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A PUBLICATION OF THE JUNIOR LEAGUE OF RALEIGH | JUNE 2013



You Rock!

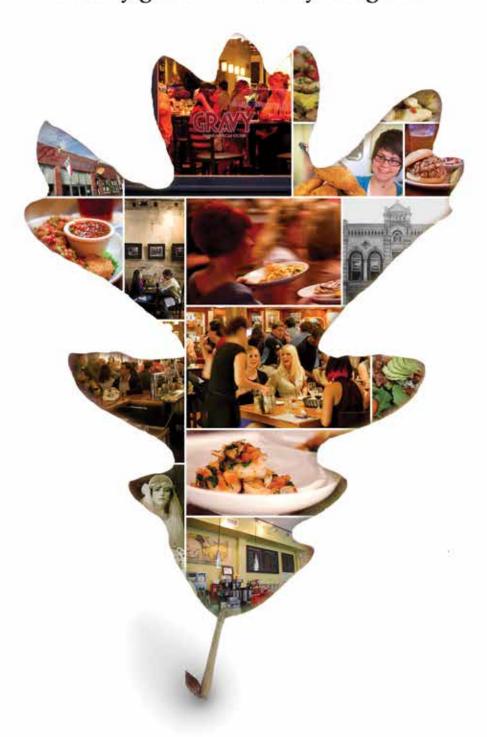
JLR 2013-2016 Strategic Plan pg. 4

JLR award winners pg. 26

Carol Bilbro inducted into Raleigh Hall of Fame pg. 29

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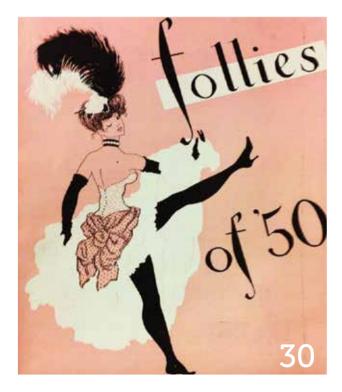
The Art of Eating















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2012-2013: ISSUE 3

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The Junior League of Raleigh is an organization of women committed to promoting volunteerism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers.

JUNIOR LEAGUE OF RALEIGH

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President's message



Thank you to the 2012-2013 Junior League of Raleigh Board of Directors

Dear Members,

Welcome to our final issue of the Link for 2012-2013. As you'll see in the pages ahead, we have had a fun-filled, fantastic and successful year. A sincere thank you to the 40 JLR teams of Provisionals, Actives and Transfers who were "hands-on" and pushed hard to set goals and execute their strategies. Huge gratitude to our Sustainers who provide gentle guidance and a wealth of resources to help the League grow and expand our reach to help improve our community. Thank you to Council members and Board members whose leadership was limitless this year. I am so very proud to serve with you.

I have said from the beginning, I believe the No. 1 role of the President is to continue to move the League forward. The strength of our League is knowing that there is always a healthy set of new leaders who will no doubt come after you with new ideas, new philosophies and a fresh new approach. The beauty is we will continue to grow and flourish year after year with this new energy. Isn't it exciting?! I knew this year would be a great training opportunity for me as well.

Here are a few lessons learned:

- Never underestimate the power of a few committed and passionate people. I have never felt so confident or empowered as when I was surrounded by JLR members.
- There is always room for growth and understanding when you consider another side or opinion other than your own. As motivational speaker Gail Perry would say, try on (a different hat) another idea just for a moment. Just try.
- · Only allow the things you care about to define you. A friend once told me, just because you make a mistake, don't let it define you. Learn from it, move on.
- · Always leave a gentle wake...

The Junior League of Raleigh is a powerful force of impact in our community. As a League member, be proud to be a member of this great organization.

My best to all of you,





Welcome 2013-2014 JLR Board!

Communications & Strategies

JLR 2013-2016 Strategic Plan: BORROWING EINSTEIN

he Bright Ideas team was excited to spend this year working on a full revision of the Junior League of Raleigh's Strategic Plan, which is revisited every three years to ensure the League is headed in the right direction and fulfilling its mission.

Throughout the revisioning process, the Bright Ideas team conducted research, seeking feedback from current and former leaders, the general membership and community advisors. The League's mission, vision and culture were evaluated and membership surveys reviewed. The final product was then vetted through JLR stakeholders, including the incoming and outgoing JLR Boards.

