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Our mission

the Junior League of organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the trained volunteers.



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VIRGINIA YOPP President

The Junior League of Raleigl

Mission Driven Community Focuse

President's message "Oh, they're the people who..."

Recently, I was in a Junior League training seminar where the trainer asked each of us to answer the following question about our organization: "Oh, they're the people _". We were supposed to fill who in the blank with what we actually thought people would say, not what we hoped. I truly struggled with this because with an organization as old as ours (78 years), I would hope people would say things like, "That's the organization that has done so many wonderful things for our community over the years." Or, "if you want to get something done, call the Junior League." I am not suggesting that people are not saying these things, but it is hard to predict what so many people are thinking or saying when you have an organization as large as the Junior League of Raleigh.

Our trainer then asked us to think about the outcome of our mission statement. I thought about our mission, "...an organization committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers." She (the trainer) then said, "Your niche is your outcome". Now, I was really confused. Don't get me wrong, I got what she was explaining, but how does the Junior League of Raleigh define its "niche" or its "outcome"?

We are an organization that has positively impacted our community since 1930 by helping agencies and organizations in their mission to prevent child abuse; establish community centers; meet the needs of the sick, the poor and the homeless and provide resources for our promising youth. All of this done with warm hearts, helping hands and an endless love for our community and those who live in it. That's what we do. We are those people. I believe that our "niche" or "outcome" has been and will continue to be better communities through the service of trained volunteers. If we stay "mission driven and community focused", great things will continue to happen in this next year. Because that is what we do and who we are. We are the Junior League of Raleigh.

As we look to the future, we will continue to dream boldly while promoting voluntarism, developing the potential of women and improving our community through the effective action and leadership of trained volunteers. It is our mission that drives us to focus on our community, therefore, supporting our "outcome" or "niche".

It is an honor and a privilege to serve as your President in the coming year. I am humbled that you have entrusted me to represent the amazing women of our League and their infinite talents, creativity and commitment to community service. You have elected an outstanding Board who are eager and willing to serve you as well.

We have an exciting year ahead of us as we celebrate 57 years of the Bargain Box, 24 years of A Shopping SPREE!, hosting our 20th Inaugural Ball, our 3rd annual Showcase of Kitchens and establishing the long-awaited Center for Community Leadership. All of this while continuing to make a difference in our community with our volunteer support and programs.

Thank you for your time and service to our League and our community. I look forward to what I believe will be a remarkable journey with all of you.

Vingenia







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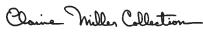
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Arrangements Assistants Member At Large MDC Assistants Placement Taking Care of Members Transfer Sustainer Secretary Sustaining Advisor

Annual Fund Bargain Box Capital Campaign Cookbook

Inaugural Ball

A Shopping Spree! Showcase of Kitchens Treasurer-Elect Secretary Sustaining Advisor

Arrangements CCL Building Project Center for Community Leadership Task Force Leadership Support Membership Development Committee (MDC)

Training Secretary Sustaining Advisor







Virginia Yopp 🐭 President

Q: How long have you been in a League? A: Since 1999.

- Q: How long as an Active in JLR? A: 8 years.
- Q: Where were you a Provisional? A: Raleigh.
- *Q*: *What's your Favorite League placement?*
- A: I have really enjoyed serving as President so far. I have had the opportunity to meet so many members and get to know them in a way that otherwise I may not have been able. It is wonderful to interact with and serve so many creative and talented women.
- Q: Any advice to League members on how to get the most from their League experience?
- A: Get involved! It is a great way to learn new skills or enhance existing ones, make long-lasting friendships all while making a difference in your community!

Goals for the year at JLR?

To stay "Mission Driven and Community Focused"! If our League can achieve these goals, then I feel like I have done my job serving you as President.

- *Q*: Other volunteer activities outside of JLR?
- A: Past Board President for the NC 4-H Development Fund, Past Board Chair for Communities In Schools of Wake County and a member of White Memorial Presbyterian Church.
- Q: Family?
- \mathcal{A} : David; Little David, age 6.
- *Q*: *Pets? Я*: A black lab named Annie.

Q: Hometown?

- A: Florence, SC. But both sides of my family are from NC, and I spent a lot of time up here growing up, so when I moved here 18 yrs. ago, it immediately felt like home.
- Q: Education?
- A: BA in Mass Communications with an emphasis in public relations from Campbell University. Attended graduate school at NC State.
- Q: Current occupation & work history?
- A: Other than being a wife, mother and volunteer, I am currently self-employed working part-time as a public relations and special event consultant. Before that, I worked for Time Warner Cable for 9 years as a Public and Government Affairs Manager.
- Q: Hobbies?
- ℬ: Going to the beach and playing golf (when I have time)!
- Q: How do you spend your "down" time?
- \mathcal{A} : Relaxing with my family and reading a good book.
- *Q*: What is your favorite thing to do in Raleigh?
- \mathcal{A} : Visiting the museums and shops and dining out with good friends.
- *Q*: What is your favorite time of the year?
- A: Summer. I love spending time at the beach with my family.
- Q: If you could go anywhere in the world on vacation, where would you go?
- A: Back to the Abacos (part of the Bahamas). It is my favorite Caribbean spot because it is so laid back!
- *Q*: What is one thing that makes you happy?*A*: Spending time with my family.
- Q: Who is the person who has most influenced your life?
- A: Other than God, my family. Their love and support make all the difference in the world.
- Q: What is one talent most people don't know you have?
 A: Unfortunately, I don't think I have any hidden talents...







Melissa Matton 🦛 President-elect

- Q: How long have you been in a League?
- $\mathcal{A}:$ This is my tenth year in the Junior League.
- Q: How long as an Active in JLR?
- $\mathcal{A}:$ I have been active in JLR for nine years.
- Q: Where were you a Provisional?
- *A*: My provisional year was1998–1999 here in Raleigh.

Q: What's your Favorite League placement?

- A: I have enjoyed all of my placements in the League—last year's Transfer Team was incredibly energizing; SPREE! Special Events taught me so many new skills; GRAPA (when it was Public Affairs) helped hone my advocacy skills.
- Q: Any advice to League members on how to get the most from their League experience?
- \mathcal{A} : Getting the most from your League experience, to me, depends on a couple of things. First, don't be afraid to try something new. The League is full of amazing women who will help guide you as you experiment with new jobs/ placements. JLR does not let you fail; as a League our goal is to train our members and each new placement that you try has people who are there to help you gain the skills you need to be able to do a great job. Second, don't give up on your ideal placement. Sometimes we all think there is only one placement for us, and then we don't get it (hey, I've never gotten Quick Impact!). Don't give up. It can take time in a larger League to get your dream placement. But you need to keep putting your name down for the placement, and keep building skills that will help you in that placement. Finally, have fun no matter where you are in the League!

Goals for the year at JLR?

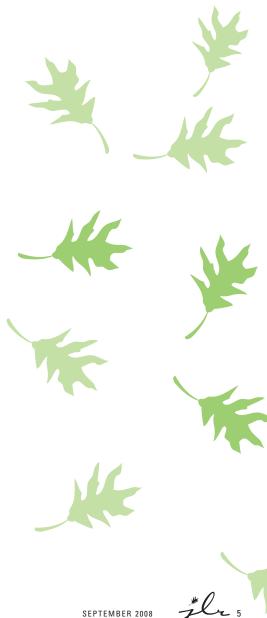
This year I am watching and learning and planning.

- Q: Other volunteer activities outside of JLR?
- A: I am currently serving on the Board of the Project Enlightenment Foundation, a 501(C)(3) designed to help provide funding to keep services available at Project Enlightenment. I serve as a Colony Care Leader at White Memorial Presbyterian Church and I serve on the Development Committee at the Montessori School of Raleigh.

Q: Family?

- A: My husband is Chris Matton. My sons are Ross, age eight, and Scott, age six.
- Q: Pets?
- A: We have one cat named Bunt. The boys desperately want a dog, but we have not reached that point yet.
- Q: Hometown?
- A: I grew up in Durham, NC; Greenville, SC and for the last 27 years, I have called Salisbury, NC home.
- Q: Education?
- A: I received a degree in Education at the University of North Carolina at Chapel Hill in 1988. I did Masters Coursework at South Dakota State University. I received my law degree from Wake Forest University in 1996.
- Q: Current occupation & work history?
- A: After practicing law for eight years, I left the Products Liability Group at Womble, Carlyle, Sandridge & Rice to stay home with my sons. I have continued to use my negotiation and litigation skills in this role. I would say that my current occupation is mother, wife and volunteer.
- <u>Q</u>: Hobbies?
- A: Reading, needlepoint and bridge (something I learned through a chick click!)
- Q: How do you spend your "down" time?
- \mathcal{A} : What down time?

- Q: What is your favorite thing to do in Raleigh?
- A: I have two favorite things. I love First Fridays downtown—going to the art galleries at night, and seeing all the people congregating downtown is wonderful. The Farmers Market is one of my favorite places no matter what time of year it is—we love to go and wander and look at the plants and sample the fresh fruits and veggies.
- *Q*: *What is your favorite time of the year?*
- A: I love early spring when the trees start leafing out, and everything is green and fresh and new.
- Q: What is one thing that makes you happy?Я: Sharing a laugh with girlfriends.
- *Q*: *What is one talent most people*
- don't know you have?
- \mathcal{A} : I taught myself how to re-caulk a bathtub.







Liza Roney .* Communication & Strategies V P

- *Q*: *How long have you been in a League? A*: This is my fifth year.
- *Q*: *How long as an Active in JLR? A*: This is my fourth year.
- Q: Where were you a Provisional?
- *Я*: Raleigh.
- *Q*: *What's your Favorite League placement?*
- A: I have absolutely loved them all (GOTR, Arrangements, Linda's President's Assistant and *eLink* Coordinator), and I have gained so much knowledge and learned new skills with each placement.
- Q: Any advice to League members on how to get the most from their League experience?
- A: Commit yourself to your placement. Do your very best while taking advantage of this opportunity to develop new skills and build a better community!

Goals for the year at JLR?

I would like for every member to have a clear understanding of our mission and feel engaged in supporting it.

- *Q*: Other volunteer activities outside of JLR?
- A: I am Director of the Wednesday night children's ministry at Wake Forest Presbyterian Church. I also teach VBS and Sunday school.

Q: Family?

- ℬ: Joseph Roney (Joe), Gunn–five, Georgia–four, Betts–two.
- O: Pets?
- \mathcal{A} : None.
- Q: Hometown?
- \mathcal{A} : Brookhaven, MS/Durham, NC.

- Q: Education?
- A: MS Accounting, University of Mississippi; MBA, Meredith College.
- Q: Current occupation & work history?
- A: Director, Triangle Etiquette School; Marketing Director, Joseph P. Roney, CPA PC.
- <u>Q</u>: Hobbies?
- A: Cooking, reading, painting!
- Q: How do you spend your "down" time?
- \mathcal{A} : Hah, hah! We had three children in three years, so we don't get down time!
- *Q*: What is your favorite thing to do in Raleigh?
- A: Take my children to Pullen Park, shop at North Hills and try a new restaurant with my husband.
- Q: What is your favorite time of the year?
- A: Fall. I love the crisp nights and mornings and watching the transformation of the trees. There is nothing like the blazing colors of North Carolina's fall foliage.
- Q: If you could go anywhere in the world on vacation, where would you go?
 A: The Incan ruins of Machu
- Picchu in Peru. Fascinating!
- Q: What is one thing that makes you happy?
- A: Nothing makes me happier than a sweet conversation with one of my little children.
- *Q*: Who is the person who has most influenced your life?
- A: My family. They are constant source of strength and love. Additionally, I have been awed by my best friend from college, Colette Weber. She, her husband and their three young boys lost everything—home, school, offices, all personal belongings—in Hurricane Katrina. Her enduring strength and optimism are such an inspiration. Any time I feel overwhelmed, I give her a call, and it immediately puts things in perspective.
- *Q*: What is one talent most people don't know you have?
- A: I have never taken any sort of art class but have begun painting canvases for myself and a few family and friends. I can get the exact look I want instead of searching endlessly and not finding the "right" piece.



surnie batchelor studio, in

Wendy Webster * Community V P

Q: How long have you been in a League? A: Since 1999.

- *Q: How long as an Active in JLR? A*: Since 2000.
- Q: Where were you a Provisional? A: Savannah, Georgia.
- A: Savannan, Georgia.
- *Q*: *What's your Favorite League placement?*
- A: Transfer Committee. We had the opportunity to learn, and at times, assist with many placements across JLR. It was wonderful to learn about the impact JLR volunteers provided across Wake County.
- Q: Any advice to League members on how to get the most from their League experience?
- A: Let others know what your interests are so that you can volunteer for the things you enjoy. I think the Willingness to Serve forms are one way in which League members can share their interests.

Goals for the year at JLR?

Nurture our commitment to the community

- 1. Connect community placements to fundraisers.
- Increase visibility of community activities/ placement/ impact and maximize internal and external partnerships.
- 3. Foster connections between community teams and in-League.
- Q: Other volunteer activities outside of JLR?
- A: GOTR—Running Buddy →* Leadership Raleigh Alumni Association →* Greater Raleigh Chamber of Commerce—BOD Secretary →* Brier Creek Circle of Giving–Member →* NC Institute of Medicine Substance Abuse Task Force–Member →* NC DHHS Crisis Services Task Force–Member.

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Q: Family?

Я: Husband−Bill Young.

Q: Pets?

- A: Post-MBA, my dog, Allie, now lives with my parents at "Camp Webster." She enjoys the day-long play group vs Wendy at Duke 12-14 hrs/day.
- Q: Hometown?
- \mathcal{A} : We grew up in Durham, Puerto Rico and Austin, TX.
- Q: Education?
- A: BA–Religion, Baylor University 1991
 MA–Psychology, ECU 1996
 MBA–The Fuqua School of Business, Duke University Sept 2004.
- Q: Current occupation & work history?
- A: Administrative Director, Duke University Hospital Psychiatry Clinical Services.
- Q: Hobbies?
- \mathcal{A} : Running
- *Q*: How do you spend your "down" time?
- A: We have moved into a new house, and most free time is dedicated to unpacking boxes and "finding our style!"
- Q: What is your favorite thing to do in Raleigh?
- A: Lunch at Logan's. Every Saturday around 11:30 a.m. you can find me dining with my friends. If you are purchasing plants on a Saturday, stop into Seaboard Café and join us!
- *Q*: *What is your favorite time of the year? A*: Fall.
- Q. If you could go anywhere in the world on vacation, where would you go?
- A: Last summer, we honeymooned in Greece. We arrived in Athens and then traveled to the islands of Mykonos, Paros and Santorini. The array of different landscapes was amazing!
- Q: What is one thing that makes you happy?
- A: Spending time in the community. Wake County has an abundance of resources, and as volunteers, we can assist in connecting those who are in need to these resources.
- *Q*: Who is the person who has most influenced your life?
- A: Many people and experiences have influenced my life; one of the most notable being an internship in Washington, DC studying the integration of religion and politics. During this time, Nelson Mandela visited Washington to speak

to Congress. His address focused on the ability to move forward promoting the peace process despite challenging times. In difficult situations, I recollect the resilience evidenced by Nelson Mandela and the example by which he leads, which promotes respect and justice.

Q: What is one talent most people don't know you have?

A: I have run four marathons: Charlotte (2), Savannah and NYC. Pre-Duke, I had more time to run around the neighborhood now I just run around the hospital!



Catherine Rideout +* V P for Funding & Development

- Q: How long have you been in a League? A: 5 years.
- Q: How long as an Active in JLR? *A*: 4 years.
- Q: Where were you a Provisional? A: Raleigh.
- Q: What's your Favorite League placement? A: Showcase of Kitchens.
- Q: Any advice to League members on how to get the most from their League experience?
- A: Get involved in an area that you feel passionate about, but don't be afraid to try something different. We are a training organization, and the League provides wonderful opportunities to learn new skills and discover hidden talents. Like anything in life, you get what you put into it!

Goals for the year at JLR?

The Funding Council's primary goal is to "maximize funds raised for the benefit of our community. What an exciting year to work towards this goal with a new location for A Shopping SPREE!, the 10th anniversary of You're Invited and the start of a new cookbook, the 3rd annual Showcase of Kitchens and the Governor's Inaugural Ball just to name a few!

- Q: Other volunteer activities outside of JLR?
- ℬ: Parent Council at St. Michael's Parish Day School.

Q: Family?

- A: Husband Will and daughters Dimney (4 years old) and Mary Susan (2 years old).
- Q: Pets?
- \mathcal{A} : Barlow—a Welsh Corgi.
- Q: Hometown?
- \mathcal{A} : Raleigh, NC.
- Q: Education?
- A: BA in English with a concentration in professional communications at Meredith College.
- Q: Current occupation & work history?
- A: Currently a stay-at-home mom having most recently worked as Director of Alumnae & Parent Relations at Meredith College
- <u>Q</u>: Hobbies?
- A: Reading, walking and spending time with family and friends.
- Q: How do you spend your "down" time?
- \mathcal{A} : A glass of red wine at the end of the day.
- *Q*: What is your favorite thing to do in Raleigh?
- A: Since I have lived here my whole life, it's impossible to pick just one thing, but some of my favorites are Pullen Park with my girls, Cameron Village Library, the Farmer's Market, the NC Museum of Art and dinner on the patio at Moonlight Pizza.
- Q: What is your favorite time of the year?
- A: Definitely Fall! After a long, hot summer in Raleigh, I get so excited when the weather starts to get cooler again. Fall makes me think of pumpkins, Wolfpack football games and the NC State Fair!
- *Q*: *If you could go anywhere in the world on vacation, where would you go*?

