association for Phi Mu, community advisory board member for SAFEchild and volunteers for Martha Ministry at White Memorial Presbyterian Church.

"I still have a placement in the League," Danita said. "The Junior League gives you a lot of responsibility, but they also give you room to make mistakes. When you're asked to do other things in the community you have the confidence to do it."



Danita says the Junior League experience she put on her resume even helped her land a paying job in nonprofit development, the field in which she still works. "I got into the career I'm in because of my League work and because people in the community respected it." Danita considers her long and happy marriage to be her greatest accomplishment. She lives with her husband, Chris White; dog, Charlie

Scot; and four cats, Max, Davis, Hogan and Tyler Ty.

She enjoys football and basketball games in Chapel Hill, lunch at Irregardless Café and sometimes a (we think, well-deserved) nap.

 [Effective action and leadership of trained volunteers . . .](#)

Photo: Danita Morgan



# Member Spotlight: Jeannie Poindexter

## *Growing through Volunteering*

*By Jessica Kozma Proctor, the Link*

As a busy mother of three, Jeannie Poindexter isn't afraid to take on a role.

As an Active member of the League for the last nine years, Jeannie considers her current placement as Bargain Box Co-chair as her most significant contribution to the League. "Investing my time into the Bargain Box has helped make it a place that we can be proud of because of the impact it is had on our community for so many years," adds Poindexter.

At the Bargain Box, Poindexter says she enjoys the camaraderie of her fellow team members and the impact that the revenue from the Bargain Box has on the community.

Poindexter says the League positively impacts Wake County's youngest residents. "The League improves our area by touching and improving the lives of children in our community; by being there for them and building strong bonds that will hopefully carry them throughout their lives ... by teaching them to be strong and proud of themselves ... and to never give up!"

In her years with the League, Poindexter says she has grown as a volunteer. And it's the League that's helped her grow. "The League has made me open my eyes to the fact that we can never stop fighting for children and for what we believe in," she said. "The League has changed my outlook on volunteering by showing me that when you work together as a team, we can fight whatever comes our way. As women, we are a strong voice in our community—in our world—and we do make a difference everyday to someone, somewhere."

Serving in the League has given Poindexter many memorable moments to savor. One memory she has, when starting as a Provisional, showed Poindexter first-hand the impact the League has on local youth. "During my Provisional year, we put together a carnival for the Boys & Girls Club. It was awesome to watch



the kids run through the door with excitement written all over their faces. They looked so proud and had a great time at the event. It was worth all of the hard work and planning that we put into it. That was first taste of volunteering for the League. Their smiles were priceless," reflected Jeannie.

Before having her three children, 14-year-old Mary Katie, 10-year-old Grace Ann and 5-year-old Everett John, Jeannie worked as a sales representative for Liz Claiborne and Jessica McClintock. She says she tremendously enjoyed her work.

Taking on those many roles as a mom calls for some diverse skill sets! "Being a stay at

home mom means I am a taxi driver, seamstress, short order cook, finder of all lost things, cheerleader, counselor, warden and you name it."

She and her husband of 15 years enjoy weekend trips to the Farmer's Market and North Carolina State University football.

 [Promoting volunteerism . . .](#)

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Photo: Jeannie Poindexter



## Capital Campaign Member Spotlight: Selene Brent

### *Giving from the Heart and Believing in a Mission*

By Alesia DiCosola, *the Link*



Before 711 Hillsborough Street was a reality, League member Selene Brent wanted to contribute to the Junior League of Raleigh's campaign to build a new headquarters.

At the time (more than four years ago), the League was still searching for the perfect new home, and Brent, a supply chain manager for Nortel, wanted to do her part to make that dream come true.

"Bricks and mortar are nice, everyone is eager to contribute to a new building, but you have to raise money to get to that point, and I wanted to be a part of this once in a lifetime opportunity," Brent said. "What you're financing is for the future. It's about sustainability and leaving your mark on the community."

So she had her bank set up an automatic withdrawal for \$20 a month toward the League's building capital campaign. "Twenty dollars wasn't as much as the original pledge

request at the time, but I learned through church that giving something is better than nothing, and \$20 was what I could afford," she explained. "Five dollars a week; less than a \$1 a day was how I rationalized it."

A love of public service inspired her to join the League more than 12 years ago. Since then she has served the League in many placements: Bargain Box, Taking Care of Business, Quick Impact, Training and Community Funding. This is currently her second year on Nominating.

Talk to Brent for just a few minutes about her experience with the League, and she simply gushes. She explains that hailing from a small town in North Carolina, where there isn't a League, makes her all the more grateful to work in a League as large as Raleigh's.

"It has given me the opportunity to explore lots of different avenues and the ability to connect with so many different community organizations and make a difference."

More than a year ago, Selene received letters thanking her for paying off her pledge. But she hasn't stopped transferring \$20 a month to the League. "I haven't missed the money, and I could easily waste \$20 a month. It's really a nominal amount to help the greater good."

"I'm a part of many organizations outside of the League that used the previous headquarters for meeting space, and we were outgrowing it. I look forward to being able to use the new space. It'll be a gift to Raleigh and Wake County," added Brent.

#### Join Seline on the Legacy Wall in the foyer of the Center for Community Leadership

Gifts of \$1,050 and more will be recognized permanently in the League's new Headquarters. We still have a way to go, and we need your help. As of February 1, the League had reached 27 percent of its goal of \$2.4 million needed to pay for the renovations to 711 Hillsborough Street. Please give what you can and be a part of this pivotal moment in League and Raleigh history.



 Improving the community . . .

Photo: Selene Brent



# Member Spotlight: Jennifer Wells

## *“Just Do” Now the Team Training Co-captain Fits It All In*

By Mary Adelaide Bell, the Link

At first glance, Jennifer Wells' life appears to be like that of any other mother. She has a job during the week. On Friday nights, she enjoys dinner with her family and friends at Crowley's. On Saturday mornings, she takes her daughter to ballet class and clips coupons while she waits for the class to finish. In her free time, she enjoys trying new restaurants with her husband. Her quote to live by, “Just Do,” stems from her high school chemistry teacher, and if you look at everything Jennifer manages to fit into her life while being an active mother to two young children, you will see that she does just that.

While Jennifer says her most important job is that of a mother to her two children, ages three and five, she also works as an Assistant United States Attorney handling drug and organized crime cases in the 44 eastern-most counties of North Carolina. Additionally, Jennifer fills her spare time volunteering for her church, Community United Church of Christ; and Summit House Triangle, a sentencing alternative for women convicted of non-violent crimes who are pregnant or have small children; and the Junior League of Raleigh.

Jennifer originally joined the League in an effort to meet people. Now, in her sixth year as an Active member, she serves as Co-captain of Team Training. She says the League's commitment to providing trained volunteers to the community, through training of all League members and specifically through hands-on work with community partners, is the most meaningful way the JLR can give back to the community.

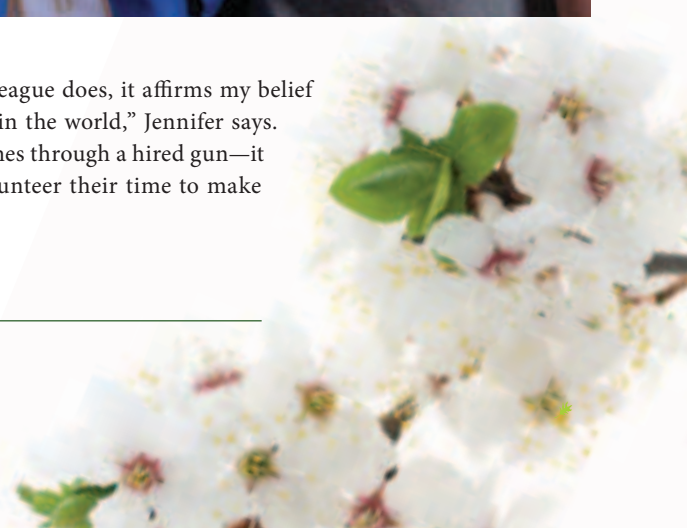
If you ask Jennifer about any significant contributions she has made to the League, she modestly and jokingly mentions the “scarring” she may have caused other members by bringing her children to meetings. She also mentions that she wouldn't be able to do any of it without the help and support of her husband, David Sigmon. However, other League members see her work as invaluable.



“When I see the work that the League does, it affirms my belief that volunteers truly affect change in the world,” Jennifer says. “Significant social change rarely comes through a hired gun—it comes through the people who volunteer their time to make a difference.”

