

BackPack Buddies

Food Donation Guidelines

Every week, participating children receive a bag filled with two proteins, two vegetables, one fruit, two milks, one juice, two breakfast items, two snacks, and two noodle dishes. Please help us fill the bag of a child in need!

We are in need of the following items:

- Individual size 100% juice boxes.
- Individual size shelf-stable milk boxes.
- Healthy snacks, such as cereal bars, granola bars, raisins, and peanut butter crackers.
- Individual breakfast items, such as oatmeal and grits.
- Canned proteins, such as of tuna, chicken, beans, pasta with meatballs, and soups or stews.
- Canned vegetables and fruit.
- Packaged noodle dishes, such as Easy Mac or ramen Noodles.

*** Please do not donate candy, chips, fruit drinks (i.e. Hi-C), single items from a multi-pack, or anything expired.*

**** We will also gladly collect any extra plastic grocery bags you may have.*