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- A: My husband and I are dreaming of going back to Hawaii where we spent our honeymoon and taking our girls to Disney World.
- Q: What is one thing that makes you happy?
 A: The health of my family..



- Q: Who is the person who has most influenced your life?
- A: Hands down my parents! They have taught me so many amazing life lessons.
 I've learned from them to always stay true to yourself, to remember that some of the most important things in life aren't "things" and to let your family and faith keep you grounded. I work everyday to be the kind of parent to my children that they were and still are to my brothers and me.



Kelly Huffstetler 🛪 Membership V P

- *Q*: *How long have you been in a League? A*: Five years.
- Q: How long as an Active in JLR?
- \mathcal{A} : This is my 5th year active.
- Q: Where were you a Provisional? *A*: Raleigh.
- *Q*: *What's your Favorite League placement?*
- A: MDC—a wonderful way to learn more about the League while training and getting to know new members!
- Q: Any advice to League members on how to get the most from their League experience?
- A: We have a large organization, and it can sometimes be intimidating when going to your first meeting on a new team or to a GMM. Remember that everyone has felt overwhelmed by that at one time or another, and many of us still do! Try to move outside your comfort zone and get to know someone new. To our veteran members, consider it your responsibility to make others feel welcome and for newer members, make it a point to reach out to another member. Making those connections will definitely enhance your League experience, and you can also enhance someone else's!

Goals for the year at JLR?

My number one goal is to energize members by letting them know how important they are to our League's success. I want all members to feel welcome, valued and appreciated.

- Q: Other volunteer activities outside of JLR?
- A: I am a nursery volunteer at White Memorial Presbyterian and will soon be a very active parent in my daughter's new school!
- Q: Family?
- A: Spence Huffstetler, Elizabeth, (5) born March 2003, Lily-Kate (18 mos.) born November 2006.
- Q: Pets?
- ℬ: Two cats—Rudy & Alley. One Golden Retriever—Alex.
- Q: Hometown?
- A: Bristol, VA.
- Q: Education?
- A: B.S. English—Radford University, MPA—NC State University.
- Q: Current occupation & work history?
- A: Currently, I am a Realtor, working with Gephart Hill Realty. I am also serving as the Campaign Events Coordinator for Bill Daughtridge, candidate for State Treasurer 2008. Just after finishing graduate school, I worked as a policy analyst for the NC Department of Commerce. I then spent five years working with the NC Legislature as a fiscal research analyst. Finally, before getting my real estate broker's license, I worked at UNC General Administration as the Director of Economic Development for the sixteen-campus university system.
- Q: Hobbies?
- A: Running, reading, gardening, cooking & entertaining.
- Q: How do you spend your "down" time?
- A: I don't have much down time, but when I do, I spend it hanging out with my husband and our girls.
- *Q*: What is your favorite thing to do in Raleigh?
- A: Eat! There are so many great restaurants and new ones opening all the time!
- *Q*: *What is your favorite time of the year?*
- \mathcal{A} : Early fall, and the start of Panther's football season.

- Q: If you could go anywhere in the world on vacation, where would you go?
- A: My husband and I were supposed to spend two weeks touring the Greek Isles for our honeymoon in September 2001. Because of 9/11, we cancelled that trip and went to Sanibel instead. We promised ourselves that we'd reschedule our original honeymoon. Seven years and two children later, we still haven't been to Greece! So, if I could make it two weeks without seeing my girls, I'd love to spend that time with Spence in Greece.
- Q: What is one thing that makes you happy?
- \mathcal{A} : To see my daughters laughing and playing together.
- Q: Who is the person who has most influenced your life?
- A: My mother—of course we all owe our lives to our mothers. While mine didn't give birth to me, she gave me the chance to have a life worth living.



Andrea Fox ** Training V P

Q: How long have you been in a League? A: This is my 10th year.

- *Q*: *How long as an Active in JLR? A*: 4th year.
- Q: Where were you a Provisional?
- \mathcal{A} : Greensboro, NC.
- Q: What's your Favorite League placement?
- ℬ: Don't know if I have a favorite... either Showcase of Kitchens Co-captain or Funding VP.
- Q: Any advice to League members on how to get the most from their League experience?
- A: Give, give, give...I think the more you give the more you receive... also, communicate... let someone know if you are not getting the experience you expected or wanted.









Goals for the year at JLR?

Salient Specific Trainings ** Develop next phase mentoring ** Educate membership about the structure of the league ** Awareness of CCL and members message/roll ** Balance fun and responsibility at GMM's ** Create facilities that support meeting needs.

- *Q*: Other volunteer activities outside of JLR?
- \mathcal{A} : Tammy Lynn Center, SAFEchild.
- Q: Family?
- \mathcal{A} : Neil; Jackson 3 and Oakley 2.
- Q: Hometown?
- A: Greensboro, NC... but I really enjoyed living in Chicago.
- Q: Education?
- \mathcal{A} : Yes... I have some... just kidding... proud graduate of Meredith College.
- Q: Current occupation & work history?
- A: Currently I am crazy trying to raise two boys. In a previous life I was a project manager for Wells Fargo as well as an executive recruiter for Charles Aris, Inc.

Q: Hobbies?

- A: Travel would be #1! I love, love, love seeing the world and everything in it! Spending time with my family... truly anywhere but especially at the coast! Reading... actually I am trying to make that a hobby... so I don't know if that counts. Fine food and wine...yum! Working out... so I can eat all the fine food and drink the wine!
- Q: How do you spend your "down" time?
- A: I don't have any... but if I did, it would be reading... that way reading really could be a hobby.
- Q: What is your favorite thing to do in Raleigh?
- A: Visit with friends... spend time with my girlfriends... they are the best and keep me laughing when all else fails!
- *Q*: *What is your favorite time of the year? A*: Christmas.
- *Q*: *If you could go anywhere in the world on vacation, where would you go?*
- A: Ooh... the places I would go. I know this is broad... and I think I had the same answer last year...Pacific Rim... anywhere.
- Q: What is one thing that makes you happy? Я: My son's belly laughs!!!

- Q: Who is the person who has most influenced your life?
- A: I have 2...my parents. They rock! Truly...they are the most fun people to hang out with, they love life and their advice has never steered my wrong. It doesn't get any better!
- *Q*: What is one talent most people don't know you have?
- A: I am really good at organizing...I can fit a lot of stuff into tight spaces and have it look good.



Gentry Hoffman Nominating Captain

Q: *How long have you been in a League? 𝓜*: This will be my 8th year.

- *Q*: *How long as an Active in JLR? A*: 7 years.
- Q: Where were you a Provisional?
- \mathcal{A} : Raleigh.
- *Q*: *What's your Favorite League placement?*
- A: The Bargain Box—That was my placement for five years, and I loved every one of them!
- Q: Any advice to League members on how to get the most from their League experience?
- A: You will gain from the League what you are able to put into it. Take the time to embrace your placements, contribute all you can and enjoy the friendships made.

Goals for the year at JLR?

My goal this year is stay focused on our mission "improving communities through the effective action and Leadership of trained volunteers." We need to continually develop and strengthen the leadership skills of our talented League members. I would also like all members to understand the role of the Nominating team and the importance of members completing the leadership forms.

- Q: Other volunteer activities outside of JLR?
- A: I am Director of the Wednesday night children's ministry at Wake Forest Presbyterian Church. I also teach VBS and Sunday school.

Q: Family?

- A: Husband— Brad A*Daughter —Hannah, age 2 A* Daughter—Hayes, 10 weeks.
- <u>Q</u>: Hometown?
- *Я*: Birmingham, Alabama.
- Q: Education?
- A: B.S. in Material Science and Engineering and MBA from North Carolina State University
- Q: Current occupation & work history?
- A: I have worked the last ten years in the telecommunication industry. I have been working the last three years at Sony Ericsson.
- <u>Q</u>: Hobbies?
- A: Reading mystery/thrillers and gardening.
- Q: How do you spend your "down" time?
- A: What down time? The two kids keep me very busy! Right now, the hour after the kids go to bed at night, I enjoy the quiet. This is my opportunity to watch my recorded shows or read a little bit.
- *Q*: What is your favorite time of the year?
- A: The fall is my favorite time of the year mostly due to college football season. We try to make it to every N.C. State football game.
- Q: If you could go anywhere in the world on vacation, where would you go?
- A: I am really looking forward to the Italy, Spain, France cruise that my husband and I are taking this fall
- Q: What is one thing that makes you happy?
- A: Fun time with my family. I am enjoying watching my 2 year old grow. It amazes me how fast kids grow and how perceptive they can be.
- Q: Who is the person who has most influenced your life?
 A: My parents have been the biggest influence in my life. They continue to do so even now.







Alícia Morris 🔹 Secretary

- Q: How long have you been in a League? A: 10 years.
- Q: How long as an Active in JLR?
- \mathcal{A} : 9 years.
- Q: Where were you a Provisional?
- \mathcal{A} : Right here in Raleigh!

Q: What's your Favorite League placement?

- A: I have enjoyed all of my placements, but if I had to choose one, it would be Showcase of Kitchens!!
- Q: Any advice to League members on how to get the most from their League experience?
- A: What you put into it is what you will get out it. I think you first have to decide what you want from the League, and then go after it!! There are no limits to what you can do with this organization!

Goals for the year at JLR?

I would like to strengthen our image in the community and help actualize our goals for the Community Center for Leadership.

- *Q*: Other volunteer activities outside of JLR?
- ℬ: Hayes Barton United Methodist Church, Wee Care, my children's schools.
- Q: Family?
- A: Tyler and I have been married for ten years. We have two children, Lindsay is six and Will is four.
- Q: Hometown?
- \mathcal{A} : Wonderful Wilmington, NC.
- Q: Education?
- A: I received an Associate of Arts from Peace College, and a Bachelor of Arts in Communication from North Carolina State University, GO PACK!!!

10 JUNIOR LEACUE INNOR LEACUE INNOR LEACUE

- Q: Current occupation & work history?
- \mathcal{A} : Currently I stay at home with my children. Prior to that I was in sales for six years.
- <u>Q</u>: Hobbies?
- A: Pilates, playing bridge, traveling, reading and hanging out with my family.
- Q: How do you spend your "down" time?
- A: I have not had any "down" time in so long—I am not sure what I would do.
- Q: What is your favorite thing to do in Raleigh?
- A: Get together with friends and family, go to NC State games basketball, football and baseball.
- *Q*: *What is your favorite time of the year?*
- A: My favorite time is probably the change of every season!!!
- Q: If you could go anywhere in the world on vacation, where would you go?
- $\mathcal{A}:$ I would love to go to Italy for starters...
- Q: What is one thing that makes you happy?
- A: Sharing a great meal with family and friends!!
- Q: Who is the person who has most influenced your life? A: My parents.
- Q: What is one talent most people don't know you have?

 \mathcal{A} : I sew! Wow... now isn't that exciting!!!



Heather Horton 3* Treasurer

- Q: How long have you been in a League? A: 7 years (including provisional year).
- Q: How long as an Active in JLR?
- *Я*: 6 years.
- Q: Where were you a Provisional? A: Raleigh.

- Q: What's your Favorite League placement? A: Kids on the Block.
- Q: Any advice to League members on how to get the most from their League experience?
- A: My advice to League members would be to do several different community placements during your time in the League. In a community placement you get to interact with our targeted youth, and you get to see the positive impact our time and talents have on our community.

Goals for the year at JLR?

Maximize proceeds from our fundraisers to support our community programs and mission. A* Keep open communication with placement captains regarding their spending, so we can maintain a balanced budget. A* Keep members apprised of the financial status of the League.

- *Q*: Other volunteer activities outside of JLR?
- A: Youth Advisor at White Memorial Presbyterian Church for the past two years; member of the Board of Directors of Girls on the Run of the Triangle from 2006–2007, served as Treasurer for the 2007 year; served as Treasurer for the Alpha Delta Pi Alumnae Association from 2001–2006
- Q: Family?
- A: My husband Scott is a Risk Management Associate for the North Carolina Association of County Commissioners. We have a 3-monthold daughter named Anna Scott.

Q: Pets?

- A: A five-year-old cat named Dag, named after Dag Hammarskjold, the 1961 Nobel Peace Prize winner.
- Q: Hometown?
- \mathcal{A} : Fayetteville, NC.
- Q: Education?
- A: Bachelor of Science in Business Administration from UNC-Chapel Hill; Masters of Accounting from East Carolina University.



- Q: Current occupation & work history?
- A: I am a tax manager in the Raleigh office of Dixon Hughes, PLLC, a public accounting firm with 28 offices located throughout the southeastern United States. I have been in public accounting for the past ten years, nine of those years with Dixon Hughes, and one year with McGladrey & Pullen accounting firm. I have been a licensed CPA since 2000.

Q: Hobbies?

- Я: Cooking, reading magazines, walking in my neighborhood.
- Q: How do you spend your "down" time?
- A: Well, I had a baby 3 months ago so I'm realizing fast that there is no "down time" anymore! But if I did have some "down time" I would spend it sleeping... having a baby is exhausting!
- *Q*: What is your favorite thing to do in Raleigh?
- \mathcal{A} : Watch outdoor movies at the NC Museum of Art
- *Q*: What is your favorite time of the year?
- A: Summer, because we love to go to my husband's family's beach house at Emerald Isle, and because the stress of tax season has passed.
- Q: If you could go anywhere in the world on vacation, where would you go?
- \mathcal{A} : Australia.
- Q: What is one thing that makes you happy?
- A: Spending time with my 3-month-old daughter, she is an absolute joy.
- *Q*: Who is the person who has most influenced your life?
- A: My late grandfather, William Schultz. He was a caring man who treated everyone he met with respect and kindness. He was the most dapper person I knew, as he dressed in a tie and coat everyday, even in his retirement years. He lived his life to the fullest and was loved by so many people. I try to live my life as he did.
- Q: What is one talent most people don't know you have?
- \mathcal{A} : My husband says I am a great cook.





It's Your Turn to Make History!

The Cookbook team is gearing up to write an all new cookbook and we need your recipes to make it happen! A chance like this only comes around once a decade, so think about your favorite recipe, and submit it to Team You're Invited. There are no rules about what kind of recipe to submit—we are looking to showcase a variety of delicious dishes!

It's easy to enter your submission online:

- 1. Go to http://www.frprecipecollection.com.
- 2. Enter book code 8228-LC (first time only; when returning use the login FRP emails you).
- 3. Enter your recipe.

In addition, submission forms will be available at headquarters.

Submissions are due September 30. Your family, friends, nieces, nephews, children and their children will read this cookbook at some time in the future. We hope you will consider being a part of this exciting project!

SAVE THE DATE

Every year, the Arrangements team organizes six General Membership Meetings. These meeting are designed for you to hear first-hand from our President and other leaders about our League's plans, strategies and events. It also is a great time to catch-up with friends, meet new members, participate in league trainings and at the November meeting, shop the wares of your fellow League members!

Of the six meetings, four of the meetings are in a large group setting with a social time prior to the start of the meeting. Two of the meetings are in a small-group setting. In accordance with our bylaws, each Active member must attend at least three of the six meetings. You decide which ones work best for you!

TIME	LOCATION
Social 6:00/ Meeting 7:00	McKimmon Center
9:30 a.m. or 7:00 p.m.	Community Locations
Social 6:00/ Meeting 7:00	McKimmon Center
9:30 a.m. or 7:00 pm	Member's Homes
Social 6:00/Meeting 7:00	McKimmon Center
Social 6:00/Meeting 7:00	Rialto Theatre
	Social 6:00/ Meeting 7:00 9:30 a.m. or 7:00 p.m. Social 6:00/ Meeting 7:00 9:30 a.m. or 7:00 pm Social 6:00/Meeting 7:00

SEPTEMBER 2008





LINDA BROWN DOUGLAS 2007-2008 President Junior League of Raleigh



To all our Junior League members and friends,

Our bold dreams led to bold accomplishments this past year.

We purchased a building that will serve as our Center for Community Leadership, elevating the level of collaboration and voluntarism to improve lives in our community. And we secured a buyer for our current building, which has served us well. We introduced our new leadership track and continued to offer some of the highest quality leadership training around for our members.

Our fundraisers were off the charts with membership enthusiasm boosting them to success. Through those fundraisers we gave back in many ways, including direct grants, programming and gifts.

Our volunteers touched promising youth who, because of the Junior League of Raleigh, stand a stronger chance of turning their own dreams into reality.

The community thanked us through awards such as induction into the Boys and Girls Club Hall of Fame, the SAFEchild Legacy Award and the Raleigh City Museum Women's History Month highlight.

Just as the dreams of our members as far back as 78 years ago are still changing lives today, we hope the dreams we developed and the goals we accomplished will continue to improve lives for many years to come.

Linda D. Donglas

Developing the potential of women through training

- Introduced a Leadership Track program to identify and provide focused training for people interested in leadership inside or outside the League.
- Provided training for more than 500 members at the November General Membership Meeting by bringing in AJLI Mary Harriman Award winner Jan Langbein.
- Hosted training opportunities, such as Parenting Solutions! that reached beyond the members' work in the League.
- Offered personal care and fun trainings to add to member enrichment.



- The 2007 A Shopping Spree! attracted record-breaking crowds from nearby and surrounding areas and raised \$272,125.
- The Annual Fund, which benefits League programs, raised more than \$22,000.
- Macy's Shop for a Cause and Belk Charity Day brought in additional dollars for the Annual Fund.
- Cookbook offered 30 new titles from across the country.
- Bargain Box thrift store experienced numerous record-breaking sales months.
- Showcase of Kitchens, just in its second year, surpassed all its goals and expected numbers.
- The Fresh Market Wine Gala in March attracted members to try some of the best wines.