The new Strategic Plan provides guidelines and puts in place goals and strategies sectioned into five key areas of focus for the League (communications and strategies, community, funding and development, membership, training). It should be viewed as a fluid document with intertwining strategies and goals. Along with goals and strategies for each of the focus areas, three overarching primary goals were established. This is a new addition to previous JLR strategic plans. As the Bright Ideas team conducted research, the team found the need to establish a unified set of goals the League can focus on over the next three years as well as a



Lucy Austin

Bright Ideas Captain Katie Pollara presents the JLR 2013-2016 Strategic Plan to members at the May General Membership Meeting.

theme to help members identify with the plan.

The Junior League of Raleigh will strive to achieve the following goals:

- 1. Increase awareness of the JLR mission and the positive contributions we make to our community.
- 2. Provide a meaningful and engaging member experience that evolves in response to the changing needs of our membership.
- 3. Work toward greater financial stability and wisely allocate JLR resources, reinforcing our commitment to the community.

The theme of the plan is $E=mc^2$, which the team borrowed from Einstein! E=mc² represents an engaged membership working closely with and in service to our community connections. We believe this embodies the future success of the League and the core of this Strategic Plan. As members we must be engaged and working together in order to accomplish our goals and serve our community.

A full version of the JLR Strategic Plan for 2013-2016 can be found on the JLR website.



GRAPA Captain Jennifer Hoverstad, right, discusses logistics for the Judicial Panel and Reception with event leader and GRAPA Assistant Captain Cameron Graham



Sigma Theta Inc. Chief Deck-Brown spoke at the JLR's Women in Leadership breakfast at the CCL



Danielle Shuirman A photographer for the Link, Koren Townsend takes a rare turn in front of the camera at the Bargain Box's Frugal Fashion Show.



Koren Townsend Web Coordinator Catherine Hancock sets up a video camera for the May GMM.





Community



BackPack Buddies served 30 students at Lacy Elementary. From left: (Front row) Melissa Linn, Nancy Sobus, Amy Robinson, Ashley Owen, Katie Brewer, Alyson Tuck and Alicia Lewis; (Back row) Adria Spruell, Ashley Taylor, Jamie Parsons, Ashley Mills, Liz Riley-Young, Amber Liggon, Stacie Lindley, Kim Crouch and Amy Auth.

THANK YOU TO OUR BACKPACK BUDDIES SPONSORS!

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Team BackPack Buddies

By Marisa Bryant. Co-captain, BackPack Buddies

In just two short years as a placement, JLR's BackPack Buddies team has made huge strides in making sure as many children as possible at Lacy Elementary don't go hungry on weekends during the school year.

This school year, the team, which included 26 women, packed and delivered bags of healthy food to 30 students at Lacy who otherwise might not have had enough food to eat on the weekends, up from 25 students at the beginning of the school year. These children were identified by teachers and guidance counselors as being "food insecure," meaning they were not getting enough food to lead healthy, active lives. Unfortunately, not all students at Lacy who need the program are being served; one guidance counselor estimates that there are at least 100 students who truly need this food.

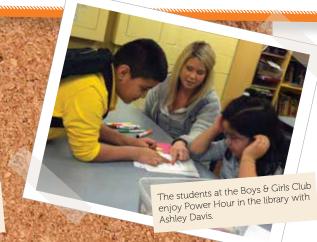
To help meet that need, the BackPack Buddies team worked hard to increase food and monetary donations. Thanks to the many League members and teams who held food drives, brought food to the November General Membership Meeting or placed food in the CCL workroom, the team has seen a huge increase in the amount of donated food this year. Throughout the year, the team has worked closely with Community Funding to secure grant funding for purchasing food from the Inter-Faith Food Shuttle.



BackPack Buddies also was the recipient of many generous donations this year, particularly those from GlaxoSmith-Kline and Empire Eats. For the second year in a row, GlaxoSmithKline chose JLR's BackPack Buddies program to receive a \$5,000 grant. Empire Eats, the Raleigh restaurant group owned Greg Hatem, whose wife Samantha Hatem is a League member, has been a generous donor to BackPack Buddies over the past two years. As a part of last year's Back-A-Buddy program, Empire Eats offered gift cards to those who made contributions to the BackPack Buddies program. This year, Empire Eats donated the \$10,000 proceeds from its 'Cuegrass Festival in April to BackPack Buddies. This gift will be used to increase the number of students served. Next school year, the League will be giving food to 50 students at Lacy!