 [Promoting volunteerism . . .](#)

Photo: Jennifer Wells and son





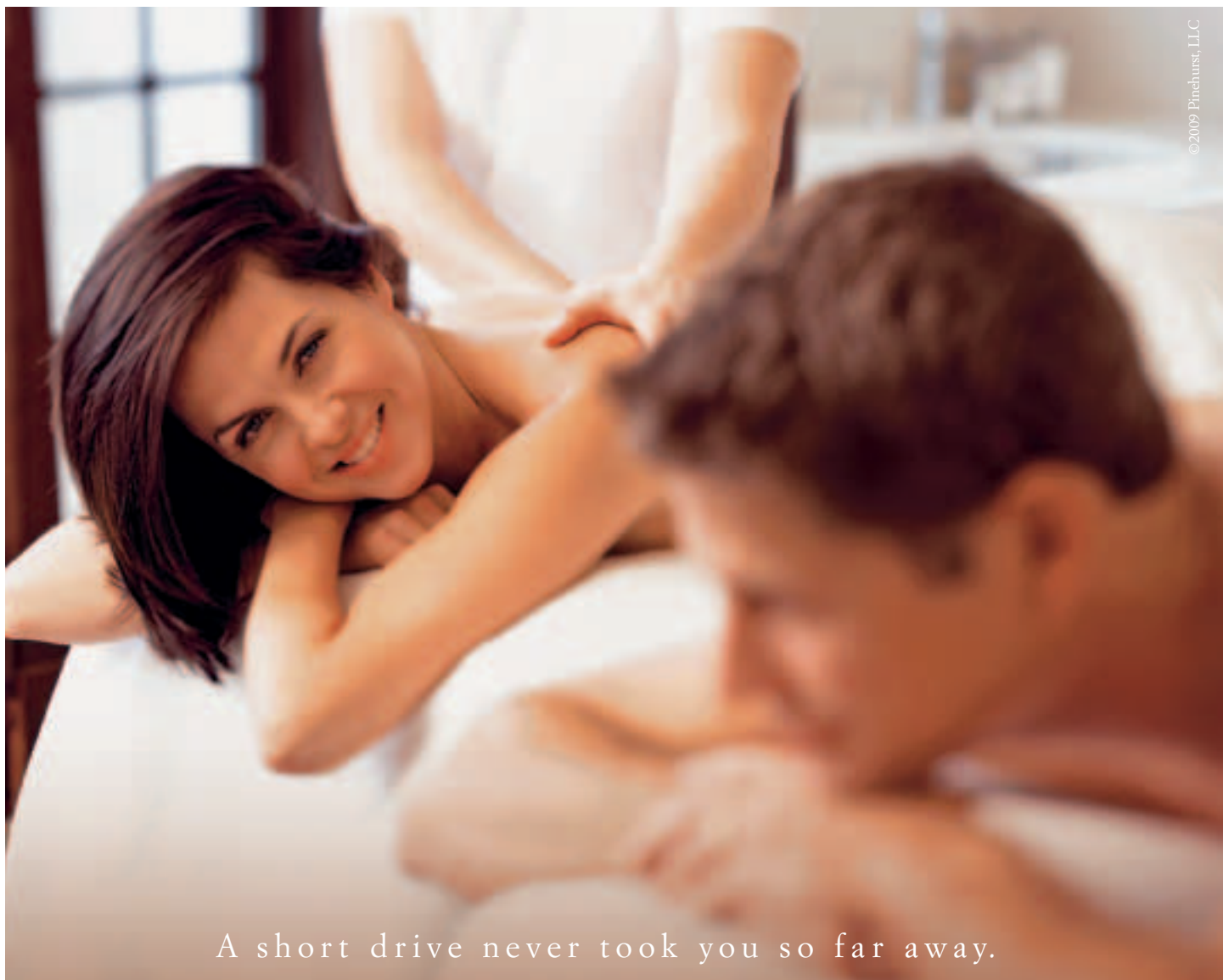
## *Scene and Heard*

Many JLR members participated in the 16th annual Jingle Ball, a holiday community event created to bring holiday cheer to Wake County children in need. More than 2,400 toys were collected and donated to The Salvation Army's Christmas Cheer program.



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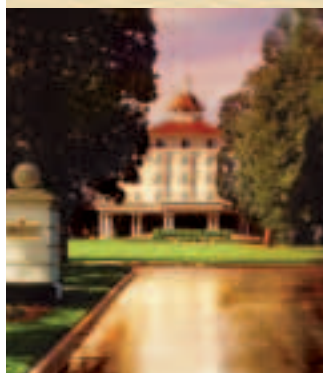
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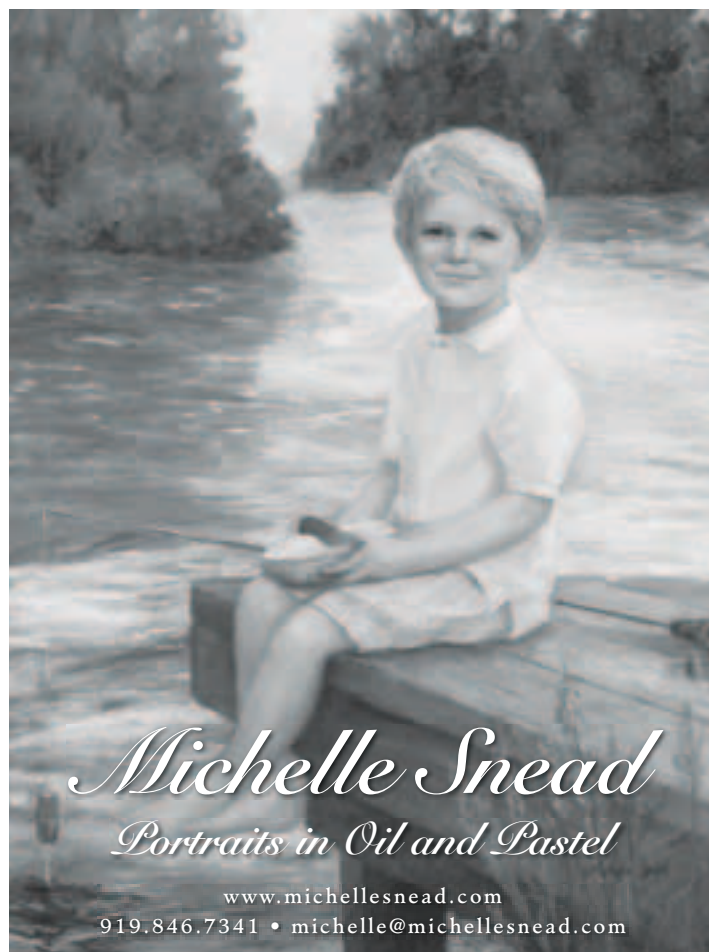
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## *A League Angel Taken too Soon*

The Junior League of Raleigh and entire Raleigh community lost a good friend and volunteer on February 24, 2010. Sustainer Lisa Permar Ham passed away from cancer at the age of 39. A Raleigh native, Lisa grew up watching her mother serve the community with the JLR and joined herself in 1995. She embraced her time in the League learning about every aspect and serving on teams across every Council, many years doing a double placement. "Lisa was not afraid of big roles and loved a challenge," said her mother, Ann. "She never wanted or needed credit, just loved to serve others." She served on the first Capital Campaign Team, which has led us to our new home at 711. She also took her forward thinking and enthusiasm out into the community. While serving as Director of Development for St. Timothy's School, Lisa help spearhead their capital campaign resulting in their new home on Six Forks Road. What a legacy to leave for her community.

Lisa is survived by her husband, Bruce, and three daughters, Elisabeth Bailey (12), Lucy Powell (9), and Ann Truluck (7); parents David and Ann Permar (Sustainer); and two sisters. Lisa's obituary in *The News & Observer* said she wanted her girls to be poised and confident, to be considerate of others and to serve their community. Lisa was a true example of all of those things. We are lucky to have had her in our life.



*Michelle Snead*  
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## *Transfer Spotlight*

Suzanne Fitzpatrick transferred from the Junior League of Atlanta, Georgia. In Atlanta, Suzanne was the chair of Atlanta Project Open Hand, where she organized volunteers and made and delivered healthy meals for terminally ill/AIDS patients. Suzanne has also been a member of the Junior League of Denver, Colorado. She is married to Eric and has a 3-year-old daughter, Zoe. Suzanne enjoys playing tennis, being a mother, cooking and enjoying a glass of wine with friends.





# Shout Outs!

Shout out to **Toni Davis** for taking on the role of Placement Co-captain mid-year!