Engaging every member

- The League welcomed 38 transfers to the membership.
- Created Team Liaison positions through Placement to better support the teams.
- Introduced an electronic early placement sign-up process for Cookbook, SPREE! and Inaugural Ball.
- TCOM reached out to record numbers of actives and sustainers in their time of need.
- Created several new Chick Clicks including Bunco and Tennis.
- Held multiple GNO events to bring members together for social time outside of meeting times.
- Continued increased use of Web with online signups for placement, SPREE! shifts, training opportunities and voting.
- Held various successful Sustainer social events throughout the year.
- Conducted research to improve our Provisional process in the coming years.





Achieving member success while building strategic relationships

- · Successfully debuted a "Meet the Legislator" column for the eLink online member publication.
- Led an intense review to update the League Governing Documents.
- Unveiled Bright Ideas for the League Web site to make it more useful to members.
- Reached members through the eLink, an electronic source of up-to-date information about the Junior League of Raleigh.
- Recognized the League and community through the Link magazine.

Maximizing our resources to positively impact the community

- The League received the first SAFEchild Commitment Award during the SAFEchild Chair Auction recognizing the 15th anniversary of the organization begun by the League.
- The League was inducted into the Boys and Girls Club Hall of Fame during the event recognizing the 40th anniversary of the organization the League helped found.
- The work of the League was recognized in a Women's History Month display in the City Museum of Raleigh highlighting outstanding women's organizations.
- · Served nonprofits in need with a record number of community assistance grants.
- · Team Community Connect successfully introduced a series of mini morning workshops developed from a list in which nonprofits identified their major training needs.
- The new Team Avent West Children's Mentoring (Team AWCM) successfully moved into its first year, tutoring the young people and keeping parents informed through a newsletter.
- Created a warm atmosphere for child vaccinations through Big Shot Saturday, which featured Kids on the Block puppets.
- Team Quick Impact stretched the League's reach by adding extra hands to a host of nonprofits, including volunteering to work at the American Heart Association Triangle Heart Gala.
- Held a successful Community Agency Open House.
- Girls on the Run participated in the Reindeer Romp and the spring race.

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A Shopping SPREE! **Treasurer-Elect** Secretary Sustaining Advisor & Inaugural Ball

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MDC

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2007-2008 Annual Fund

Thank you for making our **boldest dreams** come true

Your gifts helped raise more than \$21,000

COMMUNITY LEADER Lansing Pickup

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Bank of America, Corporate Office-in honor of employee, Wendie Hill, as part of the Matching Gifts Program. **Bell Family Foundation Commercial Printing Company** HandPicked Inc-November GMM sponsor. Natural Body Day Spa & Shoppe-March GMM sponsor. Sir Walter Chevrolet—Annual Meeting sponsorship. Sony Ericsson Mobile Communications, Inc.---in honor of employees Gentry Hoffman and Miranda Mays as part of the Community Outreach Rewarding Employees program. Sally Burlington

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Belk—Belk Charity Days. Macy's—Shop for a Cause coupons. WilsonMcGuire Creative-Sponsor Council Meeting. Jodie Bandholz— in honor of the 2005-2006 and 2007-2008 JLR Boards. Beth Lowerv Hallie Miller **Claire Renfrow**

COMMUNITY SUPPORTER

Bentley's American Grill.

George Smedes Poyner Foundation Inc.—in memory of Jean Page. IBM—in memory of Darlene Shelton. Wachovia Foundation—in honor of employee, Mary Paige Phillips, as part of the Matching Gifts Program. Nancy Andrews-in memory of Kitty Hunter and in memory of Jill Gammon's mom, Jane Mayer Silverstein. **Blanche Bacon**

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Linda Brown Douglas-in honor of Jennie Hayman's birthday; in honor of the 2007-2008 JLR Board; and in memory of Jean Page. Marianna Clampett-in honor of Lou Patrick. Carroll Clancy—in memory of Alice Yates. Gretchen Clifton Jean English. Andrea Fox. Mary Susan Fulghum Pam Hemmelgarn-in memory of Mrs. Mabel Moss Morris. Wendie Hill Janet Howard-in honor of Mandy Howard. Chancy Kapp-in honor of Walker Mabe and Linda Douglas. Maria Lanzillotti-in memory of Darlene Shelton. Nancy Lily

- SEPTEMBER 2008

Greer Lysaght—in memory of Jean Page. Neill McLeod Elizabeth Merritt Marilyn Miller-Fox-in honor of Sarah Wesley Fox Julie Moore Danita Morgan-in honor of Jennie Hayman's birthday and in memory of Jean Page. Mary Moss Laura Pendleton Kathryn Poole-in honor of Tatum Moise. Anne Ramsav—in honor of Linda Douglas. Liz Skvarla—in honor of Amelia Harrison.

Blair Smallman-in honor of Danita Morgan, Jennie Hayman, Mary Brent Wright, and Linda Nunnallee.

Angela Sutton-in honor of Jackie Phelps. Christian Swain-in honor of Kristen Ange for her work on the Sustainer's Tea; in honor of Adrienne Hunt; in honor of Jennifer Gottsegan for her work on the January Leadership Council training; in honor of Julia Young Kirkkpatric and Lisa Sampair for all their hard work on the November GMM; in honor of Patricia Evans for all her hard work on the Leadership Track; and in honor of Jennifer Wells for her March GMM training-Who wants to be a Board Member. Erd Venable-in honor of Julia Daniels.

Whitney von Haam-in memory of Beth Lowery's grandmother and in memory of Julie Clayton's father; in honor of Linda Brown Douglas and the 2007-2008 Board; in honor of the 2007-2008 Communications & Strategy Council; in honor of Danita Morgan; in honor of the LINK editors, Leslie Rand-Pickett and Mandy Howard; and in recognition of the great works of the JLR staff. Jennifer Wells-in honor of Lauren Tally.

Mary Lillie Wilkins-in honor of Mary W. Talton. Flo Winston.

Mary Brent Wright-in memory of Jean Page. Virginia Yopp—in honor of Linda Douglas and the 2007-2008 Board.

COMMUNITY FRIEND

2007-2008 Team Cookbook—in honor of Donna Hovis and Ryan Ramey. Food Lion, LLC Tremont Medical Center-in memory of Triangle Tycoons Larry Sims. Investment Club—in memory of Bonnie Cerwin's mother, Helen Francis Korlatowitz. Anna Absher-in memory of Natash Ben-Kamara's grandfather, Selene Brent's father, and Molly Nichols' great aunt; in honor of the 2007-2008 Board; and in honor of the 2007-2008 Community Council.

Mary Ann Akin Allison Alford Anne Allen Beth Alley Kathy Andrew Kristen Ange Stacy Arch Gretchen Aydelette Barbara Ayers Alison Bailey Nancy Baird—in honor of Jean Page. Sherry Ball Lisa Barreca Natasha Ben-Kamara-in memory of Clarence Ben, Sr.



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Peggy Fain-in memory of Jean Page. James Fair Margaret Faust Leslie Fincher Jan Floyd M.A. Fulford Cristina Fullen-in memory of our beloved stillborn son and angel Nicolas Fullen.. Amanda Fuller **Emily Funderburk** Jill Gammon-in honor of Linda Douglas. **Elizabeth Gardner** Julie Garrison—in memory of her great aunt, Mrs. Wyatt Taylor. **Emily Goatcher** Kelly Gold Pam Gontram-in honor of the SPREE! Volunteers Committee. Anna Gould Cameron Graham-in honor of Laura Pitts. M.E. Grant Niki Grav Tricia Gregory-in memory of Patricia Simpson Hylton. Paula Gupton Page Sue Haberberger Kyle Hall-in memory of Don and Laura Hall. Ann Hall-in memory of Jean Page. Katherine Anne Hamlin-in honor of Helen Miller. Jane Hamlin—in honor of Sterling Stevenson's birthday!; in memory of Lisa Marie Ferrell's dog, Winston. Elizabeth W. Hamilton Macy Hamm-in honor of Nancy Hamm. Susanne Harer-in honor of Audrey Black. **Ann Harris** Dee Hatch Anna Hattaway Angela Hatton Jennie Hayman-in honor of Linda Brown Douglas. Peggy Hibbert-in honor of Patti Benedict, Melissa Matton, and Pat Wilkins for their excellent work on the Board of Directors of the newly formed Project Enlightenment Foundation, Inc. Mary Margaret Hill-in honor of Dorothea Bitler. Larry Hines—in honor of the JLR Team Chorus. **Caron Hodges** Anne Hogewood Donna Hovis-in memory of Andrea Mace's father, Jimmy Mace, from Team Cookbook; in honor of Team Your'e Invited. Mandy Howard-in honor of Whitney von Haam and Leslie Rand Pickett. Kelly Huffstetler-in honor of Christina Coffey. Adriene Hunt **Eleanor Hunter** LaRinda Huntley-Kaplan-in honor of Anna Choi and Melissa Matton. Nancy Hutchison—in memory of Jean Page. Pam Jamison **Boo Jefferson Beth Jenkins** Katie Johnson Suefan Johnson Susan Davis Johnson-in memory of Jean Page Candice Johnston-in honor of Jacklyn Holt Shoffner Mary June Jones-in honor of Jennie Hayman's birthday Whitner Kane Meenal Khajuria Jenni Kinlaw-in honor of Lisa Vanderberry's birthday Suzanne Kirkeby Mary Ann 'Kohn Tricia Kolb

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Molly Rohde Caroline Russell—in honor of Helen Russell. Molly Ryan Liz Sankey-Reilly—in honor of Jean Sankey.







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SEPTEMBER 2008



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North Carolina Museum of Art North Carolina Museum of History Associates North Carolina Symphony NCSU Ticket Office NCSU Wolfpack Club NC Zoo Society Olde Town Emporium Oppulence of Southern Pines Palm Avenue, A Lilly Pulitzer Signature Store Patsy Aiken Designs Bethany and Ed Perkins Personal Creations Pinehurst Resort Playspace Children's Museum Private Collection Inc. Pump It Up Quintessentials Raleigh Country Club Raleighwood Cinema Grill Raleigh Little Theatre Red, Hot, and Blue Restaurants Reliable Jewelry Co. Right Time Kids Caroline Russell, artist SAS Championship Sassy Pads Sea Grove Pottery Second Empire Restaurant and Tavern Shop 20.12 Silpada Designs Fine Sterling Silver Jewelry Silver Wear Simply Silver of Virginia Sisters' Catering Co. Samantha Smith Souper Suppers Stevie Organizing Services Stonewood Grill & Tavern Street Studios Sue Shefts Designs Summer Classics Talbots The Bare Wall Custom Framing & Gallery The Carolina Mudcats The Collectors Gallery The Hotel Group Inc. The Karat Patch The Little Gym of North Raleigh The Other Woman, Inc. Toffee To Go Trader Joe's, Cary Tricia Lowenfield Design Upper Deck/Profile Urban Food Group South at North Hills Urban Food Group Vivaci at North Hills Vietri Von Kekel www.paintmehappy.com Chandler Weedall White Tiger Taekwondo & Martial Arts Winston's Grille Yancy's! Yves Delorme



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COMMUNITY TEAMS

Heritage Park

Pizza Hut, Falls of the Neuse Chorus Larry Hines White Memorial Presbyterian Church



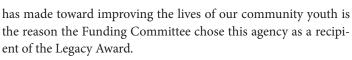
League Selects 2007 Legacy Fund Recipients

In 2004, the Junior League of Raleigh established the Legacy Fund, which recognizes non-profit agencies in which the League has had significant involvement through financial and volunteer support. This Legacy Fund is supported by a portion of A Shopping Spree! proceeds.

This year we are pleased to announce the 2007-2008 Legacy Award Winners. Each of these organizations will receive awards of \$7,500 to continue their community programs and projects.

Garner Road YMCA

The programs at the Garner Road YMCA are designed to enhance and enrich the lives of the youth in the Raleigh/Wake County community. The YMCA has several mentoring and tutoring programs that are aimed at helping children increase their scores on end-of-grade tests. Breakfast is served to many youth along with transportation to and from fifteen Wake County schools. After school care also is available, along with snacks and assistance with homework. Many of the children who participate in these programs are from low-income families. In addition, the Garner Road YMCA provides structured activities for students on Spring Break, Early Release and Teacher Workdays. The YMCA sponsors a Summer Camp from June to August. The camp averages 110-140 students. Along with breakfast, lunch and dinner, students participate in field trips, educational programs, swimming, mentoring, tutoring, instruction in healthy eating habits and visits to local universities and parks. The dedication the Garner Road YMCA



Friends of Guardian Ad Litem

The Community Funding Committee chose Friends of Guardian Ad Litem of Wake County as a Legacy Award recipient because of their continued involvement in representing abused and neglected children in the community. The Wake County Guardian Ad Litem program provides trained independent advocates to represent the best interests of abused and neglected children in the state court system and to ensure the children's placement in safe and permanent homes. The Friends of Guardian Ad Litem provide tutoring to children, camp sponsorships, field trips and items such as wheelchairs, eyeglasses and school supplies to children in the Guardian Ad Litem program. For the past several years, The Junior League of Raleigh has helped the Friends of Guardian Ad Litem with their Back to School with Pride Backpack campaign. Members have donated school supplies at the September General Membership meeting so that children involved with the Guardian Ad Litem program and with Wake County Human services have a positive start to the new school year.







Announcements (as of June 30, 2008)

CONGRATULATIONS

Neely & Richard Kaydos-Daniels whose daughter, Ann Lucille "Lucy", was born on September 5, 2007

Katie & Jeff Schottmiller whose daughter, Lauren Hayes, was born on November 1, 2007

Rhonda & Walter McNairy whose daughter, Grimsley York was born on January 14, 2008

Heather & Scott Horton whose daughter, Anna Scott, was born on March 12, 2008

Ryan & Rick Ramey whose daughter, Mary Prescott Ramey arrived on March 13, 2008

Easter Maynard & John Parker whose son, Sawyer Davis, was born on March 17, 2008

Lee & Bobby Veit whose son, Sherwood Gray, was born on March 18, 2008

Kristen & Glenn Walker whose daughter, Meredith Virginia, was born on March 27, 2008

Julie & Billy Hampton whose daughter, Mildred "Millie" Claire, was born on March 30, 2008

Marty & Benjamin Weathers whose son, Benjamin Ashley "Finn" V, was born on April 4, 2008

Gentry & Brad Hoffman whose daughter, Hayes Sinclair, was born on April 7, 2008

Ashley & Will Taylor whose daughter, Elizabeth "Libby" Hunt, was born on April 14, 2008

Fenita & Michael Shepard whose daughter, Cameron "Cammie" Talore, was born on April 22, 2008

Lisa & Stuart Hall whose son, Riley Benjamin Hall, was born May 2, 2008.

We send a big welcome to the new additions to these families. Enjoy your little ones!

BEST WISHES

Leigh (Correll) & John Welch who were married on August 10, 2007

Allison (Wilkins) & Patrick Alford who were married on April 26, 2008

Tricia (Fearing) & Erich Kolb who were married on May 17, 2008

Mary Rob (Green) & Jack Coupland who were married on June 14, 2008.

We want to wish them happiness in their new lives together!

GET WELL SOON

We are sending our good thoughts for a speedy recovery to Tish Hamilton, who had surgery at the beginning of May, and Barbara Freedman who also had a recent surgery.

CONDOLENCES

Bonnie Cerwin whose mother-in-law, Blanche Cerwin, passed away on January 7, 2008

Deb Smith whose mother, Sue McDonald Dove, passed away on March 3, 2008

Patricia Gregory whose mother, Patricia Hylton Thomas, passed away on March 14, 2008

Julie McGarry whose father-in-law recently passed away March 19, 2008

Heather Beiza whose father passed away suddenly in mid April

Emily Walser Beahm whose father passed away on April 5, 2008

Jill Gammon and Leslie Silverstein whose mother and mother-in-law passed away on May 29, 2008

Marianne Traywick whose mother passed away on May 30, 2008

Melody Mitterling whose father, J. Troy Lancaster, passed away on April 4, 2008

Lee Black, whose mother, Onnie Whitley, passed away on April 17, 2008

Ruthie Camp, whose mother, Ann Turner, passed away on April 22, 2008

Debbie and Mollie Day whose mother passed away on May 10, 2008

Eleanor Hunter whose mother-in-law, Kitty Hunter (a Sustainer), passed away on May 28, 2008

Mary Ruth Pupa and Elizabeth Dempster (a former League member and wife to Bo Dempster, League attorney) whose father passed away on June 23, 2008.

Please keep these members and their families in your thoughts and prayers









KELLY HUFFSTETLER Membership Vice President



Membership...it's all about you!

Did you know that there are members in the League whose placement is to serve you? In fact, the entire Membership Council is dedicated to working to enhance your League experience.

EMBERSHIP

Sarah Shelton is on a mission to make sure that you know she is here for you! Look for Sarah at a team meeting, join her for a Girls Night Out after a General Membership Meeting or send her an email to let her know how your League year is going. As your Member at Large, Sarah is committed to getting to know you, what you need and how to make your League experience the best it can be. But, she cannot help you if she does not hear from you. If you have any ideas, thoughts or concerns that you would like to share with Sarah, please e=mail her at Srívesshelton@yahoo.com.