Thanks to Empire Eats, GSK and other generous donors for their commitment to ensuring that every child in our community comes to school full, healthy and ready to learn!





Pulling Strings: Rex Healthcare grant helps Kids on the Block expand puppet cast

By Blair Miller, Staff Writer, and Jessica Proctor, Co-editor

hen you hear all that the Kids on the Block team has been up to, you'll see that the team, with almost 33 years of service, deserves a great big encore. A generous grant from Rex Healthcare and a close relationship with Raleigh resident Julie Flournoy has helped add puppets to its existing ensemble. The program's presence in schools has deepened and is reaching more students than ever. And the group is adding skits and appearances in schools, "in-League" and in the community.

Since the early 1980s, the Junior League of Raleigh has served the community through KOTB, which uses puppets and skits to teach children about various disabilities, with current topics including blindness, learning disabilities, cerebral palsy and bullying.

This year, KOTB reached a staggering 1,300 Wake County schoolchildren, primarily 2nd-graders. Each child attending a KOTB performance received a program letter to take home and share with their family.

"Seeing a KOTB performance is both fun and informative," said League President Pat Wilkins. "The puppets provide truthful and sometimes funny real-life challenges and how the 'kids' are able to overcome their disabilities in everyday situations, to help children with and without disabilities understand each other."

As visibility has grown for the program, support for it has grown as well. "We have received an outpouring of support from teachers, guidance counselors, students and parents," said KOTB Captain Chasta Hamilton. "In fact, at a February Small Group meeting, one attendee mentioned her most memorable League experience was seeing her son come home from school excited to discuss the KOTB puppet show."

At the beginning of the 2012-2013 League year, Rex Healthcare granted KOTB \$5,000 to bring 17 new puppets from the Junior League of Hamilton-Ontario, Canada to our League. The puppets, paid for in part through the Rex grant and in part through a \$1,500 contribution from Flournoy, are now happy at home as part of the JLR puppet team.

Flournoy, a non-League member, was an unexpected blessing for the program. "We started out the year wanting to empower the team's growth and promote Kids on the Block," Hamilton said. With this goal in mind, the team began to brainstorm ways to raise money to purchase new puppets and supplies, expand their program and further their community outreach. After exhausting many funding options, the team was prepared to begin pooling their own money when Flournoy learned of the Kids on the Block team.

Flournoy held an event at her store For Your Convenience to help the team raise funds for Mark, a puppet with cerebral palsy (the team then dedicated it in her son Stephen's memory). Shortly after Flournoy's party, the Rex grant was awarded.

"The Rex grant has helped us begin to fulfill our team's mission," Hamilton said, and opportunity for new puppets stretched from one to 17. Grant money, Hamilton said, will further promote the program, provide handouts to the students to take home to their families and gain more information to teach students about acceptance and tolerance.

Lisa Vanderberry, a League Sustainer and KOTB team member, said, "As a member of the KOTB team, a PTA volun-

teer and a mother of a child with special needs, I see Kids on the Block helping other kids know, at a very basic level, and at a time when they are beginning to notice differences between one another, that our differences are ok and should be accepted."

"The [Rex Healthcare] grant will help us reach out even further into the community to help develop compassion in young children," Vanderberry said.









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Capital Leadership Initiative wins Leadership Development Award

By Samantha Hatem, Communications & Strategies Vice President

ust three years after it was created, the Junior League of Raleigh's Capital Leadership Initiative was recognized by the Association of Junior Leagues International at its annual conference in May with the prestigious Leadership Development Award. The award came with a \$10,000 donation to JLR.

The program has trained more than 120 volunteers to be effective and skilled leaders in their communities, private lives and careers.

"We were honored to be chosen by AJLI for this award," said Pat Wilkins, the League's President. "This program has been significant for the Junior League of Raleigh and for the community because it furthers the mission of the Junior League to train and develop the potential of women and impact the community through the action of trained volunteers."

The Capital Leadership Initiative, which the League established three years ago, is an annual program that meets monthly throughout the League year. At each meeting, participants learn from guest speakers

from their respective disciplines educating them on what makes a good leader, including topics such as motivating volunteers, sitting on boards and managing fiscal calendars.