A big thank you to the **Bargain Box staff and volunteers** who decked the halls of the Bargain Box and worked after-hours during the Cameron Village Holiday Open House.

Thanks to **Ashley Campbell, Keri Eddins, Jennifer Straw Olson, Liza Roney** and **Rhonda Beatty** for their blood, sweat and tears to put together four amazing AJLI nominations on behalf of JLR!

**The Nominating Team** did another amazing job pulling together a great slate of officers to lead JLR into the next year! Congratulations to the team for their hard work and dedication to the process.

Hats off to **Team PR** for all of their hard work and efforts to help with media and press as we opened our new Center for Community Leadership! Awesome work in getting the word out!

Special thanks to **Annelise Roper** on Team Training for her perseverance in securing North Carolina Governor Beverly Perdue's participation in Team Training's ongoing column for *the Link*, "Women in Leadership: Community Influencers Share Their Perspectives on Successful Leadership." Governor Perdue is an understandably busy woman, and it took lots of time and follow-up for this to come to fruition. Team Training could not have accomplished our mission without the amazing help of fellow League member **Sara Perdue**, who facilitated the exchange of information from inside the governor's office. Thank you both for your efforts!

Shout out to **Team Leadership Support**, especially **Mary Blake**, for their hard work on rolling out the JLR leadership training program designed to train members on several aspects of leadership.

Thank you **Lizzie Graybill** and **Astra Barnes** for hosting an informative session for prospective members before the November GMM.

Thank you to the entire **Membership Council Team Captains** for doing such an amazing job and supporting your Vice President!

**Shout out to the CCL and Capital Campaign Teams** for hosting two wonderful events at 711 Hillsborough for both Sustainers and Actives to check out our new "digs."

A special thanks to **every member** who continues to serve the community by being a responsible, Active member of the JLR! We are because of you!

Thanks to **Pat Wilkins** for doing such a great job with the capital campaign.

Thank you **Linda Brown Douglas** for being a great leader and inspiring all of us to be more and do more.

Special thanks to **Kelsie Johnson** and **Ann-Stewart Patterson** for being such great teachers at Heritage Park!

Hats off to **Ginny Zuleba** for helping lead Team AWCN!

Thanks **Debbie Pappas** for taking Team Chorus to new notes!

**Julie Ploscyca**, thank you for your commitment, time and most of all your beautiful smile.

Thanks to **Natalie Schoeny**, assistant Web Coordinator, for putting the December *eLink* together and for her hard work cataloguing our Web site content.

Thanks to **Vivian Delgado** who provided extra help with AT&T as we prepared to move.

**Cindy Collett** and **Lisa Vanderberry** get kudos for organizing the League's historical collection for the move.

Thanks to **Betsy Pittman** and the whole **Cookbook Team** for bringing the books to our members so beautifully.



# Training



**ANNA BAIRD CHOI**  
Training Vice President



## Women in Leadership, Part II

### *Community Influencers Share Their Perspectives on Successful Leadership*

*By Annelise Roper, Staci Ricks and Kristen Humphries, Team Training*

We sat down with three community influencers to explore their perspective on leadership. We found out that five probing questions, plus three amazing women, yield some pretty thought-provoking responses.

#### **Meet the Leaders**

**Beverly Perdue**, Governor, State of North Carolina.

**Ashley Campbell**, Attorney for Ragsdale Liggett PLLC specializing in civil litigation. Past JLR positions: Nominating Assistant Captain 2009–10, Team Training Co-captain 2008–09, Assistant Co-captain Team Training 2007–08, Cookbook Team 2007–08 and 2006–07, Provisional 2005–06.

**Jennifer Kaelin**, Vice President, Finance, SciQuest, Inc.

**Q: As a leader, what was the toughest obstacle you have overcome, and what did you learn from it?**

**Governor Perdue:** It was a career risk and personal struggle for me to confront the issue of smoking. I was a smoker for many years, and the State of North Carolina was built on a foundation of tobacco. Over the years it's been ingrained in our economy and in our politics. Politicians were loath to resist the tobacco industry and hesitated to regulate smoking any further.

But I overcame my personal struggle with smoking – a move that helped me adopt a healthier lifestyle and a new realization that we should push to not only reduce smoking, but also prevent it before others get hooked.

First as Lieutenant Governor and now as Governor, I have championed the cause to reduce smoking, especially among teens in North Carolina. As chair of the Health and Wellness Task Force, I helped reduce the number of teen smokers by 34,000 over six years. And now, all North Carolina's school districts are 100 percent tobacco free. Then in May 2009, I was able to sign into law the historic legislation banning smoking from restaurants across the state.

It wasn't easy to do these things, but I knew it was right, and I believe we (as a state) are better off for it.

**Campbell:** The biggest challenge was addressing conflicts between members that inevitably arise on any team. As a Team captain, your goal is for members of your team to feel engaged and valued for their contribution. To the extent that conflicts on the team make any member feel that her contribution is not appreciated, it has to be addressed. It is a challenging part of any leadership role, but as a team leader it helped me learn the importance of clearly communicating expectations so that conflicts arise less often.





**Kaelin:** The toughest obstacle I have had to overcome would be managing a team and helping a company adapt through a downturn. I have been the finance leader at a few companies that went through tough fiscal times and had to come up with a plan to reduce costs, including headcount reductions. It was challenging to keep a finance team motivated when they saw the financials and understood its implications better than other employees. It was also difficult to keep a company focused on the positive. I have learned that in times of difficulty you need to remember to be honest and truthful about the issues and empathetic about the resulting strain that it will place on the remaining employees.

**Q: What motivates you as a leader?**

**Governor Perdue:** Growing up, I never knew that I wanted to be Governor. I volunteered as a college student, and I worked as a teacher before going back to school to earn a doctoral degree in education administration. It was while working in a community hospital in New Bern, N.C., that I witnessed firsthand how public policy decisions affect real people. It was my desire to better the lives of those I saw in my hospital that led me to run for office the first time. That's what continues to motivate me today—to make lives better for who will follow us.

**Campbell:** Motivated and accomplished team members always inspire me to do my best.

**Kaelin:** Working with people who are smart, driven and focused on what is best for the company. I am motivated by employees who take strategic direction and operate independently.

**Q: What is one piece of advice you would give to those who are interested in taking on a leadership role for the first time?**

**Governor Perdue:** With a lot of hard work, determination and faith, there are no limits to what you can accomplish. No matter the career path you choose, if you dedicate yourself to your work and refuse to give up when things get tough, you will be a good leader.

**Campbell:** Recognize that, as a team leader, it is your job to identify, motivate and mentor future leaders of the League.

**Kaelin:** No one has all the answers or is perfect. A good leader will help her team develop skills that help team members solve problems and find answers. A good leader will not fear making mistakes, will learn from mistakes and will be able to turn a mistake into a future success.

**Q: What activities did you participate in or what skills did you develop over the years in order to become the leader you are today?**

**Governor Perdue:** I've had a number of different experiences over the years that have helped me to grow into the person that I am today. I grew up near the coalmines of southwest Virginia, and saw how hard people worked and how they struggled to make ends meet. But I didn't get it yet. It took a teacher named Ms. Beck to tell me, "Bev, if you work hard and get your education, you can achieve anything." And I've remembered that lesson to this day.

As an adult, prior to running for office, I was a wife, mother, public school teacher and

worked in a community hospital. Those experiences required love, compassion, patience and perseverance. And as a state legislator, I learned how to work with others with disparate backgrounds and motivations, to come together and achieve common goals.

Each of these events has shaped who I am today.

**Campbell:** I have volunteered for many organizations since I was a teenager, which I believe instilled in me a strong sense of empathy for the plight of the poor—born into circumstances that most of us cannot imagine. Empathy allows you to share in the emotions and feelings of others. As an empathetic leader, I believe you are better able to identify the needs and expectations of the people you are leading and thereby help them fulfill whatever goals they've set for themselves.

**Kaelin:** I have participated in leadership training classes, which have been useful ways to pick up new tools and techniques. I have also learned from watching good and bad leaders I have worked with on what to emulate and what to avoid.

**Q: What criteria do you personally use to determine if you are being good leader?**

**Governor Perdue:** As Governor, I must set high expectations, be a hands-on leader, work hard and persevere. Plus, a good leader must be able to inspire others to give their best.

**Campbell:** Are the members of the team engaged and performing the tasks you've helped them identify as needing to be accomplished? I believe team leaders should use the "touch method" to reach out to their team members by e-mail or phone to offer assistance and let the team members know they are supported, but that ultimately the team leader must delegate important responsibilities to her team members and allow them to succeed or fail on their own terms.