Team Taking Care of Members (TCOM) is here to help you celebrate a birthday, career accomplishment, marriage or birth of a child as well as to offer support in times of need < whether it be death, divorce or job loss. Please take advantage of TCOM's desire to support you by visiting the TCOM link under the member area of our Web site. What sort of things does TCOM want to know about? They want to know when a League member is having a hard time and in need of support < be it help with dinner, errands or just someone to talk to. They also want to celebrate accomplishments of every kind. Don't be shy about sharing your own needs with TCOM as well as those of fellow League members. They're not just the "casserole" committee anymore!

Calling all First=year Actives! Team Placement is looking out for you. Your first year as an Active member can be a bit overwhelming. The Placement Team is working hard to ease your transition. If you haven't already, you'll soon hear from your First=year Active group adviser. Although she won't be in touch with you as frequently as your Provisional adviser was, she is always available to answer your questions and help you navigate your way through this first year. The Placement team also will host a series of small group socials throughout the year. These socials will be an important way for you to share your Placement experiences and to reconnect with other first year Actives.

Transfers, you have a unique set of needs. Having been members in other Leagues, you have League experience but are learning about the Junior League of Raleigh as well as the city itself. You are in great hands with Team Transfer! The Transfer team will guide you through the year by acquainting you with Raleigh, our League's work in the community, our major fundraisers and informing you of various placement opportunities. When it's time for you to consider your placement for next year, Team Transfer will be there to help ensure the best fit.

We value our Sustainers and want you to know how much we appreciate your continued support. To that end, we have Lori Niver, Sustainer Captain, working hard to provide Sustainers with social opportunities and other ways to stay connected to the League, which is as strong and vibrant as it is because of the foundations you laid and the hard work you put in before us!

So, whether you're a First=year Active, Active, Transfer or Sustainer, the Membership Council is here to serve, so let us hear from you!

Nickname Last Name Audrev Alexander Dorothy Andrews Nancy Ange Bernadette Arai-Dickman Sarah Baker Debra Bard Kendall Barnes Heather Beiza Katie Bennington Lauren Bingenheimer Ashleigh Black Katie Blackwell Adrienne Bohannon Colleen Brophy Debbie Buddin Jenny Campbell Ginger Caporal Chey Carr Laura Carter Caron Carter Page Christenbury Courtney Cloninger Monica Cloud Sarah Copley Erin Corbett Carshia Craven Anna Cromer Amv Darden Katie Darden Amanda Davies Mary Elizabeth Davis Arielle Dozier Ashlegh Edwards Hollie Ellinwood Paige Frankland Amanda Fuller Anna Gould Niki Grav Lizzie Graybill Kimberly Green Mary Catherine Green Amy Hadley Allison Haii Brett Hammond Iohanna Harvev Melissa Hemmingsen Kristy Hendley Holly Hill Caroline Howe Christine Hutchens Kymberli Jackson Mariana Jacob

Kristen Janko Nanda Jones Karen Iones Lauren Joyce Dana Jovner Anastasia Judge Whitner Kane Tracy Kimbrell Jessica Klein Kimi Knott Katie Lennor Stacie Lindlev Molly Logan Joyce Loveless Emily Margolis Jamie Martin Susan Mav Kari Mayhew Nichole McCall Amy McConkey Caroline McEvoy Erin McKenzie Lanier McRee Renee Miller Trula Mitchell Jamie Mitchell Leslie Mize Tania Moore Megan Muzvchka Jennifer O'Brien Ashley Owen Patrice Owens Eva Parks Eve-Simone Pastor Amy Perry Julie Petlick Jennifer Phillips Courtney Phillips Mary Pickering Jennifer Pittman Marcy Points April Pond Becky Popillo Valerie Oueen Nichole Ray

Sondra Rivers-Kobler Loretta Salter-Mills Tina Santospago Anna Schumann **Jill Shelton** Julie Simpson Yolanda Sinclair Alisa Smith Sookia Staggers Jessica Sutton Betsy Thomas Cristin Thomas Cristi Thompson Jenna Thompson Melanie Threatt Krystal Twiford Ronica VanGelder Anita Walton Julie Whitlock Jennifer Williamson Pam Williams-Piehota Vachelle Willis Sarah Wilson Katie Wilson Anna Wilson Blair Winter Valeska Wittek Alicia Wood Maria Wood Jamie Wood Emily Yeatts Claire Young Ginny Zuleba

20 JUNIOR LEAGUE "RALEIGOH

Birthdays

AUGUST 1

Keri Eddins Katie King Chimone Parris Anne Peden Elizabeth Samuels Eva Spero Elizabeth Strickland

AUGUST 2

Beth Alley Stephanie Roach Grace Robbins Jaye Taylor

AUGUST 3

Beth Betts Janet Chiavetta Kellv Clav Kathryn Poole Jennifer Schnitzer

AUGUST 4

Ien Baldinelli Mary Rob Coupland Anna Doughton Shakira Humble Elsie James Chancy Kapp Susan Overcash Margaret Park

AUGUST 5

Anita Berry Sherri Britt Sarah Clapp Martha Howard Paula Parker Erin Wallace Mary Brent Wright

AUGUST 6 Ginny Johnson

AUGUST 7 Amy Allen Lillian Cotten Emily Grimes Tina Jones Sarah Shelton Bonnie Smith

AUGUST 8

Dorothy Andrews Ianet Howard Anna Webb Anne Williams Carole Wynn

AUGUST 9

Sarah Baker Kathy Brown Carter Grimes Erika Havnes Sondra Rivers-Kobler Ioan Tavlor Julie Whitlock

AUGUST 10

Alison Board Karen Bornhofen Ann Calamos Violet Rhinehart Caroline Russell Becky Steadman Maria Tiernev

AUGUST 11

Carole Anders Blair Coppedge Ginny Jenkins Gloria Johnson Nancy McClure Grace McIntyre Kayce Petty Sue Russler Elizabeth Woodrome

AUGUST 12

Laura Bromhal Kiana Dezelon Ashley Owen Cassie Rouse Margaret Steed Sarah Wilson

AUGUST 13

Barbara McGuire Molly Safrit

AUGUST 14

M.A. Fulford Beth Robinson Dora Taylor Becky Thompson

AUGUST 15

Cristin Thomas Ellen Vitek

AUGUST 16

Susan Burleson Amy McConkey Ian Ponton Marilyn Poole Mary Kee White

AUGUST 17

Heather Beiza Cindy Densmore Loretta Salter-Mills Sherry Worth Marlena Yates

AUGUST 18

Joy Gilmour Kathy Lynch Betsy Marsh Rachel Mersev Tina Santospago Travis Tracy

AUGUST 19

Courtney Bolen Cameron Graham Cindy Iones Allison Price Lynn Smith Kim Walters Anne Wein

AUGUST 20

Catherine Bridgers Ann Hall Elisabeth McMahon Nan Robinson Molly Russell Danielle Shuirman Donna Wynn

AUGUST 21

Kate Johnson Claire Young

AUGUST 22

Tracie Davis Betsy Jones Alene Mercer Heather Rogers Iane Stikeleather Sara Van Asch

AUGUST 23

Nina Argiry Laura Brandt Heather Frantz Catherine Hancock

AUGUST 24

Carroll Clancy Alisha Davis Jenny Lamb Blair Smallman Judy Starritt

AUGUST 25

Katherine Anderson Nikki Bass Amy Hall Kaye Lasater Culp MarvBeth Thomas

AUGUST 26

Bess Creech Kimberly Ladd Menefee Little Meghan Oney Nancy Scheunemann Sally Smith

AUGUST 27

Suzzette Acree Mary Catherine Green Krystal Nowak Jenny Peacock Katie Preston Margaret Webb Margarette Williams

AUGUST 28

Kathleen Brown Nikki Corderman Iocelyn Fina Donna Gocke Mimi Liggett Andrea Niehaus-Barnes Tracy Phelan

AUGUST 29

Sally Garrett Christine Gornto Suzanne Gulledge Lindley Hille Becky Hobgood Beth Morse Marcy Points Betty Rose Richelle Sajovec Diane Schabinger

AUGUST 30

Melissa Jessen

AUGUST 31

Nancy Baird Dena Horn Mary Martin Maggie Spivey Caroline Stirling Christina Yarbrough

SEPTEMBER 1

Ellen Buffaloe Jennie Rhyne Hendrix Christine Hutchens Jeanne Jolly Nancy Mordecai Mollie Owen Bobbie-Jean Ridenhour Tonya Rucker Jan Woodard

SEPTEMBER 2

Nina Bostic Caroline Corriher Marion Deerhake Ann Fox Kristen McArthur

SEPTEMBER 3

Sandra Axman Debra Bard Charlie Bugg Martha Moore Emily Payne Jessica Sutton

SEPTEMBER 4 Georgia Brown

Robyn Roberts

Allison Sullivan

Katharine Belloir

Linda Blount

Diane Smith

Earleen Procter

Karin Stephens

Hope Whiteford

Catherine Boykin

Susan Moore

Meg Venters

Laura Wyatt

Melissa Hayes

Carol Yochem

Harriett Bobbitt

Ann Cathcart

Emily Collins

Amanda Kidd

Amy Murphy

Molly Watters

Tanya Wells

Ann Fowler

Caroline Rohs

Jennifer Strickland

Mary Esther Baker

Paula Gupton Page

SEPTEMBER 6

SEPTEMBER 7

SEPTEMBER 8

SEPTEMBER 9

SEPTEMBER 10

Lori Church Sarah Dalonzo-Baker Katherine Anne Hamlin Toni Davis Summev Savage Angie Stewart SEPTEMBER 5 Kaler Walker Betsv Younce

SEPTEMBER 17

SEPTEMBER 11

SEPTEMBER 12

SEPTEMBER 13

SEPTEMBER 14

SEPTEMBER 15

SEPTEMBER 16

Tracy Crisp

Rose Finley

Ann Proctor

Pat Poe

Katie Hubbard

Margaret Martin

Amanda Saddler

Martha Sickles

Emily Goatcher

Julia McCullough

Lanier McRee

Valerie Oueen

Courtney Bell

Cathy Fleming

Meredith Littke

Eve-Simone Pastor

Samantha Smith

Laura Clark

Marie Sharpe

Julie Stockton

Parker Call

Linda Roseberry

Libby Smith

Anna Wilson

Lynn Leidheiser Nancy Lilly Marilyn Parris Florence Poyner Elizabeth Saylors Kristen Walker Courtney Worley

SEPTEMBER 18

Cathy Ellington Mary Rose Knight Caroline McCall Celia Mitchell Virginia Strickland

SEPTEMBER 19

Landrum Butler Quinn Etheridge Caroline Kesler Leslie Mize Lvnn Mosier Mary Clark Williams

SEPTEMBER 20

Caroline Carr Rebecca Colonna

SEPTEMBER 21

Catherine Currie Pam Hemmelgarn Whitner Kane Kari Mayhew

Carolyn Pittman Amanda Rossi Mildred Spearman Marte Thompson Heather York

SEPTEMBER 22

Mary Bell Kathleen Fisher Louise Garren Katie Pollara Liza Ronev Julie Smith Elizabeth Surkin

SEPTEMBER 23

Allison Alford Virginia Crisp Beth Gephart Ginny McKay Betsy Pittman Maggie Pollock Katherine Smith

SEPTEMBER 24

Barbara Ayers Lois Chamblee Tatum Moise Carrie Rogers Lisa Woicik

SEPTEMBER 25

Cheryl Dell'Osso Suzie Draper Ann Edmondson Noa Goren Tanya Thorson Barbara Wagner

SEPTEMBER 26

Kendall Barnes Tanya Enev Carol Fowler Fenita Shepard Jennifer Tea Dana West Anderson Winstead

SEPTEMBER 27

Megan Muzychka Annelise Roper

SEPTEMBER 28

Sheila Geisler Emily Goins Melissa Rollman Kristen Sloop Colleen Terbet Lauren Trojan

SEPTEMBER 29

Anne deRosset Jenny Doyle Lynne Hornaday Linda Parker Ragan Ramsey Christy Smith Foster Melissa Smyth

SEPTEMBER 30

Sally Badger Mischelle Corbin Ashlev Edmister Laura Gable Carol Irvin Emily Martin Nancy McBride Cindy McEnerv Ann Tice

SEPTEMBER 2008

Here's to our Mission Drivers

Thank you to Jennifer Culberson and Sarah White for making this fantastic first issue of the *Link* happen, while balancing demanding work schedules and untoward family events.

Rachel Davis Mersey for her quick turnarounds and flawless editing.

Michelle Cook for immediately stepping into her placement with some very Bright Ideas!

Ashley Clark Campbell for her dedication to the *eLink* and diligence in making Web updates.

Clap, Clap, Clap... thanks to the Dynamic Duo, Stacey Simpson and Jennifer Dunn for their many efforts over the summer to organize, coordinate and plan for Heritage Park placement ensuring a meaningful experience for their team members and agency in the upcoming year!

Extraordinary effort from the Community Funding Team and their leader, Beth Lowery. Beth and her team had Community Funding moving forward within two weeks of the start of their placement! Thanks to the team for their willingness to start early and quickly in their decision-making regarding allocation of financial support to community agencies in need.

> Thanks to Melissa Matton for her willingness to share her expertise in crafting motions to present to the board and guiding us down the correct path!

Thanks to Lauren Stump for opening her home for the Transfer Committee's Spring Social. She hosted a wonderful barbecue party on the rainiest day of May!

Applause to Shayla Bradshaw, Emily Funderburk and the entire SPREE! team for all their hard work over the summer in preparation for a very exciting SPREE! at the new Raleigh Convention Center in October!

Meg Ergenzinger and Sara Van Asch for attending Cookbook University in Nashville, TN in preparation for leading us in the development of a new JLR cookbook!

Team A Shopping Spree! for their listing in the Eighth Annual Metro Bravo Awards as the Standing Ovation winner in the charity event category. Way to go Team Spree!

Shout out to the Arrangements team for getting their ideas and plans together for the upcoming GMM.

Big thank you to Team Training for being creative and listening to the membership on what they would like to learn this year.

Two thumbs up and a high five to Membership Development Committee (MDC) for putting in lots of hours this summer. The provisionals are going to have a **great** year... thank you for everything you have done thus far!

Shout out to Mary Blake for working hard to get the team members together for Team Leadership Support. They have a **super** group to put together an excellent program.



Huge thank you to Christian Swain and Michelle Pilos for their start on the training for the Center for Community Leadership. This is quite an endeavor, and those ladies are charging ahead with a well thought out plan.

Thank you to Liza Roney, Communications & Strategies VP, for helping the Link team prepare the Launch edition. The first one is always the hardest!

Julie Clark and Nikki Corderman, Placement Captains, for making sure each member had a placement next year and for working with member's who needed to make changes.

A big thank you to Susan Bowers for continuing to work with our architects and contractors on the Center for Community Leadership renovations. We look forward to moving in next spring!

Thank you to the Capital Campaign Leadership Team for working all summer to raise money for our new Center for Community Leadership!



9

Member Awards

a First year Active Award—Erin Hall **b** Foundation Award—Stacy Simpson **C** Guardian Award—Stacy Arch not pictured Legacy Award—Anna Baird Choi C Lifelong Membership Award—Danita Morgan f Sustainer of the year award—Lyn Maness ${f g}$ Sustainer Legacy Award—Susan Vick

h Team of the year Award—Training, Michelle Pilos and Julia Young Kirkpatrick I Member of the year award—Liza Roney

TRAINING

Your Training Council has been hard at work preparing for this upcoming year! We are mission driven and focused on training our members to serve the community. Let me introduce your training council.

ARRANGEMENTS CAPTAINS: PATTI BENEDICT AND KATHY PRETZER

These ladies, along with their committee are charged with planning, coordinating and implementing all of our general membership meetings as well as selected social functions. Their goal this year is to balance fun and responsibility during our time together. They are marvels at execution and work extremely well together. Look forward to lots of energy at our meetings!

CENTER FOR COMMUNITY LEADERSHIP (CCL)

CAPTAINS: MICHELLE PILOS AND CHRISTIAN SWAIN

Michelle and Christian have been charged with developing training for our community partners and agencies once we move into the new building. They are starting from scratch and inventing the wheel so to speak. They have participated in discussions on what is needed and will put strategy into motion, following the vision and goals that have been identified. They also will help create awareness of the CCL and our role as members.

LEADERSHIP SUPPORT CAPTAIN: MARY BLAKE

Mary is spear heading the development of our soon to be mentoring program. Her year will be spent working with a team of women to create a plan that will we will use to ensure the mentor/mentee relationship has value and structure.

MEMBERSHIP DEVELOPMENT COMMITTEE

CAPTAINS: BRITTANY BASS AND AMBER MYERS

Brittany, Amber and committee worked all summer to get this year's provisional training up and running. They are charged with educating our incoming class on our history, mission and community as well as our procedures and policies. Their goal is to properly train our provisionals for active membership.

TEAM TRAINING CAPTAINS: ASHLEY

CAMPBELL AND JENNIFER GOTTSEGEN

Your training committee is focused and dedicated! They are in the midst of developing salient specific trainings. Look to see speakers and training workshops, personal and leadership development training, education on the structure of the League and how we all fit together.