The League studied leadership development programs in 2008-2009 under the under the leadership of then-President Virginia Yopp and the guidance of League member Mary Blake. "We began by research-

ing existing programs that other Leagues already had in place, and then we looked at what programs were being offered in our community,"

Blake said

Capital Leadership Initiative

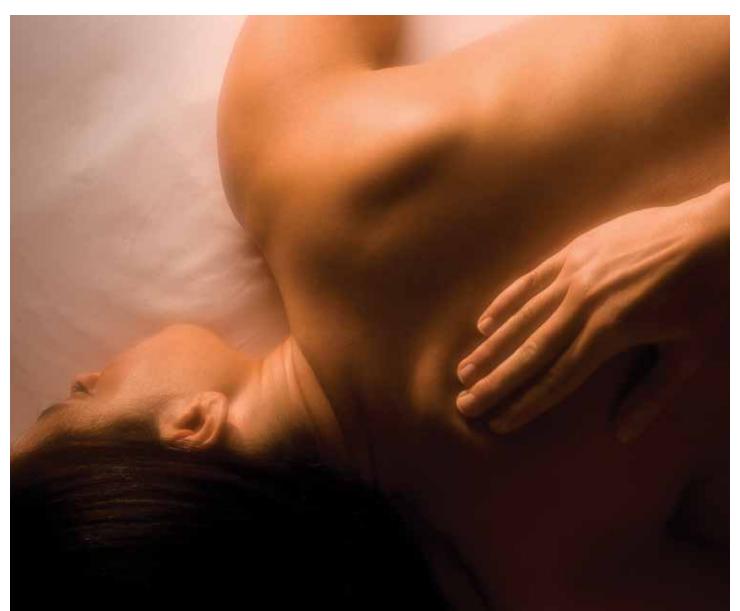
They found that most other programs focused more on making community connections and educating participants on the community and less on leadership training. "There wasn't anything out there for a woman to focus on developing her individual leadership skills and potential," Blake said. "The CLI allows each participant to build on her individual skill-sets."

The program got even more of a boost in the 2011-2012 League year when JLR partnered with Northwestern Mutual Financial, helping to make the program more accessible to area businesses, nonprofits and other North Carolina Junior Leagues by providing affordable leadership training to women. The cost is \$200 for non-League members and \$150 for League members.

"I couldn't be more thrilled for the Capital Leadership Initiative to win

this award from AJLI," Mary Blake said.
"I know those of us who worked on developing the program felt a great deal of gratification that the program had been recognized by AJLI. I can only hope that the graduates of the CLI program also felt some bit of satisfaction that the program had received this award, too, because, in some way, it seems to put a seal of approval on the program they devoted hours of their time to as participants."





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Funding & Development



A Shopping SPREE! 2012 smashed previous records, coming in at more than 35 percent over projected earnings. The team brought in 10 percent more revenue than any show in SPREE! history. Sponsorships were high, as was attendance at SPREE!'s premier event, the Preview Gala. Congratulations to the A Shopping SPREE! team on an exceptional job!

Co-captains – Katie Walker and Sarah White Assistant Co-captains – Kathleen Brown and Kristen Hoffman

EXECUTIVE TEAM

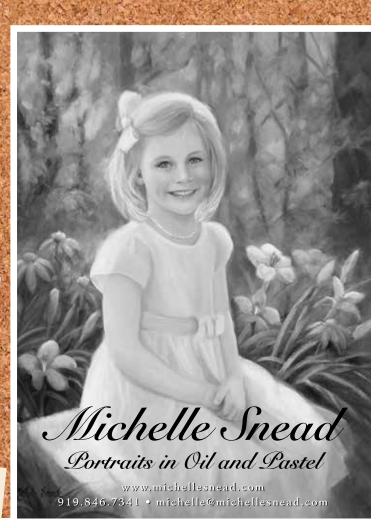
Jacklyn Braschler Kate Brown Kathleen Brown Rebecca Bue Sarah Calhoun Erika Chike Carly Crossland Allison Crumpler Molly DeCola Melissa Duncan Nanda Jones
Jenni Kinlaw
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DeLane Mitchell
Kate Nisbet
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Diane Schabinger
Kate Watson
Alison West



The A Shopping SPREE! team before the Preview Gala.



Braden Rawls, Carson Hilliard, Emily King and Abby Hammond scoped out the goodies at the silent auction held during A Shopping SPREE!'s Preview Gala.