**Kaelin:** If the team can come to me when something goes wrong, discuss the issue and how to resolve it, then I feel I am being a leader that people can turn to in bad and good times. It is easy to be a leader when things go well, but a real leader is someone that can be counted on to help, someone who is viewed as open and fair.

 Effective action and leadership of trained volunteers . . .

Photo, Left to right: Governor Beverly Perdue, Jennifer Kaelin and Ashley Campbell.

# Funding



**HELEN MILLER**  
Funding & Development  
Vice President



## Showcase of Kitchens

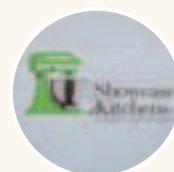
Contact Co-chairs, Hilary Allen and Meredith Keyes



We hope you have marked your calendars for the Fourth Annual Showcase of Kitchens—April 30 and May 1. The festivities will kick off on Thursday, April 29 with Toast to the Tour at Ferguson's. Once again, you will not be disappointed with this party. This year, you will be able to dance the night away to the sounds of Fantasy, who you may remember from last year's Inaugural Ball. Ed Mitchell, renowned pit master from The Pit, will be on hand for a live cooking demonstration. You'll enjoy tasty food from B&B Catering paired with great cocktails, as well as have the opportunity to treat yourself to some great items from the silent auction.

This year's tour features eight kitchens all conveniently located within the beltline located on the following streets:

- ▶ Lake Boone Trail
- ▶ Rolston Drive
- ▶ Rand Drive
- ▶ Churchill Road
- ▶ Graham Street
- ▶ Vance Street
- ▶ Oxford Road
- ▶ Chesterfield Road



You will not want to miss seeing these fabulous homes! From contemporary to chic to French provincial, these kitchens cover all of the bases. It includes new construction and remodels.

Please remember that all proceeds from Showcase of Kitchens will support The Center for Community Leadership. This is a fun way to help support our new League Headquarters.

**Tickets costs:** Toast to the Tour ▶ \$60/individual or \$100/couple.  
Two-day tour tickets ▶ \$20 in advance and \$25 at the door.

**Package deals:** Toast to the Tour and Tour tickets ▶ \$75 (includes one ticket to each event) or \$120 (includes two Thursday tickets and one Tour ticket).





## *Thanks to our 2010 Showcase of Kitchens Sponsors*

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# *You're Invited . . . to celebrate the publication of "You're Invited Back"*

*By Katie Johnson, Cookbook Team*

After over two years of effort, it's finally here—the Junior League of Raleigh's new cookbook, *"You're Invited Back."* In February, our League published a new cookbook for the first time in 10 years. The new book is focused on the City of Raleigh and is full of the best recipes from our members' kitchens. Complementing the recipes are beautiful photographs by Sustainer Tammy Wingo, menu suggestions for every occasion and helpful culinary tips.

Creating a book like this has been a long process that started in 2008, when the team collected more than 1,000 recipes from League members and started the testing process.

"We began researching publishers in the spring of 2008, selected Favorite Recipes Press (FRP) as our publisher and began the recipe collection process that summer," said Meg Ergenzinger, 2008-09 Cookbook Team Co-captain. "The entire League was involved in the testing process that fall. We were thrilled and appreciative of the help of Provisional, Active and Sustainer members as we methodically tested the recipes that were submitted.

"The testing process was a lot of fun, and there were so many creative ways that our members jumped in to help. Recipes were tested at meetings, book clubs, bunco and at many family dinners," added Ergenzinger.

Once the recipe collection and testing was complete, the second phase of the book began: the editing process. "After we narrowed the recipes down to the ones to be included in the book, we created the menus, worked with Tammy on the photography and began writing the non-recipe text—essentially writing the draft of the book," explained Sara Van Asch, 2008-09 Cookbook Team Co-captain.

"In May 2009 we sent the entire draft to FRP and began several months of proofreading and reviewing every page they sent us until we finally had the book ready to be printed in November," said Van Asch.

However, the end result makes all the effort worthwhile. "This new cookbook is the product of the hard work and dedication of many people," said Betsy Pittman, 2009-10 Cookbook Team Captain. "The process of

putting this book together has encompassed three placement years and involved three Cookbook teams, who have all worked tirelessly to accomplish the goal of publishing a new Junior League of Raleigh cookbook."

"*You're Invited Back*" does not just reflect the work of the Cookbook Teams, rather it is a reflection of our entire League who contributed by submitting and testing recipes," explains Pittman. "I am so excited to have been a part of this process and believe that this publication is something that the Junior League of Raleigh can be proud of for many years to come."

To purchase the cookbook, please complete the form on page 21 and mail or fax it to Headquarters, or stop by the cookbook table at the next General Membership Meeting. You may also pick up a copy at Headquarters!

Please enjoy these recipes on page 22 from "*You're Invited Back*" that have become team favorites—seared sea scallops with orange-basil sauce and mojo mojitos. Thank you everyone for working so hard to make your cookbook a success!



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## *"You're Invited Back"* Order Form

Invoice #: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: (home) \_\_\_\_\_ (cell) \_\_\_\_\_

E-mail: \_\_\_\_\_

Book Title	Price	Quantity	Subtotal
"You're Invited Back"	\$29.95		
		Tax (7.75%) \$	_____
		Total \$	_____

Method of payment:

☐ Cash ☐ Check Check #: \_\_\_\_\_ ☐ Credit card

Type of card: ☐ Visa ☐ MasterCard

Card #: \_\_\_\_\_ Exp. date: \_\_ / \_\_

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[www.jlraleigh.org](http://www.jlraleigh.org)



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# Recipe Corner

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## *Mojo Mojitos*

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Recipe from "You're Invited Back"  
Serves 8-10 people

1 lime, cut into quarters  
Sugar for coating the rims  
Juice and pulp of 10 limes  
¾ cup sugar  
25 to 30 fresh mint leaves  
1 cup white rum  
Club soda, chilled

Rub the rims of the cocktail glasses with the cut lime and dip into sugar to coat the rims. Combine the limejuice and pulp with ¾ cup sugar and the mint leaves in a pitcher. Stir with a wooden spoon or muddler to release the mint oil. Add the rum and desired amount of club soda and ice. Serve in the prepared glasses.

Note: You can prepare the basic mixture in advance and store, covered, in the refrigerator. Add the club soda and ice at serving time or serve over ice in glasses, allowing the guests to add the desired amount of club soda.

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## *Seared Sea Scallops with Orange-Basil Sauce*

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Recipe from "You're Invited Back"  
Serves 4

2/3 cup orange juice  
2 teaspoons Dijon mustard  
1/4 teaspoon dried basil leaves  
1 1/2 pound sea scallops  
1 tablespoon olive oil  
Salt and pepper to taste  
1 tablespoon butter

Combine the orange juice, Dijon mustard and basil in a small bowl and mix well. Pat the scallops dry and combine with the olive oil in a bowl; toss to coat well. Season on both sides with salt and pepper.

Heat a nonstick skillet over high heat. Add the scallops and sear for 2 minutes on each side or until crusted and brown. Remove to a bowl and keep warm. Stir the orange juice mixture into the skillet and cook for 1 minute or until reduced by one-half. Tilt the skillet to collect the liquid to one side. Add the butter and any accumulated scallop juices. Whisk until smooth. Serve over the scallops.



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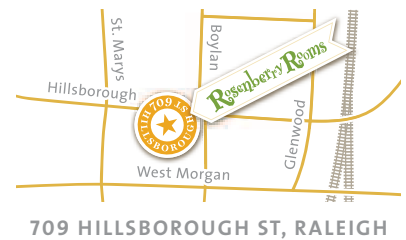
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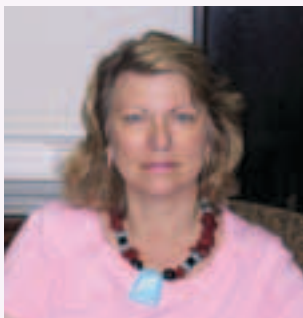
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## The Pink Pages



**CAROLINE STIRLING**  
*Sustainer Co-chair*



## Taking the Reigns

# Mary Edna Williams Steps Up to be the Voice of 37,000 Realtors

*By Courtney Phillips, the Link Assistant Co-editor*

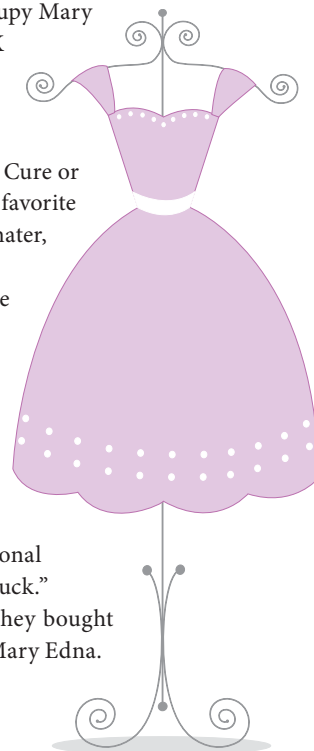
Business owner. Cancer survivor. Wolfpack fanatic. Junior League of Raleigh Sustainer and a southern gal who is proud to still use the word “daddy” to describe her beloved father. All are a short list of titles that accurately describe Mary Edna Williams. And, now you can add to that list NC REALTORS® 2010 President.