Every year I am in the League I get more and more excited. We have a tremendous amount of talent in the Junior League of Raleigh (keep in mind this is my fourth League). We are lucky to have such dedicated women helping to drive our mission forward and see that our community continues to become a better place in which to live, work and play. I, for one, am thrilled to be working with the above mentioned women. They are truly some of the best, and we couldn't be happier to be serving you this year! ANDREA FOX Training Vice President



a Stacy Arch and Jennifer Straw-Olsen at ODI training in Feb 2008 in Charlotte.
b Liza at AJLI in San Diego with Durham and Winston-Salem delegates.
c Linda, Virginia, Liza and Melissa ready for the Shamu show at Seaword during AJLI in San Diego.
d Linda Douglas presenting volun'tour"ism advisory resolution at AJLI in San Diego.
e Stacey Arch, Gentry Hoffman, Jennifer Dunn and Stacy Simpson enjoying ODI in Charlotte.
f Melissa with President-elects from Durham and Fayetville at AJLI in San Diego.

g Attending the evening social ODI in Charlotte.

Create Change Thrise

The Junior League of Raleigh speaks up at the AJLI Annual Conference

BY MELISSA MATTON

In May, Junior League of Raleigh leaders attended the Association of Junior Leagues International (AJLI) Annual Conference in San Diego, California. During the four day meeting themed Create Change Thrive, representatives of the Junior Leagues in the United States, Europe and Central America came together. Linda Brown Douglas, Virginia Yopp, Melissa Matton and Liza Roney attended from the Junior League of Raleigh. As President, Linda Brown Douglas stood as our official delegate to the meeting.

> Training and planning are keynotes of any AJLI event. Junior League of Raleigh representatives attended trainings to expand their leadership skills. Trainings included public speaking, cookbook publishing and marketing, parliamentary procedure, using new media and social networking sites as Leagues and fiduciary duty trainings. To encourage Leagues to look ahead, AJLI presented a scenario planning exercise. As a group, representatives imagined communities both similar to and very different from the communities in which we currently volunteer. Scenario plan-

ning allowed all the Leagues to plan how to adapt to the increased sense of global community-both online and in the trends for volunteer outreach to underserved countries.

Because of comments and suggestions from our members about the need for global outreach by JLR, Linda Brown Douglas presented an advisory resolution, which asked that the AJLI Board explore opportunities for creating a volun"tour"ism program. A volun"tour"ism program is one in which League members from all over the country will be able to travel to communities other than their own, both within the United States and in the global community, under the auspices of AJLI to meet community needs. Global

outreach will give AJLI and its member Leagues the opportunity to provide training for other volunteers, encourage voluntarism and impact women's lives around the world. This motion had the support of Leagues from New York to Utah and passed with 257 of 261 delegates voting in favor at the final plenary session. AJLI has now begun to research how this concept can be implemented.

Delegates spent time sharing ideas and challenges. A dinner at SeaWorld and a breakfast that grouped leaders by their roles in their Leagues provided productive time for discussion. The North Carolina Leagues gathered for dinner and talked about what is happening in North Carolina and how to find ways to work together on state-wide projects.







earning to Lea

On April 18th a bus full of Junior League of Raleigh (JLR) women, driven by none other than famed NC State basketball championship team player Lorenzo Charles, zipped out of Barrett Drive and headed towards Columbia, North Carolina for a weekend of camping, yes camping, at the Eastern 4-H Conference Center.

It was that time of year again, the JLR Leadership Retreat, and aboard the bus were team captains, members of the Board and other leaders for the League's 2008-2009 year. Donning captains' caps and leading the ladies in leadership exercises were Jennifer Gottsegen and Ashley Huffstetler Campbell, Team Training Co-captains and organizers of the weekend's training sessions. Two hours east at the Conference Center, Team Arrangements Co-captains Patti Benedict and Kathy Pretzer were finalizing the logistical details, the culmination of months of planning on their part to make the weekend a success.

Upon their arrival at the Conference Center, team leaders were met by League President, Virginia Yopp, a long-time advocate of and leader in the 4-H community. After settling into their rooms (more hotel lodge than traditional camp), everyone reconvened in the 4-H Conference Center to meet Marion Sroge, a trainer and consultant for non-profit organizations who focuses on team building, leadership and strategic planning. The afternoon focused on the roles and responsibilities of leaders in the League

BY ASHLEY HUFFSTETLER CAMPBELL

and the need to recognize and develop the strengths of individual team members.

Following dinner and an evening of fun, where team leaders competed in a team song competition and later learned that Kathy Pretzer's unrivaled strength is leading Bingo, everyone turned in for some rest to prepare for more training and the ropes course the following day.

Training continued on Saturday with a focus on educating and motivating the League membership. Members should look forward to education programs this coming year that began as creative concepts at the retreat.

Following an afternoon on the ropes course, where League leaders were challenged to find creative and team oriented solutions to some daunting problems, everyone crowded onto the bus for the return trip to Raleigh. As Mr. Charles can testify, the group was exhausted and significantly quieter than it had been the day before!

The retreat was a great success, thanks to the leaders who brought tremendous energy and focus to the weekend. We in the League will benefit from this weekend of training to make our leaders, and us, even stronger.

- SEPTEMBER 2008





We've been busy planning for the Center for Community Leadership this summer!

BY MICHELLE PILOS

You may be asking yourself what has been going on with our new endeavor, the Center for Community Leadership (CCL). Last spring, Virginia Yopp formed a task force to be led by Christian Swain and myself. Once renovations are complete, and we've had time to settle into our new home, our role will be to have the CCL up and running to be used by the community. I've had many League members ask me what my placement is this year, and I tell them. They usually respond with "Wow, Task Force sounds so exciting and important." As you read further, you too will realize the importance and excitement surrounding the CCL.

My placement began in May when I was part of a focus group to create the CCL strategic plan. To help with the plan, the Junior League of Raleigh (JLR) leveraged non-profit consultants and past JLR Presidents, Jill Gammon and Danita Morgan of GMB Nonprofit Council, to lead us into developing a strategic plan. They conducted two strategic planning sessions with a selected group of community leaders, Sustainer and Active members. In those sessions, we had active and focused discussions on what our vision should be and how to actualize it. The output of those sessions included the following vision and two-year goals for the CCL:

Vision—A vibrant, accessible Center for Community Leadership that elevates the level of collaboration and voluntarism to improve lives in our community.

Goals—In order to make the vision possible, it was determined that we need to focus on the following:

Space Usage

- Provide space to community partners and collaborators to help them achieve their missions.
- Generate revenue from space usage to support the Center's vision.
- Strategically designate/prioritize the audience/potential collaborators.

Training

- Prepare League members, community partners, educational institutions, government leaders and other nonprofit organizations for community leadership roles.
- Facilitate training that enables youth to become responsible, effective and lifelong volunteers.

Public Relations

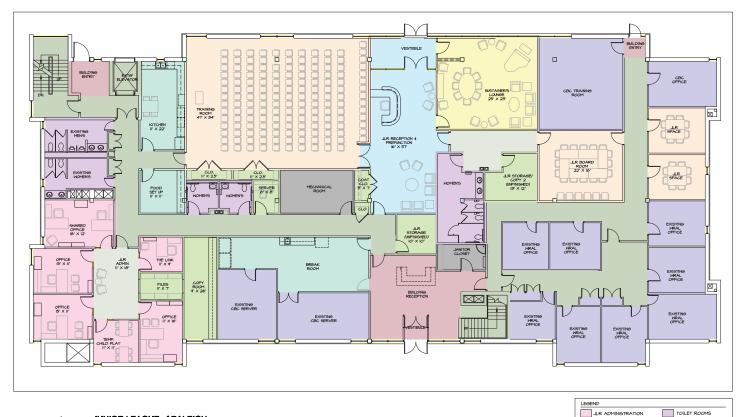
• Leverage the League and Center's brands both internally and externally to make community connections that result in strategic and focused outcomes.

I hope you now have a better understanding of our vision and goals for the Center for Community Leadership. As you probably realize, there is a lot to be done to achieve these goals. We will work hard throughout the year and keep you updated on our progress. As for my placement this year, I know it will be very exciting and of course, important!



A preview of the Junior League of Raleigh's Center for Community Leadership

These images are the architect's renderings of the external and internal enhancements for the Center for Community Leadership. Architect, SmallKane. Tentative move in date is scheduled for April 2009. Contact for questions, Susan Bowers at 844-6033 or smbowers@hokie.com. •The final expansion floor plan rendering can be seen on the JLR Web site at www.jtrateigh.org.





JUNIOR LEAGUE of RALEIGH FINAL "MOVE-IN" FLOOR PLAN 711 HILLSBOROUGH STREET 8 MAY 2008

JLR SUSTAINER'S LOUNS

JLR MEETING SPACE

SEPTEMBER 2008

JLR WORK/STORAGE



JLR ENTRANCE/LOBB

JLR CIRCULATION



CATHERINE RIDEOUT Funding & Development Vice President



MAXIMIZING FUNDS RAISED FOR THE BENEFIT OF OUR COMMUNITY.

It is hard to believe that summer is almost over as we prepare to kick off an exciting new year for the Junior League of Raleigh. While many of you were enjoying summer vacations and a break from your League responsibilities, most of our funding teams were hard at work!

The 2008=2009 year is a going to be a big one for JLR and especially our funding teams. A Shopping SPREE! will return to the newly constructed Raleigh Convention Center in early October; You're Invited will celebrate its 10th anniversary and begin work on a brand new cookbook; our Showcase of Kitchens team is working on its third annual tour and we'll host the Governor's Inaugural Ball in January—just to name a few! And it goes without saying that our Capital Campaign team will continue its work on the Building without Boundaries Campaign as we look forward to moving into the our new Center for Community Leadership in the spring.

You will be called upon to support these fundraisers and more throughout the year. It is my sincere hope that you will consider the different areas of our League and the community that each of these fundraisers touches when making the decision to lend your financial and volunteer support. We cannot do it alone, so we'll be looking to you, our members, to help us maximize funds raised for the benefit of our community. Thank you in advance for your gifts of time and resources throughout the year. I am honored to be serving as your Funding VP and hope you will contact me with any thoughts, ideas, questions or concerns. Let's get to work!

Fall Football Tailgate from You're Invited

Come September, thoughts turn to friendly rivalries, cooler weather, college days, college friends and moveable feasts. The first brisk game day is such fun! Here are a couple of our favorite You're Invited recipes to add to your tailgating menu.





Tailgate Tortillas

Take plenty along since tortilla rollups are awfully easy to eat!

Ingredients

- 2 (8-ounce) packages Neufchatel cheese, softened
- 1 cup chopped almonds, toasted
- 1 cup sliced green onions
- 2 tablespoons Dijon mustard
- 2 cloves garlic, minced
- 1 teaspoon dill weed
- 1 teaspoon dried, sweet basil
- 2 large cracker bread rounds or 6 large tortillas
- 1 pound thinly sliced ham
- 8 leaves red leaf lettuce

Directions

Blend cheese with almonds, green onions, mustard, garlic, dill weed and basil.

Soften cracker bread according to package directions or lightly steam tortillas.

Spread cheese mixture on one side of each cracker bread or flour tortilla. Top with ham slices and lettuce, dividing equally.

Roll tightly, sealing edges. Roll in aluminum foil and chill until ready to serve.

To serve, cut in long diagonal slices placing cut-side down on serving plate.

Yield: 6 to 8 servings

Give your tailgate party a lift by using roasted red pepper or vegetable tortillas. These more colorful varieties are usually sold in the grocer's dairy case.



HAIL

Rich, sweet squares layered with chocolate, caramel and pecans.

Ingredients

- 1 (14-ounce) package caramels
- ³/₃ cup evaporated milk, divided
- 1 box German chocolate cake mix
- 1 cup butter, melted
- 1 cup chopped pecans, divided
- 2 cups (about 12 ounces) semisweet chocolate chips

Directions

Preheat oven to 350 degrees F.

Melt caramels with 1/3 cup evaporated milk over low heat, stirring until smooth, keep warm.

Combine remaining 1/3 cup evaporated milk cake mix, and melted butter. Mix well.

Press half of cake mixture into bottom of greased and floured 13x9-inch baking pan.

Bake in center of oven for 6 minutes.

Sprinkle ¹/₂ cup pecans and chocolate chips over crust. Top with caramel mixture, spreading to edges of pan. Drop teaspoons of remaining cake mixture over top of caramel. Press gently to spread. Sprinkle with remaining ¹/₂ cup pecans.

Bake for 20 additional minutes.

Cool completely. Cut into 2-inch squares.

Yield: 24 squares



Showcase of Kitchens

by Catherine Rideout, 2008 Showcase of Kitchens Co-captain Photographs provided by Tammy Wingo Photography

hank you to everyone who helped make the second annual Showcase of Kitchens (SOK) such an amazing success! From a special evening in Paris, which kicked-off this year's event at Ferguson Enterprises, to the eight remarkable kitchens toured by more than 1,000 people during the two days of the tour, to the 300 volunteer shifts staffed by Provisonals, Actives and Sustainers—the 2008 Showcase of Kitchens surpassed all our dreams and expectations!































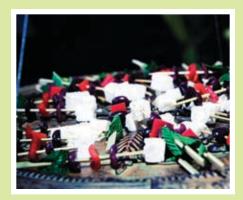
















SEPTEMBER 2008





Shopping SPREE! is back, and it's better than ever. Mark your calendars now for October 1–5, and make plans to join us for our 24th annual fundraiser! We are excited to return downtown to the newly constructed Raleigh Convention Center for four days of shopping and exciting special attractions—benefiting the youth in our community!

This year's SPREE! boasts more than 140 merchants—including many first-timers—each offering everything from clothing and jewelry to gournet foods and the hardest to find gifts for that special person on your holiday list. Each shopper will receive a complimentary shopping bag provided by First Citizens Bank.

Every ticket purchased promotes the Junior League's mission to support the community by improving the lives of our promising youth. Feel great about the gifts you share this holiday season knowing that a portion of that gift is making a difference in the life of someone in the Raleigh community.

Visit www.ashoppingspree.net for more information and to purchase tickets for general admission shopping as well as for these events. Team SPREE! can't wait to see you there!

JUNIOR LEAGUE "RALEIGH 34

Special events

Twas the Night Before SPREE! Preview Gala

presented by Bailey's Fine Jewelry, Saint Mary's School, Wake Radiology and WakeMed Health & Hospitals Wednesday, October 1, 7 p.m.–11 p.m.

Join us as we kick off SPREE! and the holiday season in style. Enjoy cocktails and gourmet food, and dance the night away to the sounds of Reality Show Band, all while getting an early look at the great gift items offered by merchants from all over the country. The evening also features a fabulous silent auction and raffle. *Enjoy this wonderful evening for \$50*, *which includes a Bailey's raffle ticket and complimentary beer and wine. A cash bar will be available for mixed drinks.*

Fabulous Silent Auction

Wednesday, October 1, 7 p.m. – 11 p.m.

The Silent Auction is the jewel of our Preview Gala and offers the opportunity to win items from North Carolina's finest businesses while raising funds for the Junior League of Raleigh. Bring your checkbook and competitive spirit as you bid on more than 100 fabulous items. From fashionable jewelry, to priceless sports memorabilia, to exciting vacation getaways, this auction offers something for everyone.

Early Morning Shopping

presented by St. David's School and Kane Realty Corporation Thursday, October 2, 8:30 a.m.-11 a.m.

Join us bright and early for our annual stroller-free morning shopping event. Enjoy breakfast while getting a head start on your shopping for the day. *Tickets are \$25 and include four-day show admission*.

Blues, Brews and Bar-B-Q

Friday, October 3, 6 p.m.-10 p.m.

Bring the special man in your life and join us for our newest special event—a casual Friday evening featuring barbecue and beer, music by Bull City Syndicate, a live auction and, of course, plenty of shopping! *Tickets are \$35*.

Weekend Wake-up

presented by York Simpson Underwood Saturday, October 4, 8:30 a.m.–10:30 a.m.

Start your morning and shopping experience off with some hot java to get you going! Each shopper will receive a special SPREE! mug sponsored by Zest World Promotions to fill at our gourmet coffee bar and then can enjoy early, stroller-free shopping. *Tickets are \$15*.

Author's Corner

presented by Cherokee Investment Partners, LIC hosted by McIntyre's Fine Books Daily, 10 a.m.–5 p.m.

This A Shopping SPREE! classic event will allow shoppers to meet some of their favorite authors of both adult and children's literature. Authors will read excerpts and be on hand to autograph their books (available for purchase). Avid readers won't want to miss this opportunity to meet a few celebrities from the literary world.

Regular shopping hours:

Thursday, October 2: 11 a.m.–8 p.m. Friday, October 3: 9:30 a.m.–5 p.m. Saturday, October 4: 10:30 a.m.–6 p.m. Sunday, October 5: 11 a.m.–5 p.m.

Carolina Color

presented by Frameworks Gallery Daily, during show hours

Join JLR and Visual Art Exchange during SPREE! for our 2nd annual juried art exhibit and sale. This special collection, showcasing the work of local artists, captures the scenic beauty of our great state. The gallery, which opens Wednesday, October 1 and runs through Sunday, October 5, will be located adjacent to the Cafe.

Jurors for the 2008 exhibition are **Rory Parnell**, co-owner of the Collectors Gallery and the Long View Gallery in Raleigh; **Bob Rankin**, an internationally recognized artist and winner of a Raleigh Medal of Arts and **Kathleen Rieder**, an adjunct associate professor at the North Carolina State University College of Design.

Be sure to cast your vote for the "*People's Choice Award*" during the Preview Gala on Wednesday night. There are special prizes for the people's choice as well as for 1st–3rd place jurors selections. All winners will be announced on gala night.

Please stay tuned to http://www.carolinacolorgallery. com and the *eLink* for a list of selected artists.