NORTH CAROLINA GOVERNOR'S

From left: Inaugural Ball Co-chairs Virginia Yopp, Liza Roney, Emily

The 2013 Inaugural Ball was an unequivocal success. The team exceeded its goals for the year, both in revenue and ticket sales. In addition, the team raised a record amount in sponsorships. As Cindy Hodnett of the Winston-Salem Journal put it "It's been said that it takes a village to raise a child. But for an estimated 3,500 guests ... it also took a village to put on the 2013 North Carolina Governor's Inaugural Ball." Congratulations to the IB team for putting on a memorable and historic event!

> Co-chairs – Shayla Bradshaw, Emily Funderburk, Liza Roney and Virginia Yopp Honorary Co-chairs – Bob and Mary Brent Wright Assistants – Jennifer Maier and Meredith Robertson

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Thank you to donors who gave in honor of Mary Brent Wright, a JLR Past President and Honorary Co-chair of the 2013 Inaugural Ball.

Nancy H. Andrews Dorothea L. Bitler Linda Brown Douglas Dianne B. Davidian Sarah W. Fox Emily Funderburk Jill S. Gammon Jennie J. Hayman Greer D. Lysaght Virginia G. Parker Denise Parks Graham Satisky



Inaugural Ball Co-chairs Shayla Bradshaw, Liza Roney and Emily Funderburk at the the Council of State Reception.

Koren Townsend JLR Funding & Development Vice President Brooke Schmidt and her husband Mark get ready for the Gala Presentation.



Funderburk, Shayla Bradshaw and Mary Brent Wright with JLR President

Pat Wilkins. The Co-chairs and their team of 100 JLR members held five unforgettable events over two days, earning the team the JLR Team of

festivities at the Inaugural Ball.

Bardain Box Clothes and More by The Junior League of Raleigh in Cameron Village



Bargain Box Executive team members, Danielle Shuirman, Tatum Fitzgerald and Lanier McRee, along with JLR volunteer models Alexandria Judge-Lenkeit and Lyndsay Vaughn, get ready for the Frugal Finds Fashion Show.

Thinking Outside "the Box"

The Bargain Box team didn't stop at renovating the shop this year! The Bargain Box Executive Committee brainstormed ways to improve the shopping experience for clients, the donation process for members, the impact in the community and profits for the League. The team made an unprecedented number of changes, from a complete store renovation to new suggested donation months to extended Thursday hours (until 7 p.m.). The team gave Bargain Bucks vouchers to all the JLR Community teams to provide needed materials within their placements, focused on improving JLR member knowledge of the Bargain Bucks voucher program and improved the Bargain Bucks voucher experience for partner agencies. In addition, an updated website (www.BargainBoxRaleigh.org) provides information on store hours, holidays and annual sales as well as details on how and what to donate for member quota. Members will also enjoy using new, easy to remember email addresses to contact the Bargain Box's main services. Lastly, Judy Adams, manager for 20 years, retired in April. She will be missed and we thank her for the many years of service she gave. The Bargain Box team is pleased to announce that Nicholas Wenderhorst was promoted as the new store manager. He's already offered some great ideas, and next year's Executive Committee can't wait to implement them!

Co-captains – Lanier McRee and Danielle Shuirman Assistant Co-captains – Leighanne Blackmon and Sara Huddleston

EXECUTIVE TEAM

Ashleigh Black Nina Bostic Sarah Butler Jacks Tatum Fitzgerald NikkiAnn Gray Allison Jahh Hailey Hamalainen Rebecca Harrell Mariah Matheson Leslie Mize





NEW SUGGESTED DONATION MONTHS

January – A-B
February – C-D
March – E-G
April – H-I & Spring Provisionals
May – Open
June – J-L
July – M-N
August – O-Q
September R-S
October – T-U & Fall Provisionals
November V-Z
December – Open

Have questions about quota? Email Quota@jlraleigh.org.

Need vouchers for a family in need? Email BBXVouchers@jlraleigh.org.

Are you a member with pick-up privileges? Email BBXPickUp@jlraleigh.org.

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Doing it in style: Belk hosts 2nd annual Fashion Forward

By Jessica Kozma Proctor, Co-editor

or the second year, local retailer Belk opened its doors for an exclusive evening of fun and fashion. Fashion Forward, a coveted event of the Junior League of Raleigh's "cross partnership" with the major Southern retailer, yielded what members say describe as a magical "girls' night out." Champagne flowed as members enjoyed Laura Mercier makeovers, a chance to meet designer Karen Kane and a fashion show with lots of cheers.