Mary Edna recently took the reigns of this state-wide trade organization, which is one of the largest and most influential associations in North Carolina. As President, Mary Edna serves as voice of more than 37,000 North Carolina real estate professionals. Both her role with NC REALTORS® and her continuing involvement as a JLR Sustainer are just two of many things that occupy Mary Edna’s very busy days. As the owner/broker of RE/MAX Capital Realty in Raleigh, you may find her assisting a client or mentoring an agent. Or you may find her supporting one of the long lists of causes that she is passionate about, such as the Susan G. Komen Race for the Cure or Hoops for Hope. Or you may just find her wearing her favorite color—red—and in the stands cheering on her alma mater, North Carolina State University.

Mary Edna counts the League and its members as one of the factors that have helped shape her life. “My work in the League has often taken place next to women that I now call my best friends,” shared Mary Edna. Her League career began in 1991 and included placements such as the Bargain Box, Inaugural Ball and serving as the Transfer Chair.

Perhaps her most cherished League memories are her Bargain Box days, where she considered it her personal goal to make sure women got the most “bang for their buck.”

“I was honored to share moments with women as they bought clothes that were key in starting a new life,” explained Mary Edna.







Please **join us** for the **last GMM of the League year** at the Rialto in Raleigh's Five Points neighborhood. **Refreshments** will begin at **6:30 p.m.** at **The Point**. The **meeting** begins at **7 p.m.** **Don't miss the fun** as we welcome our **Provisionals** to **full membership**, **present** our **annual member awards** and **celebrate the year**.

# Community



**STACY ARCH**  
*Community Vice President*



## Center for Community Leadership Opens the Door to Possibilities

*By Alesia DiCosola, the Link*

As the Junior League of Raleigh celebrates its 80th birthday, League members, city officials and area nonprofits will soon come together to cut the ribbon on the Center for Community Leadership.

With renovations complete and the doors open, 711 Hillsborough Street is poised to become a vibrant community crossroads—a new home for the League and a place where community members and leaders can come together to address community issues, collaborate, share ideas and initiate change. The Center is a monumental step for the League, a gift to local nonprofits and an investment in Raleigh's future.

Over the coming months, members will settle in at their new Headquarters, and the League will prepare for local community organizations to begin using the facility this summer. Nonprofit leaders and the League's Community Advisors are enthusiastic about how the Center will benefit their organizations and the community at large.

"I'm excited about ways to partner. I think the biggest thing StepUP will look to collaborate with the Center on is additional leadership seminars and classes for individuals going through our nine-month life skills program," said Steve Swayne, executive director for StepUP, an interfaith community that prepares people who are ready and willing to make positive changes in their lives to become self-sufficient.

The Center will also expand the League's influence on the community by reaching new organizations and encouraging collaboration among the areas nonprofits. "The amount of groups that are looking for space to host meetings and events is endless, and this great space will afford many groups their first opportunity to partner with the Junior League," said Doug Warf, community relations manager for the Carolina Hurricanes and League community advisor.

Adam Hartzell, executive director of InterAct, a nonprofit United Way agency that provides safety, support and awareness to victims and survivors of domestic violence and rape/sexual assault, also emphasized the importance of partnerships. "The Center will strengthen collaboration to meet the growing needs of our community and foster communication among local leaders who serve families," he said.

Pepe Caudillo, club director for the Brentwood Boys and Girls Club sees the Center as an important resource for his organization. "I have seen the plans of the project and that makes me say, 'We must use the new space.'" The Center will be a unique place open to many possibilities; space for meetings is only one of them," he enthused.

The new Center is just the beginning, and the possibilities are endless.

 Improving the community . . .





## An Awesome Placement

*By Julie Tew, Captain of Team AWCМ (pronounced awesome)*

Team Aventura Children's Mentoring (AWCM) is a small group of 12 dedicated Junior League of Raleigh women who meet twice a month to provide fun and educational enrichment programs for the children of AWCM. The children of AWCM are at-risk children from the Aventura community in southwest Raleigh and are limited to the southern part of Aventura Ferry Road, west Athens Drive and Jones Franklin Road, as well as portions of Hillsborough and Gorman Streets.

Team AWCM has enjoyed a busy and fulfilling year, with team members reaching out to the community and soliciting help. For example, Michelle Ricci with the Wake County Health Department, visited the children and introduced different "germ" activities along with special effects to show the importance of hand washing. The children were able to see the difference (with the use of

a black light) that a few more seconds can make in regards to germs. AWCM members make learning fun, while at the same time teaching important lessons.

Last October, Team AWCM hosted a Halloween festival where Halloween and costume safety was discussed and masks were designed and decorated. First-year Active, Katie Honeycutt, commented, "The kids are really creative with coloring their masks and seem to like to compare with the other kids. I think when you have activities they can see to completion, it really makes them feel good about themselves."

Other activities include learning the history of clay art and making clay pots. With the help of Susan Silver, a local artisan, the pots are fired in a kiln and when ready, the children paint them so that they can give them as gifts. In the beginning, the children only had a ball of clay and the kids didn't think they were

artists. When the clay evolved into pots with individual and personalized designs, the children were asked again if they were artists and everyone raised their hands to exclaim, "Yes, we are artists!"

From a First-year Active perspective, this has been such an eventful year. The rewards are simple enough. For instance, when the children tell members what they are thankful for, they include the Junior League of Raleigh in their list. First-year Active, Emily Doyle, shared, "Working with the kids at AWCM has been an amazing experience. Their love for the Junior League is so touching. I hope that I've been able to enrich their lives, as much as they have mine."


 Promoting volunteerism . . .

Photo: Emily Doyle (L) Julie Tew (M)  
and Emily Doyle (R)

# Helping Horse

## *Where Volunteers Receive as Much as They Give*

by Mary Adelaide Bell, the Link

On Monday and Tuesday nights, Saturday mornings and Sunday afternoons, the lives of 40 physically, mentally and emotionally disabled children and young adults are being changed at the Helping Horse stables off of Creedmoor Road. Participants enjoy therapeutic riding that doubles as physical and occupational therapy.

The riders develop balance, increase coordination, strengthen muscles and build self-confidence and independence. For people with physical disabilities, riding simulates the sensation of walking and allows their bodies to build the appropriate muscles to facilitate that movement. For riders with emotional or mental disabilities, therapeutic ridings help them to understand human differences, gain acceptance and provide additional social experiences.

While Helping Horse impacts the riders, it also impacts the volunteers who give instruction each week.

Helping Horse relies on community volunteers to assist in classes to keep riders comfortable and safe. League volunteers work two hours each Monday night, with two teams alternating Mondays. They assist as horse leaders by guiding the nine horses around the rink or as side walkers, where they walk on either side of the rider helping when necessary.

But other volunteers in the program come on their own and work alongside League members to assist the 40 riders enrolled in the Helping Horse program.

Robin Reid is one such volunteer. In 2005, she began volunteering at Helping Horse in hopes that it would improve her daughter's chances of being moved off of the waiting list and into the therapeutic program. Eventually, Robin realized

Helping Horse wasn't for her daughter, but she was hooked. She spent her first year as a volunteer and her second as an instructor in training. For the past two years, she has been a lead instructor on Monday nights. She also serves on the Helping Horse board and as the fundraising chair.

During the four years that Robin has volunteered for Helping Horse, she has seen how the horses affect many children. "It's amazing to see these kids when they come to Helping Horse and how far they progress from week to week," Robin says.

She mentions one little girl who could only walk with a walker when she started riding. By the end of her second year, the same little girl was running, chasing other children around.

Another little boy who is confined to a wheelchair started lessons this fall. In his first two weeks of lessons, he was only strong enough to ride for 15 minutes. In his following lessons, he rode for the full hour. Robin is hopeful he'll be walking by the end of the season.