You're Invited Café

presented by The Hamlin Companies Daily, 11 a.m.-3 p.m

The You're Invited Café will be serving delectable meals from recipes featured in *You're Invited*, the Junior League of Raleigh's signature cookbook, as well as cookbooks from other Junior Leagues around the nation. *Copies of You're invited and other Junior League cookbooks will be available for purchase during SPREE!*.

Christopher Radko

Team SPREE! is pleased to announce "Gifts Galore," the first annual Christopher Radko Junior League of Raleigh/A Shopping SPREE! keepsake ornament. Combining old world European style of glass blowing with modern shapes and colors, this ornament is a perfect pairing of style, glamour and sparkle. Every inch of the ornament—colorful shopping bags filled with gifts—is dusted with Radko's signature glitter and catches the light at every turn. Designed both back and front, the attention to detail brings life to this commemorative piece. \$49 plus tax.

A limited edition, only 300 ornaments will be made. Watch the Web site for information on how to order your ornament.





Who, What, Where, When, Why and How?: Inaugural Ball Basics

Election Day is still a few months off, but the Junior League of Raleigh (JLR) has been working on the Governor's Inaugural Ball for months. You'll have to wait until November 4 to learn WHO our event will honor, but we can answer a few WHAT, WHEN, WHERE, WHY and HOW questions now!

- Q: WHEN and WHERE will the upcoming Ball take place? WHAT is the theme?
- A: Mark your calendars for January 9 and 10! The 2009 Inaugural Ball "North Carolina's Finest—Bright & Beautiful" is a full weekend of events. The Council of State Reception is Friday, January 9; the Governor's Reception is Saturday, January 10 at 5 p.m.; the Gala Presentation will be January 10 at 8 p.m. in the new Raleigh Civic & Convention Center Grand Ballroom and the Inaugural Ball will follow at 9 p.m. There also is a First Spouse's event on Thursday, January 8.
- Q: Does the League know WHAT it's doing? WHY are we involved?
- A: This will be the Junior League of Raleigh's 20th Inaugural Ball! Incidentally, JLR is the only League in the country to plan and host a Governor's Inaugural Ball. Beginning with Governor J.C.B. Ehringhaus in 1933, every North Carolina governor inaugurated has selected the JLR to host the Inaugural Ball. The Ball has evolved to include the events honoring the new Council of State and First Spouse. The Inaugural Ball and its accompanying events are important fundraisers for the League and help support its community projects and programs in the focus area of promising youth.
- Q: WHAT projects have utilized past Ball revenue?
- A: Past Inaugural Ball proceeds have been used for Heritage Park's Community Learning Center and Natural Learning Environment, Communities in Schools, the Boys and Girls Clubs of Wake County and to establish SAFEchild, the League's signature project.
- Q: WHAT are the plans for the 2009 funds?

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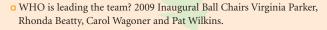
A: The 2009 Inaugural Ball will benefit the Junior League's Center for Community Leadership (CCL), its gift to the North Carolina community. The new Center will offer a wide variety of training programs, shared meeting space and networking opportunities for non-profit organizations throughout the state. The Center for Community Leadership also will help the League strengthen its own programs and community services. In addition to the CCL, a portion of the proceeds will be used to continue to fund the JLR's community grants.

- Q: HOW many volunteers are needed for an event of this size?
- A: The official Inaugural Ball team is 104 strong, which includes the four team captains, 82 members assigned the Ball as their placement and 18 sustainers. The team is organized into fifteen subcommittees, each of which will benefit from a Sustainer advisor. (See WHO's WHO, the 2009 Inaugural Ball team list.)

Approximately 100 additional JLR members will volunteer during the Inaugural Ball weekend. This is a great opportunity to experience the Ball. Those working the actual Ball attend for free and may bring a guest at a reduced rate. Volunteers for the earlier events may purchase two Ball tickets at a reduced rate. Volunteer opportunities will be announced closer to the event—look for an eLink with details!

A suggestion to prospective volunteers: The Inaugural Ball is strictly formal. Ladies wear full-length dresses or skirts and gentlemen wear tuxedos. Start looking for your gown if you are planning to participate!

- Q: HOW can tickets be purchased?
- A: JLR members who are not volunteering are welcome and encouraged to attend the Ball. Tickets and sponsorship packages will be available at www.jlraleigh.org. One exception: The First Spouse's Luncheon is a limited invitation event and is not included as part of the invitation package.
- Q: WHERE can I get updates on the Ball plans?
- A: We'll announce event details in the League publications, on the Web site and through the media. We hope you share the excitement and fun of "North Carolina's Finest—Bright and Beautiful" with us as we make plans to celebrate our new Governor and Council of State.



- b WHAT to wear: Bethany Perkins, Amy Wilkins, Rachel and Jason Mersey, and Witney Van Haan dazzle in their formal attire.
- c WHAT to wear: Governor Mike Easley, First Lady Mary Easley and Ball guest.

WHO's WHO 2009 Inauqural Ball Team

INAUGURAL BALL CAPTAINS

Rhonda Beatty Carol Wagoner Pat Wilkins Virginia Parker, Sustainer

INAUGURAL BALL ASSISTANTS

Stacy Arch Caroline Carr

DECORATION

Katherine Anne Hamlin, Chair Taylor Anderton Tracey Cloninger Blair Coppedge Emily Walser, Sustainer

DISTINGUISHED GUESTS

Pam Gontram, Chair Elizabeth Creech Emilie Foy Julie Garrison Ashley Perkinson Susanne Streb Megg Rader, Sustainer

ENTERTAINMENT

Natasha Ben-Kamara, Chair Danielle Shuirman Meredith Taylor Richelle Sajovec, Sustainer

FACILITY

Jennifer Doerfler, Co-chair Molly Nichols, Co-chair Marisa Bryant Deanna Davis Tiffany Lund Lisa Sampair Kristin Seale Britt Thomas, Sustainer

FOOD & BEVERAGE

Merritt Brinkley, Co-chair Kathryn West, Co-chair Penny Bakatsias Crystal Malpass Jamie Pike Holly Tehan, Sustainer

GOVERNOR'S CIRCLE/SPONSORSHIPS

Suzanne Kirkeby, Chair Martha Goldfinch Jennifer Wells

1NVITATIONS

Trica Ellen, Chair Katrina Morrocco Lisa Roberts Caroline Russell Sarah White

MARKETING

Anna Griffin, Chair Georgia Brown Anna Harper DeShelia Spann Charmaine Troy Shelly Kangas, Sustainer

PRESENTATION

Melissa Sowry, Chair Jean English Michelle Jackson Diedra Lewis Beth Marks Gena Poulus Kellie Wilson, Sustainer

PROGRAM

Sherry Ball, Chair Danita Morgan Ronda Bazley Moore

PUBLIC RELATIONS

Nancy Bromhal, Chair Liz Carroll Paige Gladwin Deb Laughery, Sustainer

COUNCIL OF STATE RECEPTION

Helen Miller, Chair Mary Rob Coupland Mandy Howard Adrienne Hunt Tina Jones Ann Matthews, Sustainer Caroline Stirling, Sustainer

FIRST SPOUSE'S EVENT

Nancy Andrews, Sustainer co-chair Dorothea Bitler, Sustainer co-chair Linda Douglas, Co-chair Graham Satisky, Co-chair Nina Bostic Jenna Marie Tiller

TICKETING & SEATING

Anna Absher, Co-chair Christina Coffey, Co-chair Gay Bray Lindsay Beth Ellison Robin Kennedy Gayle Levinson Jennifer Moore Alison Perkins Wendy Ray Erika Stinson Anderson Winstead Rose Finely, Sustainer Anne Hogewood, Sustainer

VOLUNTEERS

Cindy Densmore, Co-chair Angela Hatton, Co-chair Katherine Myer, Co-chair Astra Barnes Tonya Koonce-Daniels Erin Seaman Julie Tew Kate Wickers Lisa Wojcik Wynn Bettinsoli, Sustainer







SEPTEMBER 2008





Lori Niver 2008-2009 Sustainer Chair By Leslie Mize



Lori Niver, the 2008-2009 Sustainer Captain, is not new to the pages of *the Link*. After her first-year placement with the Bargain Box, Lori spent three years working with *the Link*, first as a reporter, then as Assistant Editor and finally as Editor. As Assistant Editor, Lori attended an Association of Junior Leagues International (AJLI) meeting where she learned how other leagues were communicating with their members. She used this knowledge to bring major changes to the Link. *The Link*, once a basic newsletter, grew into more of what we know today, a true magazine filled with color and supported by advertising.

After her tenure with *the Link*, Lori served as Training and Communication Vice President. This position has now been broken into two positions, Communications and Strategies Vice President and Training Vice President. Although *the Link* still fell under Lori's leadership, she also oversaw a variety of teams and had diverse responsibilities. Lori said that her year as Training and Communication Vice President was her favorite year in the League because she was able to explore many different teams that she might not have learned about otherwise.

Lori's year as Training and Communication Vice President was not only one of her most rewarding in the League but was also the busiest. She had to balance her responsibilities as Vice President with those as a wife to Jim, mother to Ginny and Assistant Attorney General with the North Carolina Department of Justice. Although Lori admitted that it can be a challenge to balance volunteering with family and career, she said that the League does a great job of recognizing the competing demands on its members' lives and providing a variety of options and times for volunteering so as to accommodate the needs of its members. Moreover, even though Lori admitted that balancing volunteering, family and career can result in sleep deprivation, she said that it is extremely gratifying to work with other women in the League to make positive things happen in the community.

Lori is originally from Henderson, North Carolina and settled in Raleigh after earning both her undergraduate and law degrees from the University of North Carolina at Chapel Hill. Of course, it goes without saying that Lori is a huge Tar Heel fan. Earlier this year, Lori, Jim and Ginny all traveled to Pasadena, California to support the Broughton High School Band, of which Ginny is a member, at the Rose Bowl Parade.



Welcome New Sustainers

We could fill entire magazines with the wonderful contributions these ladies have given to our League and to our community. We congratulate them on their new status as Sustainers and look forward to their continued involvement!

Lea Ann Baker Angela Blalock Lee-Ashley Bonfield Catherine Bridgers Wendy Burkard Holly Crosby Kathy Decker Jenny Doyle Cristina Fullen Wendy Gantt Jan Garside Suzanne Griffin Pat Groeger Jennifer Hairston

Sharon Hall Louise Harris Cynthia Hemme Anne Hogewood Pam Jamison Michele King Shelly McClanahan Margaret McCoy Deanne Puryear Paige Van Lenten Tanya Wells Kristi Wiggins Kathryn Williams Maura Zarnik

Lunch Bunch

The Sustainer Lunch outings (third Tuesday of each month) Please join us for any or all of the upcoming Lunch Bunch events. All Sustainers are invited and welcome!

August 19 * Amedeo's North, Northridge Shopping Center at 6006 Falls of Neuse Road * (919) 878-7808 * Hostess Carol Schlim

September 16 3 18 Seaboard, at 18 Seaboard Suite 100 (near Logan's) (919) 861-4318 4 Hostess Ann Branagan

October 21 ^{*} Potluck Lunch at the home of Dawn Morris (919) 510-8918 ^{*} Hostess Dawn Morris

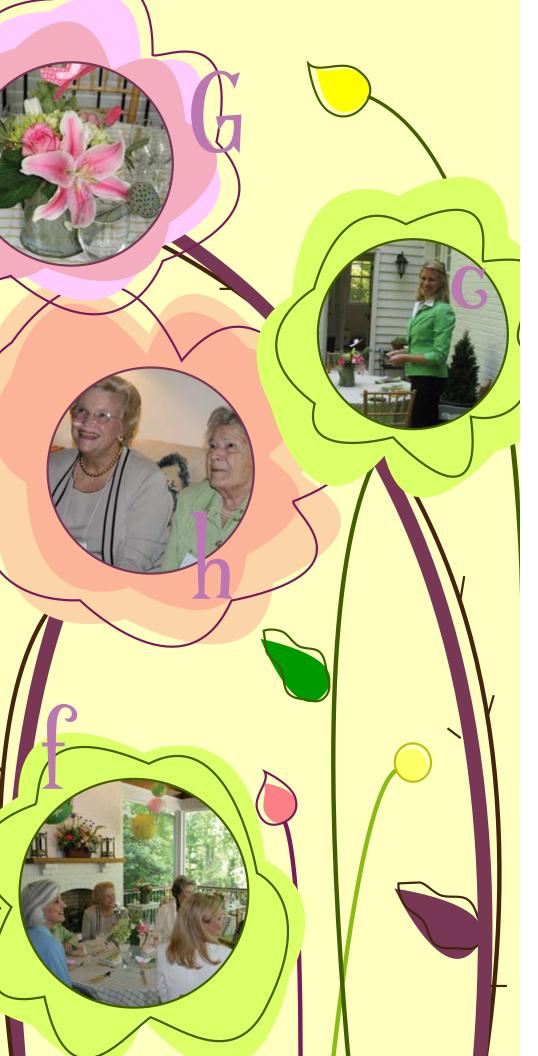
November 18 ^{*}/₂ McCormick & Schmick, 4325 Glenwood Avenue (in Crabtree Valley Mall) ^{*}/₂ (919) 881-7848 ^{*}/₂ Hostess Sue Harley

December 16 30 MacGregor Downs Country Club 430 St. Andrews Lane, Cary 30 (919) 467-0159 30 Hostess Dee Hatch

For questions or to RSVP for these events, contact Sue Harley, sueharley@nc.rr.com or 233-4889.

September 2008







On April 30, a perfect North Carolina spring day, Jennie Hayman hosted her fellow past presidents for a luncheon in her lovely home. The fabulous weather allowed for the luncheon to showcase her newly renovated porch and outdoor space.

The Arrangements team creates this event annually, planning every detail from making the invitations, planning the menu and preparing all the food. Our team even added to the atmosphere with beautiful butterfly-themed decorations. This luncheon was a great opportunity for team members to highlight their amazing event planning skills. We were proud to help thank the guests for their outstanding service to the Junior League.

- Martha Gehring and Kate Inman of Team Arrangements take a break during the event.
- **G** Tiffany Lund of Team Arrangements helps to make the table settings picture perfect.
- A view of Jennie Hayman's home, adorned with butterfly paper lanterns, ready to greet the guests as they arrived.
- e Past presidents Virginia Parker, Carol Bilbro, Barbara McDonald and Anne deRosset listen during the greeting.
- f Guests were joined for the luncheon with the incoming JLR President Virginia Yopp.
- g Spring flowers and butterflies arranged in watering cans complimented the spring garden theme"
- h Flo Winston and Nancy Dameron enjoyed socializing.
- i Linda Brown Douglas took a moment to thank her Sustaining Advisors, Jennie Hayman and Jill Gammon.



a The guests enjoyed a lovely chocolate dessert accented by a raspberry coulis.

What exactly does JLR's nominating team do?

By Keri Eddins, First Year Nominating

I'll be honest and tell you that until very recently I did not know myself. To be completely truthful, the nominating process always seemed a bit mysterious to me. I knew we had some role in slating the Board of Directors' positions as well as the President-elect for the upcoming League year. But, how would I know who would be a good candidate for a Board position? How would I know who was even interested in doing these jobs? Would I have to secretly spy on my fellow members to determine their skills and interests? In my sometimes overly dramatic mind, I imagined our meetings taking place in a smoke-filled room, perhaps even in secret locations or at least involving a secret handshake. This is all top-secret stuff, right? Well, not entirely.

As it turns out, there is no spying, no smoke-filled room in a secret location and not even a secret handshake. Our duties are actually quite clear-cut and not nearly as mysterious as I originally believed. We do slate the new Board each year; we also help place League members on community boards when a need arises. We research community awards and nominate our League or our members when we find a fit. We coordinate sending members of our League to Organizational Development Institute (ODI) trainings all across the country. We submit award nominations to the Association of Junior Leagues International in areas in which we feel our League excels-we've even won a few! As you can see, we're a team busy promoting our members' leadership interests and our organization's strengths. In upcoming issues of the Link, I'll go into more detail on a lot of these activities. In the mean time, if you have any questions about the Nominating Team, please feel free to contact me (keddins@nc.rr.com), and I'll be happy to get you an answer. Mystery solved!













SEPTEMBER 2008

WENDY WEBSTER Community Vice President



WHO ARE THE "COMMUNITY CHICKS"?

These ladies, along with their committee are charged with planning, coordinating and implementing all of our general membership meetings as well as selected social functions. Their goal this year is to balance fun and responsibility during our time together. They are marvels at execution and work extremely well together. Look forward to lots of energy at our meetings!

The "community chicks" are our leaders, a group of women heading up twelve Junior League of Raleigh (JLR) community teams. Their work, and the work of their teams, focuses on fostering relationships and resources to make a difference in the lives of children and their caretakers. Across these placements the directive is to nurture our community commitment. We will accomplish this by (1) connecting community placements to fundraisers, (2) increasing visibility of community activities by maximizing partnerships and (3) fostering connections between community teams and in>League placements.

There are many different ways for ALL JLR Members to partner with the community!

If you have....5 minutes...Swing by the community booths during A Shopping Spree! to walk down Community Avenue and learn more about us!

If you have....60 minutes...Drop off school supplies and healthy snacks at JLR headquarters or the September GMM.

If you have....2 hours...Volunteer for a one≠time event with Quick Impact via registration on the JLR Web site.

Look for these opportunities and more in the monthly eLink. Additionally, please take the time to meet our "community chicks":

Join a Community Agency Board

The Junior League of Raleigh (JLR) helps link its outstanding volunteers to community agencies seeking Board members. If you are interested in serving on a community board, please submit the Community Board Questionnaire found in the member area of the JLR Web site www.jlraleigh. org. Feel free to contact Molly Shepherd Nichols

mfshepherd@yahoo.com or Jennifer Olson Jennifer.L.Olson@ncmail.net with any questions.

ommun.