"It made for a very fun girls' night out," said League member Amanda Laney. "The Belk event gave me a great opportunity to preview Karen Kane's spring fashion line as well as spend time with my fellow League friends."

More than 430 tickets were sold for the event. This year's event had a significant increase in participation; ticket sales increased by 20 percent from the inaugural Fashion Forward event held in 2012.

And it was last year the League and the 124-year-old retailer joined into a "cross partnership" weaving Belk's presence and support into the daily life of the League. This year, Belk contributed nearly \$35,000 to the League, served as A Shopping SPREE! sponsor, and, of course, hosted Fashion Forward.

The event on March 10 at Belk Crabtree Mall wrapped up what many consider a stellar beginning to what many hope is a long relationship between Belk and the League.

"We have enjoyed our community partnership with Belk this League year," said JLR President Pat Wilkins. "Belk has been a part of every success of the League this year. From advertising in the Link magazine to sponsoring A Shopping SPREE!, Inaugural Ball, Fashion Forward and the May Annual Meeting, Belk has a proven commitment to making Wake County a better place by supporting women's leadership development and the Junior League of Raleigh."

League member Courtney Worley says the entirety of the event, from its hors d'oeuvres to models to makeovers, made it a memorable evening.

"The JLR Belk Fashion event was a great girl's night out," Worley said. "The models did an outstanding job showcasing the latest fashions and the Laura Mercier make-up artists provided refreshing make-up tips for spring. The food, from the chicken salad tarts to the unique presentation of a southern favorite, barbecue and coleslaw, was fabulous."

Belk, which has 301 stores in 16 states, is the country's largest privately owned department store company. Founded in 1888 in Monroe, Belk has formed several cross-partnerships with Leagues throughout the Southeast, including the Junior League of Charlotte and the Junior League of Atlanta.

Staff writer Blair Miller contributed to this story.



From left: Fashion Forward Co-captain Natalie Yakopec,







Joanna Rojas is greeted by Provisionals Juvon Legare, Jennifer Lynch and Meg Bernstien while Carolina Pendleton prepares goodie bags



From left: Provisionals Heather Moore, Alicia Heaney and Jennifer Marsh greet attendees at the entrance to Fashion Forward.

Answers to your questions about the Capital Campaign

By Liz Hammer, Capital Campaign Member

s a member of the Capital Campaign team, I've gotten several questions about the current campaign. Here are several of the most common questions and answers in case you find yourself wondering something similar.

FIRST THINGS FIRST: Why are we initiating a Capital Campaign?

Since opening the doors of the Center for Community Leadership in 2010, the Junior League has

worked diligently to train members, nonprofit staff and women from all walks of life as effective community leaders. We've also been taking

> care of business - our building is completely leased, we've completed all major construction, and we refinanced our loan. Our next goal is to pay off the mortgage on the building, leaving the League debt free and able to pour more resources into the community.

YOUR ROLE: Why contribute to the campaign?

The answer to this one is "it depends." It's a personal choice to give and personal reasons vary. Here are three I've heard most often:

"I believe in the mission and efforts of the Junior League

of Raleigh and want to do everything in my power to support the organization." Relieving our financial obligations will allow us to focus even more on what we do best - train and deploy volunteers into the community. It is a long-term investment in an organization with big goals for the future.

"I want to help the League do more for its community partners." After the successful completion of this campaign, we estimate the League will be able to contribute at least \$125,000 per year to the community through

expanding our existing programs, creating new programs and distributing money through grants and gifts. In addition, we will be able to go back to our historic tradition of awarding community grants of \$65,000 a year. In short, we will be able to distribute nearly \$200,000 per year to the people we serve in the community. That's more meals for BackPack Buddies. More resources for kids through AWCM, Boys & Girls Club, Heritage Park and StepUp. More Quick Impact projects for more community projects.

"I understand the importance of 100 percent participation in this effort and want to be sure to do my part." Want to know why 100 percent matters? Check out the next question and answer below.

ALL IN: Why does 100 percent member participation matter?

We will reach our \$3 million goal through a combination of member gifts and community ones. However, according to fundraising experts, our solicitation of area companies and foundations is strongest when we can communicate that our members stand behind what we're doing - and have committed to the campaign themselves. Where do we stand? We started at 20 percent participation and after our March GMM that number grew to 45 percent. (Thank you to those of you who took action!) We're making progress, but need everyone's help to reach our goal.