While these are just some of the large milestones Robin has seen, she says the changes encompass a broad spectrum. She's learned she has to look at each rider and his or her needs individually, and once you do that, their progress is incredible.

 Improving the community . . .

Photo: Rider Nicky and League member Michelle Cook

Photo (far right): Rider Al Parker, Jr. and League member Kim Nabors





# The SAFEchild Center

## *Building a Future by Healing the Present*

by Mary Adelaide Bell, the Link

In the 17 years since being established, SAFEchild has become a highly effective, highly respected nonprofit that has helped children, caregivers and families learn how to create healthy, nurturing home environments free from abuse and neglect.

The name SAFEchild means Stop Abuse for Every Child, and we are continuing to make progress toward that goal every day.

In order to realize our vision of eliminating child abuse in Wake County, it is time for us to take on new responsibilities that will expand the care we are able to offer children and families. The time is right for us to establish the SAFEchild Center; a child-focused, child-friendly facility that will house the interdisciplinary team needed to treat, investigate and prosecute cases of abuse.

Imagine this: a warm, welcoming center where children who have been sexually or physically abused come to talk with caring professionals who help them with physical and psychological healing, and help them navigate the legal system that involves police, district attorneys and courts. All the services that the young victims and their families need would be housed under one roof.

Currently there is no central location that provides all the resources and support services needed so desperately by children and families who are victims of abuse. The SAFEchild

Center will ease the amount of stress a family endures when they have to go to a variety of locations to seek the medical evaluation, treatment and legal investigation that are all part of an abuse assessment. But more importantly, the SAFEchild Center will prevent children being re-traumatized due to multiple interviews conducted by different agencies.

Collaborating partners include child protective services, the district attorney's office, all Wake County law enforcement entities, Wake Med, other areas hospitals and nonprofit agencies and others who are committed to the well being of children.

The Center will be housed in a small house on Kidd Road and should be open by July 1.

### The SAFEchild Center Wish List

- Office furniture, including receptionist desk, office desks, lamps, sofa, tables and chairs, file cabinets and eight-foot portable folding tables
- Office supplies, including copier and colored paper, notepads, pens, pencils, files, pendaflex folders, staplers, markers, easels, easel pads, paper clips, calendars, bulletin boards and in/out of office wall hangings
- Computers (table top and laptop with Windows 2007)
- Monitors (15-inch to 19-inch flat screens)
- Laser printers
- Copiers
- Shelves for books and toys
- Televisions to play DVDs
- DVD player
- DVDs for children
- Postage machine
- Rugs
- Subscriptions to children's magazines for the waiting room
- Toys, dolls, arts and craft supplies, and stuffed animals for children ages infants through 13
- Racks to hold brochures about community resources
- Child-friendly art work for the walls
- Outdoor sign with name of center for the front of the center
- Healthy snack foods and drinks
- Laminating machine
- Three-ring binders
- Refrigerator
- New toys to give children after the interview and or exams
- Porch furniture

For more information about how you can make the Center successful, please contact Marjorie Menestres at 743-6140 or [mmenestres@safechildnc.org](mailto:mmenestres@safechildnc.org).



# Meet Your New Neighbors

By Alesia DiCosola, the Link

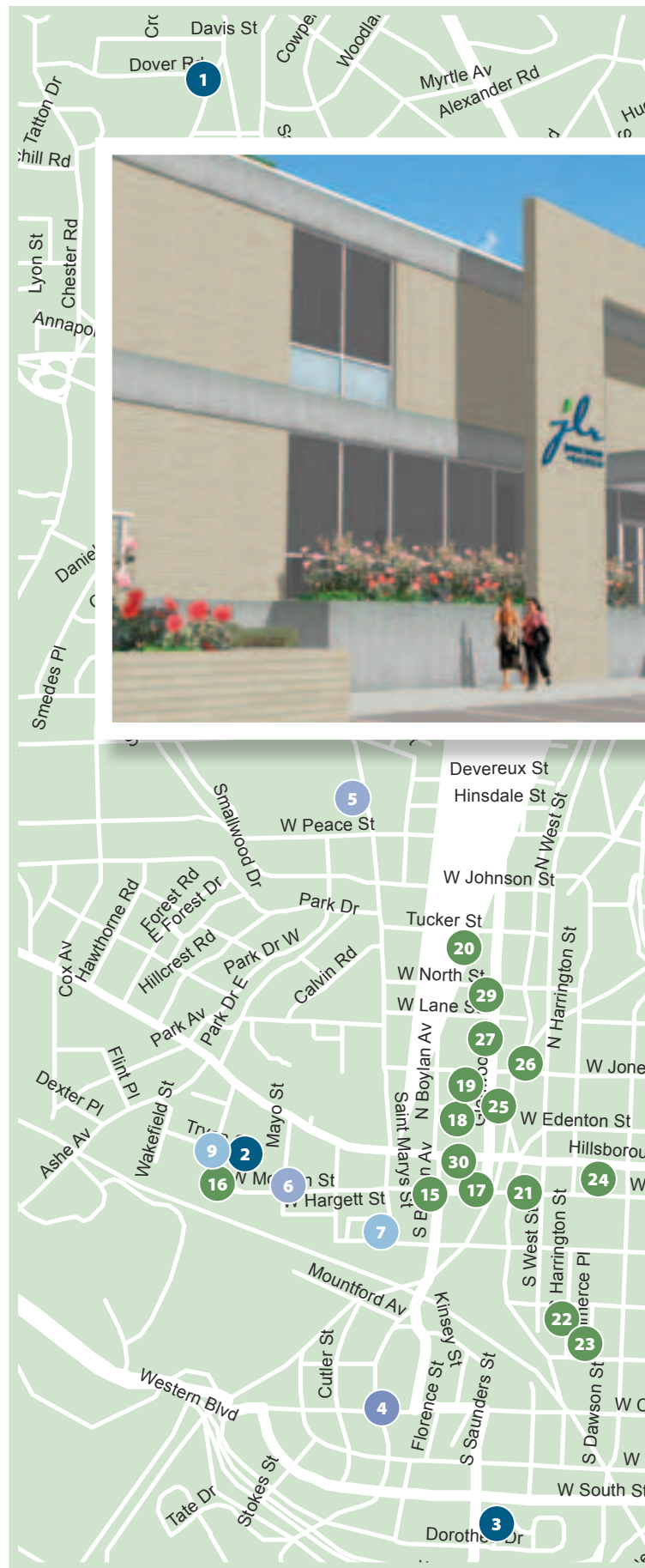
The Junior League of Raleigh's (JLR) new headquarters located at 711 Hillsborough Street is open! And with the JLR's new downtown home comes a whole new neighborhood to explore. Centrally located just north of the Glenwood South entertainment district and between the Warehouse District and North Carolina State University, the new Center for Community Leadership (CCL) is just a hop, skip or an R-LINE ride away from lots of community friends, eclectic eateries and other points of interest.

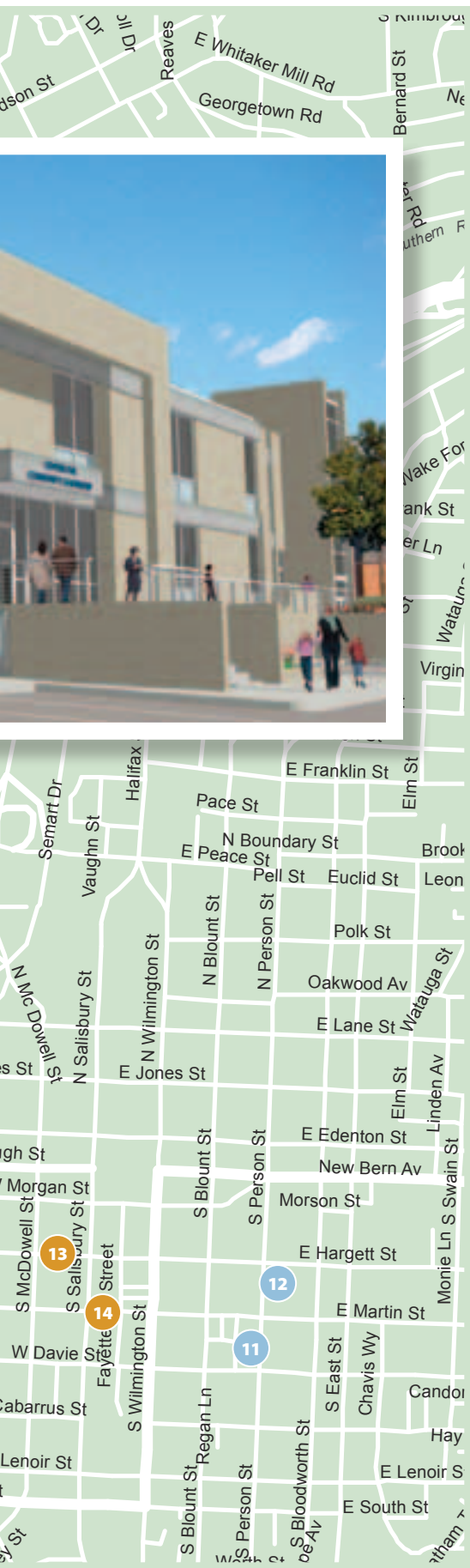
So whether you're searching for a meeting spot or somewhere to grab a bite to eat and socialize after your League work, look no further. We've compiled a list of the attractions to help you get to know your new neighbors. Welcome to the neighborhood!

