

Common Eligibility Criteria

You may be eligible to donate blood if you:

- Are 17 years of age or older

- Weigh at least 110 pounds

- Have received a tattoo at a licensed facility in the United States within the last 12 months

(Please check with a staff member or donor center for a list of acceptable states)

- Have not had cancer in the past 2 years, even if in remission.

(Basal cell carcinoma of the skin & cervical or breast cancer In-Situ accepted)

- Have not traveled to a malarial risk area within the past 12 months. [Click here](#) to learn more about countries with travel risks.

- Have not spent 3 months or more in The UK from 1980-1996

(England, Northern Ireland, Scotland, Wales, the Channel Islands, Isle of Man, Gibraltar, Falkland Islands)

- Have not spent more than 5 years in Europe since 1980

- Have not spent 6 months or more on a military base or associated with a military base in Belgium, the Netherlands or Germany from 1980 through 1990

- Have not spent 6 months or more on a military base or associated with a military base in Spain, Portugal, Turkey, Italy or Greece from 1980 through 1996

Please call Rex Blood Services for more information:

2709 Blue Ridge Road, Raleigh
(919) 784-4750