Okay, I get it. I'm on board. Now, what?

What we ask of you is that you give your best gift. It might be \$100, \$1,000 or \$10,000. Whatever it is, give what you can. There are three easy ways to make your gift: donate online at ilraleigh.org, mail a check to the CCL with "Capital Campaign" in the notes or call Jill Kuykendall at 919-787-7480 to make a donation over the phone. We ask that all members make a donation - or make a pledge for a donation - by July 1. Make yours today!



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Membership

Making smiles one pound cake at a time Taking Care of Members is here for you

By Blair Miller, Staff Writer

or the members of Taking Care of Members, it's all about joys and sorrows. And pound cake. TCOM's role in the Junior League of Raleigh is to support League members through a slate of rites of passage: births, deaths,

engagements, marriages. Their reach can occasionally be so intuned that one might get a phone call or token gift for running a marathon or getting a new home or job.

"TCOM is a simple way to let members know that their jobs and concerns are important and recognized by the League," said Kelly Shoak, the 2011-2012 TCOM Captain.

Over the years TCOM has had different "gestures:" casseroles, flowers, baby bibs, blankets and lots of handwritten notes to comfort and connect with members. But the pound cake has reigned supreme. The recipe comes from the JLR's "You're Invited" cookbook. TCOM Captain Julie Whitlock says that offering the pound cake gives TCOM a "signature" item to share with members. "And the pound cake is delicious," she says.

Cakes aside, TCOM is much more than a pound cake bakery.

"Pound cakes still remain our signature item, but we focused more this year on providing what the member needs, whether that's a pound cake, a dinner or just someone to talk to about what they're going through," Whitlock said.

Year to year, TCOM reaches around 150 members, and it relies on members giving heads ups to connect the team with members. Members say they enjoy the support.

"We received so many emails and letters thanking TCOM members for their thoughtfulness," Schoaff said. "At the end of the day, JLR members give so much of their time; it is such a welcomed comfort when we share in each other's lives."

The team hopes to be able to touch members' lives in the best of times. Unfortunately though, sometimes it's a sorrowful experience, including the loss of a loved one or pet, job loss, family challenges, personal illness or injury that brings a supportive phone call or gesture.

"We want members to know that TCOM reaches out for just about any reason," said Amanda Moore, TCOM member. "Sometimes it is happy, sometimes to say congratulations, and sometimes it is to say how sorry we are for something sad. Every time we contact a member, we get to see the difference we can make. People are always happy that the League is making an effort to reach out."

This is the first year that members could reach the TCOM team directly through the JLR website. In years past, TCOM learned of joys and concerns solely through word of mouth, but now it is easy for a member to inform the team of an event.

"We want to connect to members, but what we don't know, we don't know," Moore said. "We rely on members to let us know about what is going on with other member's lives. If someone doesn't notify TCOM, we can't share in their joys or the sorrows."

Need to share a sorrow or blessing for you or a JLR member? Contact TCOM via email at tcom@jlraleigh.org



CLASSIC SOUTHERN POUND CAKE FROM "YOU'RE INVITED"

"A staple at church and family events, pound cake takes its name from the tradition of tossing in a pound of everything, from butter to flour, to

3 cups all-purpose flour

34 teaspoon baking powder

¼ teaspoon salt

1 cup butter, softened

½ cup shortening

3 cups sugar

6 eggs, at room temperature

1 cup evaporated milk

1 teaspoon lemon extract

1 teaspoon vanilla extract

Preheat oven to 325 degrees. Sift together flour, baking powder and salt. Set aside. Cream butter, shortening and sugar. Beat until light and fluffy. Add eggs, one at a time, beating well after each addition. Add flour mixture alternately with evaporated milk. Mix well after each addition. tion. Stir in lemon extract and vanilla. Spoon batter into a greased and floured tube pan. Bake in center of oven for 1 hour and 20 minutes or until wooden pick inserted in center of cake comes out clean. Cool in pan for 15 minutes. Remove to wire rack and cool completely.