## R-LINE

[www.godowntownraleigh.com/get-around/r-line](http://www.godowntownraleigh.com/get-around/r-line)

The R-LINE is an eco-friendly approach to urban transportation. This free circulator service features hybrid electric buses that run every 10 to 15 minutes in a loop around downtown. The new CCL is just a few blocks away from a bus stop at the intersection of Glenwood Avenue and Willard.





## COMMUNITY AGENCIES

### 1 StepUP Ministry

1701 Oberlin Road  
919-781-0156  
[www.step-up.us](http://www.step-up.us)

Over the last year, StepUP has helped more than 250 families move into independent housing and placed 189 people in jobs. One of the League's many community agency partners, StepUP is an interfaith community providing individuals and families with a second chance in life. The program teaches basic life skills, offers the support of a caring community, provides safe housing and opens the door for life-sustaining employment.



### 2 SAFEchild

864 West Morgan Street  
919-743-6140  
[www.safechildnc.org](http://www.safechildnc.org)

SAFEchild is Wake County's only nonprofit child abuse prevention agency that provides direct services to families. One of the League's community agencies, SAFEchild works with parents, families and caregivers to create nurturing environments for children. Since its founding in 1992, SAFEchild has worked with more than 7,500 parents and has reached some 70,000 children.



### 3 Heritage Park Community Learning Center

416 Dorothea Drive  
919-835-2223

Through the CLC, League volunteers tutor and mentor children living in the Heritage Park public housing community. Each year about 25 League members work at the center encouraging students in grades K-12 with their schoolwork, stressing the importance of education and teaching goal-setting.

## OTHER COMMUNITY FRIENDS

### 4 Project Enlightenment

501 S. Boylan Avenue  
919 856-7774  
[www.projectenlightenment.wcpss.net](http://www.projectenlightenment.wcpss.net)

Project Enlightenment is creating a brighter future for Wake County's youngest children. Supported by the League, Project Enlightenment is an early childhood education and intervention program that offers workshops, resources, intervention, consultation and education services to families and teachers of Wake County.

### 5 Haven House

706 Hillsborough Street  
Suite 200  
919-833-3312  
[www.havenhousenc.org](http://www.havenhousenc.org)

Haven House Services helps struggling young people and their families develop positive and successful relationships at home, at school and in the community. They work with families, schools, the courts and governmental agencies to help vulnerable kids find their way to a positive, productive life.

### 6 Wade Edwards Learning Lab

714 St. Mary's Street  
919-856-9355  
[www.wade.org/wef.htm](http://www.wade.org/wef.htm)

The Lab is a free after-school computer and learning center adjacent to Broughton High School supported by the Wade Edwards Foundation.



**7 Joel Lane House**

728 West Hargett Street  
919-833-3431  
www.joellane.org

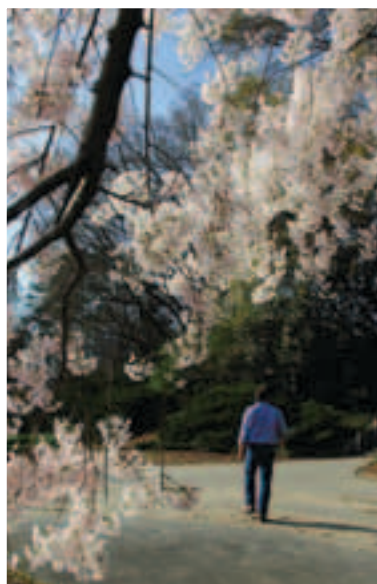
Just a few blocks away, you'll find the birthplace of North Carolina's capital city. At this historic house and museum, built in the 1770s, visitors can go back in time and learn about the fascinating life of Colonel Lane, who sold his property for the state capitol.



**8 Pullen Park**

408 Ashe Avenue  
919-831-6468

Need a breath of fresh air? This 72-acre public park, the first of its kind in North Carolina, west of downtown features picnic areas, a concessions stand, rides and pedal boats for the Park's large pond. Here you'll also find the Pullen Aquatic Center, Pullen Arts Center and Theatre In the Park.



**9 Goodnight's Comedy Club**

861 West Morgan Street  
919-828-5233  
www.goodnightscomedy.com

The place to see standup in Raleigh. On Wednesday nights, enjoy fajitas and margaritas for just \$10 a pop—perfect for a girls' night out.

**10 North Carolina Museum of Natural Sciences**

11 W. Jones Street  
919-733-7450  
www.naturalsciences.org

Did you know that Raleigh is known as the "Smithsonian of the South" for its many wonderful and free Museums? Right in our backyard is the Southeast's largest natural history museum, which features four floors of exhibits, live animals, a store and Acro Cafe.



**11 City Market**

220 Wolfe Street  
919-821-8023  
www.citymarketraleigh.com

In the early 20th century, farmers from around the state brought their produce, poultry, flowers and baked goods to City Market. Now the cobblestone-lined streets with historic buildings boast a mix of art galleries, restaurants and specialty shops.

**12 Marbles Kids Museum and IMAX**

201 E. Hargett Street  
919-834-4040  
www.marbleskidsmuseum.org

When Exploris and PlaySpace joined forces they created a unique hands-on, minds-on kids museum that inspires imagination, discovery and learning. Plus, it's the only place in town to catch a larger-than-life flick on their IMAX big screen.



**Shopping**

**13 Father & Son Antiques**

107 W. Hargett Street  
919-832-3030

The number two destination in the New York Times' "36 Hours in Research Triangle Park" was this little-known gem of an antique shop. The four stories are packed with an eclectic mix of wares described as "high design meets kitschy Americana."

**14 The Collectors Gallery**

443 Fayetteville Street  
919-828-6500  
www.thecollectorsgallery.com

Located on downtown Raleigh's "Main Street," The Collectors Gallery is a unique and distinctive shopping destination that focuses exclusively on North Carolina fine craft including pottery, glass, wood, sculpture and jewelry. Give your loved one (or yourself) a piece of the state's rich craft heritage.



**Restaurants, Bars, Coffee Shops, etc.**

**15 Boylan Bridge Brewpub**

201 South Boylan Avenue  
919-900-7245  
www.boylanbridge.com

Boylan Bridge Brewpub boasts probably the best outdoor deck with amazing views of the growing Raleigh skyline. Just a few blocks away from the CCL, it's the perfect place for a meeting on a pleasant day. Grab one of their homemade brews and spread out among the numerous picnic benches.

**16 Irregardless Café**

901 West Morgan Street  
919-833-8898  
www.irregardless.com

A Raleigh institution since 1975, Irregardless Café serves up local, "green" fare and is famous for its inventive vegan and vegetarian dishes.

**17 Moonlight Pizza Company**

615 W. Morgan Street  
919-755-9136  
www.moonlightpizza.com

A quick stroll from the CCL, Moonlight is a funky, casual joint chock full of specialty pizzas. Enjoy a special-priced pint with your pizza on Wednesdays.

**18 Snoopy's**

600 Hillsborough Street  
919-839-2176  
www.snoopys.com

Need a quick bite on your way to a meeting? Pop in for one of their famous dogs (just \$.99 on Tuesday's) or one of their other budget-conscious daily specials.



**19 Cupcake Shoppe Bakery**

104 Glenwood Avenue  
919-821-4223  
www.thecupcakeshopperaleigh.com

Raleigh's first cupcake haven on trendy Glenwood Avenue features 12 to 15 daily delectable confections like Plain Jane, Pretty in Pink, Mint Condition or Cookie Monster. Satisfy that sweet tooth after or before a meeting.



