

REX BLOOD SERVICES
RALEIGH, NC 27607

COUNTRIES WITH TRAVEL RISKS

During the donation process, we ask about travel outside the United States or Canada within the past 3 years.

This is a list of countries to which many of our donors travel that are associated with some malaria risk. Travel to **some areas** in these countries **may** be cause for a 12 month deferral due to a risk of malaria exposure. If you traveled to any of these areas or have concerns about other travel locations, please contact the center with you exact travel destinations so we can determine your eligibility.

China
India
Mexico (including Cozumel and Cancun)

Most countries in the following continents have some risk:

Africa (except the countries bordering the Mediterranean Sea)
Central America
South America
Asia

For military personnel, there are risks in the following countries and there may be a 12 month deferral:

Afghanistan

For CJD Deferral, there are risks for travel in certain European countries. You would be deferred if you:

Spent time that adds up to 3 months or more in the United Kingdom from 1980 through 1996.

Spent a total of 6 months or more associated with a military base in any of the following countries:

From 1980 through 1990 in Belgium, the Netherlands, or Germany.

From 1980 through 1996 in Spain, Portugal, Turkey, Italy, or Greece.

Spent time that adds up to 5 years or more in Europe.