AventWestChildren'sMentoring (AWCM; read, AWESOME!)— Christina Yarbrough. Team AWCM provides weekly enrichment activities for children. Through the activities of Team AWCM, children across Raleigh are developing many talents that will facilitate their curiosity to learn. Christina Yarbrough returns as team captain this year. Her enthusiasm about team AWCM is contagious!

Boys and Girls Club (B&G Club)—Anna Baird Choi and Tricia Fearing. Reading, writing and arithmetic....facilitating learning across Wake County on a weekly basis allows children to return to school the next day better prepared for the educational challenges that await them. The weekly meetings at the B&G Club allow volunteers to develop relationships, mentor and tutor. Tricia, an Active in JLR since 2003, has three years of experience with Team B&G. Anna Baird Choi, Co-captain team B&G Club, is in her 12th Active year in the JLR and is excited to work in this placement.

Chorus—Holly Laird. Chorus is the perfect complement to our community placements as it brings joy and energy with each of its performances in the community at assisted-living facilities, senior centers and other community events! As captain of Chorus, Holly enjoys laughing and rehearsing with the other members of her team, but her favorite thing is personally meeting the audience members after each performance.

Community Connect—Stacy Arch. Team Community Connect develops the business skill sets of non-profit agencies to further the financial success and collaboration of non-profits in Wake County. Community Connect consults with agencies during scheduled events featuring content experts who discuss the skill sets needed for non-profits to be successful and sustainable. As Captain, her favorite part of Community Connect is organizing the speakers for trainings and seeing the talent and generosity of JLR members at work.

Community Funding—Beth Lowery. Team Community Funding supports the League's involvement in the target area, Promising

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Youth, by identifying funding needs in our community; educating the membership about these needs; evaluating grant applications; grant opportunities Community Council and monitoring currently funded grants. Beth's experience as both a Community VP and League Treasurer provides the right combination to lead this team.



Girls On The Run (GOTR)—Aimee Foskie and Kelly Gold. GOTR is a life-changing character development program for girls ages eight to twelve that uses running to teach values and a sense of self. The program combines training for a noncompetitive 1- or 3.1-mile running event with uplifting workouts and a community service project. Kelly, Co-captain for Team GOTR, served as a coach for two seasons last year. Aimee, returning Co-captain, has served as a coach and running buddy.

HelpingHorse—Kiana Dezelon. Therapeutic riding opportunities allow Team Helping Horse to facilitate a recreational and social outlet for disabled riders and their families for whom such opportunities are usually limited. Volunteers serve as "side-walkers" ensuring students' safety. Kiana, the team captain, feels rewarded seeing the efforts of the volunteers translate into the physical, mental and social growth of the young riders.

Heritage Park—Jennifer Dunn and Stacey Simpson. Since 2001, the Junior League of Raleigh has teamed with Communities in Schools of Wake County (CISWC), to provide volunteer and financial support at its Heritage Park Community Learning Center. JLR volunteers participate through events planned to honor academic success; Girl Scout Troop 1830; Homework Helpers provides after-school tutoring and Teen Club helping middle and high school students explore careers, higher education and the arts. Jennifer, Co-captain, is a veteran of the Heritage Park team and brings knowledge of programs and personalities to her leadership role. Stacey, Co-captain, joins her with finesse and organizational expertise.

Kids on the Block (KOTB)—Emily Goatcher. Kids on the Block perform at events to teach children about accepting the challenges that children with disabilities encounter daily. KOTB uses short puppet skits as a mechanism to inspire young children to interact with the show and to learn from their questions—possibly even learn how to accept differences in others. Team Captain, Emily Goatcher, is a returning team member to KOTB. Emily brings a passion for providing this programming at local events, as she remembers the puppets coming to her school and its impact.

Quick Impact—Robin Mangum. Quick Impact allows non-profits across Wake County to meet their goals with the additional "woman-power" provided through JLR volunteers. Lots of community friends ask the Junior League of Raleigh to perform short, one-time projects for them. Team Quick Impact is dedicated to performing these short-term projects and annually contributes around 300 volunteer hours across Wake County. Robin Mangum, last year's Member-at-Large, is excited to lead Team Quick Impact. She brings her talent in taking care of members to now take care of our community!

SAFEchild—Cotherine Roberts. SAFEchild was established by the Junior League of Raleigh because of its long-standing commitment to protect children. In 1978, League members adopted this position statement: "We believe that every child in Wake County has the right to mature in an environment free from physical abuse and emotional neglect." A human resource expert, Catherine is a returning team member to SAFEchild.

StepUP—Alison Board and Christy Knight. StepUP Ministry provides individuals and families with a second chance, supporting them in their commitment to be independent, productive members of our community after financial or other tragedy. Alison, a returning team member of StepUP, looks forward to her new role as Co-captain. Her financial acumen will bring skills to the team. She is joined by Christy, a returning Co-captain of StepUP. Christy's knowledge of community resources remains an important asset to this team.

The Community Council has three additional members that are key to the League's internal communication and external connection to community needs.

Placement Assistant, Jodie Bandholz, is focused on planning and talent identification. Jodie ensures that talented League members are matched to meet the needs of our community placements. Secretary, Leslie Rand-Pickett, keeps us on track, in line and on time. As a member of the nominating team, Leslie recognizes the talent required to lead the community teams and assists in describing these needs to the nominating team as they slate the Board and recommend leadership positions. Sustaining Advisor, Alene Mercer, guides us through strategy and decisions that will allow the Community Council to create an impact in the community now and in the future. Alene's knowledge of community activities across the Triangle affords the Community Council with insight into how to best prioritize efforts and resources to maximize our community impact.





JLR continues its commitment to our communitythroughitsgrantmakingprocess

By Beth Lowery, Community Funding Team Captain

The Community Funding team supports the Junior League of Raleigh's commitment to our community by awarding grants ranging from \$2,000 to \$5,000 to community organizations providing services to Wake County's promising youth. The grants are awarded twice yearly based on the focus areas of education and health and human services. The deadline for agencies submitting grant applications related to health and human services programs is November 3, 2008. The deadline for agencies submitting grant applications related to educational programs is February 2, 2009.

Community needs grants of up to \$2,500 also are awarded on an as-needed basis for community organizations needing shortterm assistance. Applications are accepted throughout the Junior League year (June 1 - May 31).

Information about the Junior League of Raleigh's grant making process, including grant applications, can be found on our Web site at http://www.jlraleigh.org/financialassistance.shtml. The Community Funding team will be hosting the JLR Expo for community organizations providing services to Wake County's promising youth in mid-September. The Expo will showcase the services the Junior League of Raleigh has to offer to our community. We will be providing information about our grant making process including grant making priorities, proposal components and the grant review process as well. Please check the Web site often for exact date, time and location.

If you have any questions or are aware of a non-profit organization in Wake County that would benefit from one of our grants, please invite them to visit our Web site and forward their contact information to grants@jlraleigh.org so that we can invite them to our upcoming JLR Expo.





StepUpJewelryMakingClass

By Erika Rasmussen

The children at StepUP celebrated April 1 by making their own April Foolery. We brought in beads, cord and clasps and the kids worked on their creations in two groups. We were worried the boys wouldn't be interested in the activity, but they jumped right in and were very enthusiastic about creating some "bling" for themselves. My 17-year-old niece came with me and it was a great opportunity to expose a high schooler to how rewarding volunteer work can be. StepUp committee members Christy Knight, Marisa Bryant and Cameron Graham also were on hand to join in on the fun.

The kids were amazingly creative and patient with their creations, many of which would probably easily sell at a GMM booth! Several of the children chose to spend their time creating a gift for a relative or friend, further proving how doing something good is contagious. The kids wrapped up the night by eagerly cleaning up the supplies, the extras of which were donated to StepUp for future projects. I snapped a picture of some of the kids showing off their pieces, including one tough guy who's on a walker due to a badly broken leg. Much to my delight, I received a "thank you" card signed by all of the children soon after. It proudly hangs on my fridge now as a reminder of the best beading session I've ever enjoyed!





artspace Spotlight

BY BETH LOWERY, COMMUNITY FUNDING TEAM CAPTAIN

Thirteen organizations in Wake County received Community Grants during the 2007-2008 League year. One of the recipients was Artspace, a local non-profit that has been in downtown Raleigh for 22 years. Artspace is dedicated to presenting quality exhibitions and educational programs within an open-studio environment and to promoting the visual arts by making the creative process accessible.

Artspace began its outreach program in the fall of 2001 to fill our community's need for constructive opportunities for Raleigh's youth. The outreach program aims to give participants a voice through their artwork, providing them with the language of art through which they can express their thoughts and ideas and share them with the community.

In support of its outreach program, the Junior League of Raleigh awarded a \$2,000 grant to Artspace so that they can host two children's outreach programs for 2008-2009. Artspace will partner with Hope Elementary Charter School and the Raleigh Rescue Mission. Artist-in-residence, Paris Alexander will lead approximately 20 Hope Elementary 4th graders through a stone-carving project. Hope Elementary has no visual art education beyond the programming provided by Artspace. Artist-in-residence, Meredith Brickell will lead the homeless children and their mothers at Raleigh Rescue Mission through a clay-making project. Artspace hopes to inspire mothers and their children to overcome their personal struggles and shape a more positive future for their family and the wider community. The final art projects will be exhibited at Artspace and other locations around Raleigh before being gifted to Hope Elementary and Raleigh Rescue Mission.

Artspace believes that nourishing the soul is vitally important to our community's well-being and that they would be remiss if they did not reach out to everyone in the community as we seek to improve it as a whole. By bringing free art programming to children and adults where they live and play, they are breaking down the barriers of cost and transportation that may hinder many economically disadvantaged families from participating in arts education. The Artspace Outreach Program has demonstrated how the arts can change lives, brighten the future of promising youth and build the self-esteem of adults who might falter.



Boys and Girls Club

BY ANNA BAIRD CHOI AND TRICIA KOLB

The Boys & Girls Club is a nationwide affiliation of local, autonomous organizations and Boys and Girls Club of America. Their motto is "The Positive Place for Kids" and their mission is to inspire and enable all young people, especially those from disadvantaged circumstances, so that they may realize their full potential as productive, responsible and caring citizens.

The Boys Club in Wake County opened its first location in 1967. In 1987, the name was changed to the Boys & Girls Clubs, & the Raleigh Girls Club opened in 1988. The Boys & Girls Club added its newest location in the Brentwood neighborhood of Raleigh in November of 2006. This location was chosen in order to support the needs of the rapidly growing Latino population in Raleigh. The Club provides quality, after-school programs to help children improve their scholastic performance, which in turn, provides the children with an awareness that there are many opportunities available to them. The Club recently completed the renovation of a storage building which will allow for a year-round physical education program.

Currently there are five Boys & Girls Clubs in Wake County and a 162-acre summer day camp, all of which have provided opportunities in the lives of thousands of children & teens. Currently, there are approximately 4,000 registered Club members ages 6-18 years old. Because the Clubs serve primarily lower-income families, the fee charged to the families is very minimal—an annual fee of only \$7.50.

The League first provided supplemental funding for the new club from the proceeds of the 2005 Inaugural Ball. In addition to financial support, the League also supports the club by offering the volunteer services of its members as a community placement. This year, the team is excited to have seventeen active members serving the community at the Boys & Girls Club in Brentwood. The Co-chairs this year are Tricia Fearing, serving a third year on the Team & Anna Baird Choi, a newcomer to the team but a twelve-year veteran of the League. During the year, team members will assist children with homework & reading, engage them in academic games, and lead arts & crafts & athletic/outdoor activities.

Even if you're not on the team—we need your help! At the September GMM, team members will collect art supplies, healthy snacks, and gently used gym equipment. We especially need construction paper, pencils, erasers, granola bars & other healthy non-perishable snacks, and juice boxes. Please bring whatever you can to the meeting; we'll provide information at the meeting regarding where you can drop off your items.

Please drop by the Club, meet the children and see what your League is doing to improve the lives of children in our community.



HELPING OUT WITH HORSES

Junior League helped host Annual Spring Horse Show for disabled children

By Eva Parks Spero

The Helping Horse Therapeutic Riding Program held its annual spring horse show on April 13. The stables were packed with Junior League volunteers, who helped host games, sell raffle tickets, grill hotdogs and hamburgers and cheer on riders.

About 30 kids competed in the show and boasted the skills they learned during lessons over the last year. Therapeutic riding is a unique experience and serves as a fun way for kids with disabilities to work on balance, strength and flexibility. The program accepts riders with a wide range of needs including autism, cerebral palsy, sensory impairments and learning disabilities.

Emily Foy has chosen Helping Horse as her Junior League placement for the last two years. She enjoys volunteering because of the improvements she's witnessed firsthand with the kids.

"There's a little boy we've been working with that when he first came in he was very quiet and kept to himself. I'm amazed how far he's come. His self confidence has grown within himself as well as with the horse," Emily said.

Emily describes her volunteer experience as one that "puts life into perspective. It's easy to get carried away with the hustle and bustle life throws at you. Coming here makes you appreciate the little things."

WHAT THE PARENTS SAY

Mark and Beth Whitney and their daughter Sara have been a part of Helping Horse for more than eight years. Her parents say Sara enjoys her lessons and interacting with the horses, as well as the trainers.

"We appreciate the volunteers. They're great! This organization has been wonderful for Sara. They've helped boost her confidence and develop in ways we never thought possible," Beth said.

Sara competed in the 2007 Special Olympics and for the first time rode independently without the help of side walkers. She scored two gold medals and her parents attribute that to the hard work she's done at Helping Horse.

Tracey and Al Parker have been bringing their nine-year-old son, Al, to Helping Horse for the last two years. Tracey says helping Horse is a great place to bring Al because it's a place for them to escape. "Bringing Al to Helping Horse has been a blessing because it's a place we can feel normal even if it's only a few hours a week," Tracey said. Al's dad said he's seen a great improvement since they've been coming. He said he's able to sit more upright and has better concentration.

A CAPITAL CAMPAIGN

2007-2008 Team Captain, Gay Bray, boasts that Helping Horse kicked off their Capital Campaign in May, which will raise funds to help build a cover for the riding ring.

"Covering the ring will allow Helping Horse to hold lessons no matter what the weather is," Gay said. "It will also provide parents and friends a comfortable place to watch their children ride."

Mark your calendars, the inaugural event will be a Kentucky Derby Party and is slated for May 2009. The 2008-2009 Helping Horse Team has their work cut out! Next year also marks the 20th Anniversary of Helping Horse!

For the last several years the Junior League of Raleigh has offered Helping Horse as a placement, this year there will be 20 actives placed with Helping Horse on Monday evenings from 6 p.m. to 8 p.m. Volunteers are divided into two groups who work alternating Mondays from September through the beginning of May. Volunteers serve as "side-walkers," ensuring students' safety during class time walking alongside and assisting when necessary. They also can serve as horse leaders, leading the horse around the course and encouraging the rider as they go. Training in both is provided at the beginning of the class season.

Gay encourages everyone to be a part of this special program, and know that Helping Horse is 100% run by volunteers. If someone is looking for a way to give back to the community and see their work directly benefit kids firsthand this is a great program for them.

"Even if this isn't their chosen placement, they could come out and try it. It's a unique opportunity to get outside and help kids in need," Gay said.

For more information about Helping Horse, please contact Kiana Dezelon at kiana.dezelon@gmail.com or www.helpinghorse.org 12200 Shooting Club Road, Raleigh, NC 27613 (919) 848-0153



ATEGIES Communication & Strategies VP



OMMUNICATION & STRATEGIES

This year's Communication and Strategies Council (C&S Council) is composed of a wonderful group of hardworking women with big ideas and the determination to see them through. We are thrilled with our role in promoting the League as Mission Driven and Community Focused. One of our top priorities this year is guaranteeing that each of you has a clear understanding of this mission:

We are an organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers.

We also look forward to increasing awareness of our target area, promissing youth. As Carmen Martinez, Director of the Oakland Public Library said, "The more we increase the active participation and partnership with young people, the better we serve them... And the more comprehensively we work with them as service partners, the more we increase our public value to the entire community." We want to do just that, by talking with and listening to our community so that it continues to recognize our value as a community resource. We are off to a great start...

The C&S Council has created a subcommittee to perform a Web site analysis to make certain the Junior League of Raleigh (JLR) Web site is fully serving the membership and outside audiences. The committee is charged with making changes to ensure content matches the needs and expectations of audiences, pages of the site are free of any incongruencies and the site is easy to navigate for both members and external users.

The ladies who will be leading our C&S Council are an outstanding group. Michelle Cook is heading up this year's Bright Ideas team. She has already identified some fantastic new projects for the League to consider and gone above and beyond the call of duty by agreeing to be part of the new Web analysis team.

In addition to her role as Web coordinator and go to person for general Web updates and projects, Ashley Campbell also serves on the Web analysis team. She has labored tirelessly over the summer to produce the communication you have received via the e and recommend much-needed Web site updates.

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May We Recommend

LIZA RONEY

Milton's Pizza is a kid-friendly restaurant with awesome calzones! www.miltonspizza.com

Ashley C. Campbell

I recommend *Waraji Japanese Restaurant* and Sushi Bar. They have the best sushi in town, hands down! It is located at 5910 Duraleigh Road.

Sarah White

In warm weather, the *Rudino's Rooftop* is a great spot to enjoy pizza, beer and a game with friends. It's wonderful to be able to sit outside and watch a game! It's located at 8800 Harvest Oaks Drive.