**20 Café Helios**

413 Glenwood Avenue  
919-838-5177  
www.cafehelios.com

More than a coffee shop, Helios is a social hub mixing food and drink with art and music. It's the perfect spot for a local cup of joe or an adult libation. This quaint yet hip spot offers smoothies, wine, beer, light fare, free WiFi – and for night owls – late hours.

**21 Five Star**

511 W. Hargett Street  
919-833-3311  
www.heatseekershrimp.com

Five Star serves sophisticated Asian cuisine in the trendy Warehouse District. The Heat Seeker Shrimp is a must – there's a reason why it's their Web site URL.

**22 Humble Pie**

317 S. Harrington Street  
919-829-9222  
www.humblepierestaurant.com

This artful eatery is known for their menu of inventive small plates—perfect for sharing with your League team.

**23 The Pit**

328 W. Davie Street  
919-890-4500  
www.thepit-raleigh.com  
Upscale ambience meets down-home at The Pit. Featuring Eastern North Carolina-style barbeque from the legendary pit master Ed Mitchell, (who, by the way, slayed Bobby Flay on Food Network's Throwdown), The Pit is one Raleigh restaurant making national headlines that is not to be missed.

**24 Flying Saucer**

328 W. Morgan Street  
919-821-7468  
www.beerknurd.com

Offering more beers on tap than you can imagine. Monday night is pint night; almost all pints are a steal at \$2.75.

**25 Peche de Chocolat**  
16 Glenwood Avenue  
919-754-1112  
www.pechechocolat.com

Have a tasting adventure at Raleigh's first chocolate lounge. This intimate, artful setting has a wonderful selection of wine and chocolate pairings. Come out on First Fridays for their famous tastings. Yum!

**26 518 West**  
518 West Jones Street  
919-829-2518  
www.518west.com

Contemporary Italian is the bill of fare at this inviting restaurant with an open atmosphere perfect for accommodating large groups. Dine early in the week to take advantage of amazing drink specials.



**27 Tobacco Road Sports Cafe**  
222 Glenwood Avenue  
919-832-3688  
www.tobaccoroadsportscafe.com

With lots of seating, flat screen TVs and leather recliners, Tobacco Road was built for the sports enthusiast, but please don't call it a sports bar. Frustrated that their favorite places to watch the game were never the same as their favorite places to eat, owners Brian, Alex and Rommie Amra opened this sports café serving game day favorites you'll actually want to eat.

**28 LocoPops**  
1908 Hillsborough Street  
919-286-3500  
www.ilovelocopops.com

LocoPops takes frozen treats to an art form with crazy flavor concoctions like mango chile, blueberry buttermilk and cardamom latte. It's almost impossible to leave with just one. Cash only folks. Just \$2 a pop!

**29 Sushi Blues Cafe**  
301 Glenwood Avenue  
919-664-8061  
www.sushibluescafe.com

Sushi lovers will find roll nirvana at this dimly lit nightspot known for its jazzy atmosphere. Night owls are rewarded with half-price rolls every Tuesday from 10 p.m. to 12 a.m. and Thursday from 11 p.m. to 1 a.m.!

**30 Char-Grill**  
618 Hillsborough Street  
919-821-7636

Just a few blocks down the roads, who can resist the mouthwatering smell of char-grilled burgers emanating from this Raleigh institution? Don't forget fries and a delicious shake in either chocolate or vanilla. Sometimes simple really is better.



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# Best of... Local Leisure

By Kerry Hall and Candice Combs, the Link

The women of the Junior League of Raleigh devote a lot of time to raising families, advancing in their careers and of course, volunteering in our community. But everyone needs some time off. In this edition of *the Link's* "Best Of" we asked members where they like to spend their well-earned free time.

## Best Local Movie Theater

There's something comforting about settling in with a giant bag of buttery popcorn for a chick flick with the girls, the new Disney movie with the kids or the big summer blockbuster on date night. Kelly Seymour and Heather Gibson from Team Arrangements recommend Regal North Hills Stadium 14. It's ideal for dinner and a movie, with everything from casual to fine dining all around. But expect a crowd on Thursday evenings in the spring and summer, as shag dancers take over North Hills for the Beach Music Series!

*May we also recommend: Mission Valley, The Rialto, Raleigh Grande*

## Best Local Park

You can see why Raleigh is called the City of Oaks if you're ever venturing in one of its many parks. Cady Thomas of the Team Annual Fund says she likes to take a shady stroll in Pullen Park. Pullen became the first public park in the state in 1887. A picnic lunch, a turn on the carousel and a paddleboat ride across the lake will make you appreciate a beautiful spring day in North Carolina even more.

*May we also recommend: Fletcher Park, Umstead Park, Jaycee Park*

## Best Local Festival

Each spring on the third weekend of May, the Moore Square area becomes part street fair, part music concert and part gallery for Artsposure. Jessica Wahler, Team Arrangements, says it's a great way to support local talent. Meet the artists and crafters as they sell and create their wares, and even join in with hands on activities at this three-decade-old festival. The event is free, but show up early, and be prepared to pay for parking because nearby lots fill up fast!

*May we also recommend: Raleigh Wide Open, Triangle Beach Music Festival, Governor's Tree Lighting and Holiday Festival*



## Best Local Event for Families

The biggest and the best, the sticky and the sweet, whizzing rides and furry farm animals—Arrangements team member Ragan Ramsey says the North Carolina State Fair truly has something for everyone. Last year was a record-breaking year for the Fair, with nearly 878,000 people in attendance. Head to the fairgrounds this year anytime between October 14-24 to congratulate the blue ribbon winners, gaze at the fireworks and discover what they're deep-frying!

*May we also recommend: International Festival of Raleigh, Theatre in the Park's "A Christmas Carol," Moore Square Movies in the Park*

## Best Local Event for Adults

In December, put on your cute cocktail dresses to help the Capital City Clauses spread holiday cheer. Vachelle Willis, Team Taking Care of Members, says the annual Jingle Ball is a blast. The gala is a gigantic toy drive for children in need, and your ticket to the event comes in the form of a new, unwrapped toy. It's amazing to see more than a thousand donated gifts stacked tall at Marbles Kids Museum as you mingle and jingle your way through the night!

*May we also recommend: Downtown First Fridays, Raleigh World Beer Festival, Downtown Live Summer Concert Series*

## Communications & Strategies



**RHONDA BEATTY**  
*Communications  
& Strategies VP*



## What's Behind Every League Project

*By Rhonda Beatty, Communications & Strategies Vice President*



When you consider the Junior League of Raleigh (JLR), there really is no way around the fact that this organization, comprised of more than 1,900 women dedicated to voluntarism, can do anything.

In our early years, when underprivileged children needed medical care, we established a well-baby clinic. When concerns about child abuse in Wake County needed to be addressed, the JLR created SAFEchild, an agency dedicated to the prevention of child abuse. When promising youth in the Brentwood community needed a safe place to gather and play, the League provided funds to build the Brentwood Boys and Girls Club. Most recently, answering the call for much needed meeting space and training programs for nonprofits, again, the JLR responded. Today, we are the proud benefactors of our newest gift to the community, the Center for Community Leadership. And the list goes on.

For 80 years, we have looked into our community and risen to the challenge of impacting its needs. For 80 years, we have given our time and our money to make a difference. For 80 years, we have been the Junior League of Raleigh.

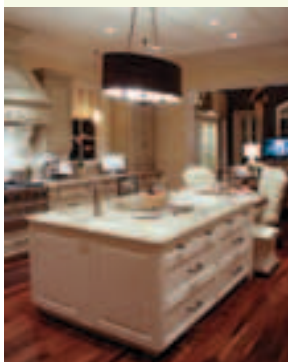
As we celebrate our League members, let us also remember that the 745 Active members, the 926 Sustaining members and the 158 Provisional members are represented, in part, by each of the special women we have highlighted in this issue. So as you cheer on your fellow League members, also remember that your League is cheering you on to plan the next great fundraiser, event and book drive. We are empowering you to be the best tutor, coach and trainer you can be. We are training you to be the best board member, advocate and mentor in Wake County. Because after all, behind every great JLR project is a great JLR woman!

 Effective action and leadership of trained volunteers . . .



**Mark your calendar for the Junior League of Raleigh's Fourth Annual Showcase of Kitchens.**

April 29–May 1 will be your chance to see some of the area's finest kitchens. Eight fabulous homes have been selected with kitchen designs ranging from contemporary to chic and French provincial. All conveniently located within the beltline, each kitchen highlights the latest trends in kitchen design and redesign. You won't want to miss out on this exciting event!





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