Leslie Rand Pickett

The Cotton Company, located in a beautifully restored cotton warehouse in downtown Wake Forest, is a marketplace of more than 50 boutiques featuring home furnishings and accessories, children's toys and hand-painted furniture, fine art, jewelry and more. I have purchased some fantastic items that first caught my eye at boutiques in North Hills and Cameron Village for about a third of the price at the Cotton Company.

Liza Roney

The "best kept secret in Raleigh" is the fairly new *Landmark Tavern* in Downtown Raleigh. It has great outdoor seating -- something I am always looking for in Raleigh.

Leslie Mize

Glenwood Grill is one of my favorite spots for lunch or dinner. The menu is excellent, and the environment is very comfortable. It's great for business lunches and nights out with your spouse or girlfriends.

Blair Winter



Members Supporting Members

The Junior League of Raleigh is mission driven. It is community focused, and it also is a wonderful network and support system for women from all walks of life. Our League is comprised of women with diverse backgrounds and experiences, but we have come together with shared goals of volunteerism and community commitment in mind. Just as we have common goals, we also have similar challenges in our lives. We enjoy connecting and sharing with others who appreciate our situation or outlook. To this point, the Link staff has designated an article for each of this year's issues on subjects that affect women. These articles will be written by members, for members so that stories can be shared and support networks that go beyond our regular "Chick Clicks" may be formed.

Whether you're coping with a health issue or trying to figure out the best way to prompt a big change in your life, there is nothing like sharing stories and wisdom with others on the same path. From our experiences, we all have something to teach others. If you have something to share, please contact the Link editors about writing an article that offers your knowledge and encouragement to our members. We can put you in touch with other members who share similar experiences and can support you in your writing.

We would like to sincerely thank Whitney von Haam for providing the first of these series of articles. Grab your Kleenex— Whitney's story is a tearjerker, but it provides invaluable information for the many women among us who are struggling with infertility issues. Beyond that, it creates much-needed awareness of an all-too-often-under-discussed women's issue. Thank you Whitney, and thank you to all the women who contributed to this article.

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The Link co-editors, Jennifer Culberson and Sarah White, have dem[≠] onstrated diligent efforts since April putting together this amazing 2008–2009 Launch issue of the Link. Jennifer and Sarah have come up with some exciting new features for our magazine including a My Favorite Things segment, which each Council will have a turn to partici[≠] pate in writing.

Rachel Davis Mersey has graciously agreed to serve as Communications Ad Hoc again this year, and we quickly put her to work editing articles for the Link and other JLR documents.

Ashley Parker is our new Project Guide team Captain. She and her team will analyze our community partnerships and projects to ensure that we are properly placing volunteers. Project Guide is key to understanding both our internal and external audiences.

Government Relations and Public Affairs (GRAPA) is headed by Cady Thomas this year. Cady has already given the Board several items to con sider and has been busy monitoring the Legislature for issues that impact the Junior League of Raleigh.

Shade Maret heads up our Public Relations team. This group spent much of the summer carefully updating the JLR Fact sheets and press kits.

We are fortunate to have Selene Brent and Julia McCullough serving as cossecretaries for the Communication & Strategies Council and Chancy Kapps as our Sustaining Advisor.

These ladies demonstrated amazing spirit, hard work and dedication throughout the summer. Their forward thinking, positive attitudes and flexibility are to be commended. Look for great information from these ladies in the coming year, but keep in mind, listening is more than half of communicating. You, the membership, along with our community, are the other half of the Communications and Strategies Council. Please read, attend, participate and give us your feedback. We look forward to hearing from you!



JUNIOR LEAGUE CAN BE A DIFFICULT PLACE TO BE WHEN YOU CAN'T GET PREGNANT

BY WHITNEY VON HAAM

ou can't help but notice the number of pregnant bellies at each General Membership Meeting. That's part of the nature of being involved in a women's organization. For many years, going to a GMM was hell for me. Don't get me wrong – I loved seeing friends, hitting the open bar and taking part in the meeting. But what I really wanted was to be one of those pregnant bellies.

According to Resolve, the National Infertility Association's Web site, infertility affects 7.3 million people in the U.S., about 12% of women of childbearing age, or 1 in 8 couples. That means other women were feeling the same way at GMMs, but when pregnancy was beginning to feel elusive, I felt alone.

In talking to other League members who have gone through infertility, similar themes came up: The pain of having new pregnancies announced, hearing the jokes of "just drink the water around here" and you'll be pregnant, or being part of a "I couldn't believe just how quickly I became pregnant" conversation. I never believed that any of my friends had bad intentions. If anything, I was envious of their limited perspective.

One Sustaining member can remember sitting next to a friend who was going through fertility treatments and cringing when the announcements of birthdays, brides and babies began. "I knew she was having a very difficult time and had been through an unsuccessful round of IVF." [IVF, or In-Vitro Fertilization: a woman's egg is removed, fertilized externally and placed back into the uterus.]

Leslie Rand-Pickett, a Nominating Team member, remembers friends making comments about it being "her turn" once others had had their children. What her friends didn't realize was that Leslie was in the middle of a six-year journey with unexplained infertility.

"You never know if [someone] is already trying, and already feeling the pressure," Leslie explained. "It's not that I ever resented anyone else being pregnant. It was just a constant reminder that I was not in the 'club,' and that I was running behind schedule."

Jodi Palmer, a former member of the League, remembers the early days of her struggle to become pregnant. "We thought we did everything right: Got married, bought a house, we had solid jobs, we thought we were ready, so this should be a cinch." When it wasn't working out as planned, it was hard for Jodi to respond when friends commonly asked, "Why aren't you pregnant yet?"

"League members, or people in general, are not always aware of the vast number of people who have fertility issues," Jodi said. "I think if they were more aware, they would automatically be more sensitive to these issues. I wasn't aware, and I was one of them. It wasn't until I was the poster-child for [fertility treatments] that I became more aware that I wasn't alone."

The beginning: Finding out you're not alone

For years, I was quiet about my infertility. I would hazard a guess that most people who know me think of me as a generally happy person. I laugh a lot and find a lot of joy from life. What people didn't know is that every time I was alone in the car, I would cry about the children that I dreamed about.

When I started talking to some friends about my experiences, I realized that I wasn't alone. I had friends, even those I thought of as "fertile Myrtles," who had experienced some level of infertility. This isn't always the case.

Leslie remembered particularly painful comments: "When a woman shares that she is trying to conceive, but is having difficulty, try to avoid saying things like 'you just need to relax' or sharing the story of your friend who finally conceived after she stopped trying." Leslie explained, "This comes across as 'It's your fault you're not getting pregnant,' as if we are doing something wrong, rather than an actual physical issue. It is tough on the self esteem when your body isn't performing such an essential biological task."

On the other hand, connections with others can be meaningful. Another Active member said that it was ultimately a League friend who put her in touch with the right doctor.

Active member Michelle Pilos, who serves as co-captain for the Center for Community Leadership Task Force, looked to others for support during her infertility struggle. "[My husband] Nick and I signed up for a support group that met weekly for nine weeks and also had one-on-one meetings with a psychologist."

Getting on the right road

Friends, doctors and support groups may all provide the guidance you need. In addition to emotional comfort, if you decide to walk the path of medical fertility treatments, or even if you have only begun thinking about getting pregnant one day, finding the right doctor or clinic for you is paramount.

I didn't even realize I had choices; my husband and I followed the referral we received from another doctor. I never felt a connection to the first doctor. The second clinic's approach was different—every decision was left to my husband and me, and this difference felt more comfortable to us. It's important to say, among the different women interviewed for this article, babies resulted from each of the major fertility specialists in the Triangle. Comfort is the key!

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Each woman's experience is different.

Anne Heard, an Active member on leave this year, waited "a long time to have children" but she wishes she had seen a doctor much earlier. When they were finally ready it took 2_ years to get her diagnosis of endometriosis, a condition where additional tissue lines the abdominal cavity and can impede pregnancy. It affects one in every five women of reproductive age. Anne was told when she had her first child, a son, that pregnancy clears up endometriosis for a limited time. Lo and behold, her second child, a daughter was conceived naturally

Following the advice of her doctor, Jodi and her husband tried for a year to conceive naturally. When she became pregnant and miscarried, her Ob/Gyn felt that waiting was the best course. Her family had a history of being fertile. Still, Jodi said, "I decided to take control and see someone. Our fertility doctor [later told us] we should have come to see him after six months [of unsuccessfully trying]."

Jodi sought out multiple opinions and ultimately went through Intra Uterine Insemination (IUI), or artificial insemination, when a man's washed and concentrated sperm is placed with a catheter directly into the woman's reproductive tract. On their "one last try" with IUI before moving to the more invasive and costly IVF, Jodi became pregnant. Jodi's triplets, Sam, Aiden and Josh, are now active three-year-olds.

Within six months of trying to get pregnant, Michelle and her husband sought help from a doctor, finding out that Michelle didn't ovulate. After trying Clomid, a drug that induces ovulation, four times and achieving four pregnancies that each ended in miscarriage, Michelle's doctor suggested IVF. They successfully became pregnant on the first round. Their son Aris was born prematurely but is now a healthy big brother to Athan, a surprise baby!

Leslie and her husband began trying to have a child when they were in their mid-20s. Due to the fact that she was "young" in fertility terms and that there was no explanation for her fertility, Leslie has tried Clomid, IUI, injectable drugs and IVF, which finally worked for her.

"My first experience with a reproductive endocrinologist (RE) was BAD," Leslie said. "I learned quickly that connecting with the right clinical team is very important. My second RE helped instill confidence that I would eventually become pregnant." Their son, Carter, was born in February.

Not without a cost burden

One additional consideration that must be mentioned in considering advanced fertility treatments such as IVF is cost. My husband and I were lucky enough that his company's health insurance covered the IVF drugs and procedures. Our first doctor quoted the average price for the prescriptions for one cycle of IVF at about \$5,000, although actual cost is dependent on each woman's needs. The cost for the removal of eggs, external fertilization and embryo



LONG AWAITED FAMILY VON HAAM BABY BLISS

placement, another \$10,000 to \$15,000. As the embryologist, or the doctor who had been in charge of our three fertilized eggs for the first three days of their lives, introduced herself, "I am your baby's first, and most expensive, babysitter."

Leslie agreed, "It is scary because of the financial concerns. We could have paid off all of our college loans or bought another car with what we spent on fertility treatments." Currently only 13 states have a mandate for full or partial insurance coverage for fertility treatments. North Carolina is not one.

And, finally...

One of the best and scariest days of my life was the day I received the results. League member Maria Plentl had been the nurse accompanying me on the journey, and she called to let me know that I was pregnant. Of course, a whole new type of worry was about to set in, but for that one moment, I heard those words that I had begun to believe I may never hear.

My husband Eric and I welcomed our daughter Nyah in May 2007.

But my journey is not over with fertility. One thing we know without a doubt is that we want Nyah to be a big sister. I don't know if that will be through revisiting IVF, through donor eggs, or through adoption. We will have more children. At least on this leg of the journey, I get to hold Nyah's hand in addition to Eric's.

Whitney von Haam is serving on both the Nominating and Capital Campaign teams this year. She wrote this article in the hopes of sparing at least one League member another moment of isolation due to infertility. She is not a medical expert, but can be an empathetic listener—whitney@ncbar.org. She, and the other League members mentioned in this article, welcome your questions.



ou expect to find survival guides for fearful feats like skydiving, mountain climbing, or—for some who prefer the comforts of home camping. But with these topics covered, guides for other tasks can go ignored. Count on experts from the Junior League of Raleigh to pull together a practical guide for what's at hand: volunteering.

Yes, even volunteers, new and old to the League, need some tips and tricks for giving back. Our goal is to identify the skills every member should have to take full advantage of her membership and maximize her community commitment.

With this, the Link set out to begin to identify the toolbox of skills that will serve

every JLR member well. A survey of the League's team captains provided insight on the contents of that toolbox, and we're sharing some of their thoughts with you here. We've tapped the real titles of other lifestyle survival guides to inspire the real-world connection with a JLR twist on the theme.

In addition to these efforts, we want you to be a part of this conversation. Contribute your "tool" ideas and other thoughts on this topic, and look for more on this topic in upcoming issues. Please send your comments to jennifer@ellingtonandassociates.com or swhitejlr@yahoo.com.

"The Six Habits of Highly Effective Community Leaders"

In the spring 2008 issue of the Link, Patricia Evans, then Leadership Track Captain, shared the findings of in-League focus group research that identified six core competencies for great community leaders: (1) communication, (2) passion/vision, (3) responsibility, (4) ability to delegate, (5) attention to the "big picture" and (6) interpersonal skills.

JERNING THE TOOLKIT OF SKILLS EVERY MEMBER NEEDS

In the Link's most recent survey, communication again surfaced as an important volunteer skill. In the Leadership Track research, communication was defined as, "she is an excellent listener, knows her audience, is able to get her point across and inspires action."

Kelly Gold, Co-captain of Team Girls on the Run, said that strong communication skills are critical to her success. "Coaches need to be able to communicate well with other coaches, parents and with their girls," Kelly said. "Being able to communicate effectively during lessons and with parents via e-mails and phone calls is extremely important." She also added that while not all team members have experience working with children, that's a skill that can be honed with time. As Kelly pointed out, communication skills can be further developed through the coaching process. In fact, GOTR provides comprehensive training resources and hands-on experience for volunteers throughout the year.

But, of course, strong communication skills are needed in all League placements, not just one specific placement. And if a member feels that her communication skills need refining, often that "polish" comes from experiential training, which the League can provide every day. Volunteer, get out there, practice, try and try again. Seek advice from team leaders. Be open to suggestions and to observing the talents of others and incorporating their tricks into your practice.

"E is for Enthusiasm"

Team captain after team captain also stressed the importance of enthusiasm in a League placement. Shannon McDonald, co-assistant for Team Arrangements, summarized the need for enthusiasm at the beginning of a placement year. "Be excited about the placement you are on, even if it wasn't your first choice. Have fun, meet new people and enjoy your time volunteering!"

The same holds true for community placements, of course. Anna Choi, Co-captain for Team Boys & Girls Club added, "You don't have to be perfect, but you need enthusiasm, which the children will appreciate and respond to."

Ashley Huffstetler Campbell and Jennifer Gottsegen, Team Training co-captains, believe that enthusiasm comes from perspective. They work to ensure that all their team members know the big picture of their placement and the JLR.





The point is that enthusiasm doesn't always come naturally. Some times you have to seek out inspiration. Talk to other volunteers, and hear their stories of impact. Look for Quick Impact opportunities that allow you to see direct community action—and children's smiling faces. Take the time to think about why your efforts matter to our League and to our community. Be inspired, and celebrate it!

"The JLR Zone"

In enjoying your League membership and its impact, you are an ambassador of the League. Yes, an ambassador, and it is no small task. You must talk proudly about what you do in the League and how the League serves the community.

If you've spent your time on "E is for Enthusiasm" you are ready to talk about what you do as a League volunteer, but you may not be ready to talk about the League as a whole.

"While we feel connected to our individual teams, the results [from the March 2008 Small Group Meeting surveys] reveal that some of us don't understand what other teams do or how those teams further our collective mission," Ashley, Co-captain of Team Training, said. As a result, Team Training will launch a new training series at each GMM titled JLR 101. The purpose is to help members better understand their role in our League and the League's role in this community.

Ashley explained that in order to be effective ambassadors for the League, we must all understand how our League functions and how our particular talents are being used to further the mission of the League. League leaders have challenged us to develop our own "elevator speech"—the two-minute response we might give to a friend or stranger who asks, "what is the Junior League of Raleigh?"

Virginia Yopp, League President, offered her perspective on the quintessential elevator speech: "The Junior League of Raleigh is an organization of 1,700 who are committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Since 2000, the target area of the Junior League of Raleigh has been promising youth. Our membership positively impacts the lives of children in our community through strategic partnerships and collaborations with other community agencies, volunteer placements and the community grants we award annually. The League has contributed more than \$820,000 to the community since 2000, along with more than 175,000 volunteer hours.

Since 1930, the Junior League of Raleigh has continued to give thousands of hours of volunteer service and has reached more than \$100,000 in annual gifts to the community. We have trained leaders to serve the community, not only within our organization of 1,700 women, but also for many other nonprofits. We will be able to extend our service even more through our new Junior League of Raleigh Center for Community Leadership at 711 Hillsborough Street. The Center will extend the League's mission and broaden its outreach to meet the space and training needs of our diverse and growing community. The League, along with various community leaders, see the Center as a crossroads where community members will come together to solve problems and spark positive change and as a neutral ground for networking and relationship building. A vibrant and accessible Center will elevate the level of collaboration and voluntarism to improve lives in our community.

JLR 101 is designed to help you develop your own elevator speech.

Be a part of this and other skills building throughout your membership. And don't' forget to contribute to this ongoing survival guide by e-mail tips and tricks to jennifer@ellingtonandassociates.com or swhitejlr@yahoo.com.











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DMISSIONS INFORMATION SESSIONS

Thursday, September 11 Tuesday, September 16 Wednesday, September 24 Tuesday, September 30

9:30 am 7:00 pm 9:30 am 7:00 pm

OPEN HOUSE Sunday, October 5, 2008 3:30 - 5:00 pm

KINDERGARTEN QUESTION & ANSWER SESSIONS Wednesday, October 15 9:30 am Thursday, October 16 9:30 am

HIGH SCHOOL FAIR & BOARDING SCHOOL FAIR Tuesday, October 7 7:00 - 9:00 pm





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