Austin - Lyndsay Daiby - Lynette McEvoy - Margaret An via McLeod - Team Bright Ideas

manda Moore + Arny Odom Caitlin Dillon · Cameron Graham · Chancy Kapp · Christi Standley • DeShelia Spann • Hannah Graham • Harriet Stephenson • Jessica Proctor • KC Griffin • Koren Townsend • Lauren Rawls Lisa Hall + Lisa McQueen + Lisa Vanderberry • Lori Osgood • Lucy Austin • Maeve Gardner · Sara Wein · Tamara Whiting

Adria McGlamery • Amanda Comeaux • Amelia Haves Ashley Mills • Ashley Parker • Astra Barnes • Bethany Perkins · Blair Coppedge · Caroline Russell · Cathy Hallam · Cherilyn Sammis . Claire See . Erin Elizabeth Hamlett . Fleming Fuller · Hilary Allen · Jacqueline Morgan · Jennifer Hammond Jessica Throneburg • Jill Kuykendall • Julie Whitlock • Kaler Walker • Kimberly Smith • Lanier McRee • Laura E. Smith • Laura Parker • Lauren Smith • Lee Veit • Lizzie Graybill • Mary Jo Frantz • Meagan O'Dowd • Meg Venters • Michele DeFoe • Michelle Keaton-Barrow • Mitzi Downing • Morgan Tucker • Natalie Yakopec • Nicole Jarvis-Miller • Nicole Martin Nicole Nesheim - Nikiann Gray - Nikki Howard - Randi Ligon · Samantha Hatem · Sarah Copley · Sarah Jacks · Selene Brent • Shirley O'Donnell • Spring MDC Members • Stevie Stephens • Susan Deihl • Tatum Fitzgerald • The Belk Team

03

02

Ashley McMillan - BBOX Team Adrienne Bohannon • Allie Hartnett • Andrea Niehaus-Barnes • Anna BBOX Team Staff • Catherine Hancock Danielle Greene - Danielle Shuirman

· Elizabeth Rainey · Jennie Hendrix · Jennifer Gottsegen • Jessica Proctor • Jina Propst • Julia McCullough • Julie Leary • Julie Whitlock • Kelly Doggett - Lanier McRee - Lindsay Beth Gunter • Lisa Rondina • Lorrinda Michieka • Lucy Austin • Melissa Hayes • Rebekah Laney • Tricia Kolb

Eaves • Ashley Campbell • Catherine Hancock • Christina Coffey Christine Hutchens • Courtney Worley • Cristen Vaughn • Danielli Greene • Danielle Shuirman • DeLane Mitchell • Denise Stewart Elisabeth McMahon • Harvest Team Members • Hilary Allen • Jean English • Jean Gray Mohs • Jen Hoverstad • Jenni Kinlaw • Jennifer Westcott • Jennifer Woodhull-Smith • Jessica Proctor • Jocelyn Fina • Julia McCullough • Julie Ploscyca • Kathleen Brown • Katie Little • Katie Polara • Katie Tibbitts • KC Griffin • Kelly Gold • Korer Townsend + Lanier McRee + Leslie Rand-Pickett + Lori Osgood Martha Gehring • Melissa Hayes • Meredith Cross • Nikiann Gray • Randi Ligon • Sara Perdue • Shannon Helm • Sybil Harrington

Alicia Frazee · Allie Hartnett · Allison Eckstein · Amanda Comeaux • Amanda Guillois • Amanda Karam Laney Andrea Arnold • Andrea Niehaus-Bames • Angle Johnson • Annette Anderson • Ashlegh Cranford • Brooke Bitter • Caitlin Dillon • Catherine Hancock • Denise Stewart • Donna Hovis • Elitzabeth Desmond • Elizabeth O'Quinn • Emily Hodges • Erica Anderson • Gina Macaluso • IB Team • Jane Jordan • Jean Gray Mohs • Jennifer Dzurovcin • Jenny Adams • Jenny Feddycord • Julie Hampton • Kaler Walker • Katle Schottmiller • Kelly Lundin • Koren Townsend • Krista Nowakowski • Kristin Krutson • Krystal Nowak • Laura Smith • Lauren Smith • Lestie Young • Liz Watson • Lynette McEvoy • Mariah Matheson • Mary Adelaide Riddick • Mary Gray Hutchison • Mary Hemmelgam • Meg Ergenzinger • Meg Venters • Mitzi Downing • Morgan Tew • Nancy Sobus • Natalie Schoeny • Noa Goren • Prudence Scott • Rachel Aiken Ronda Bazley Moore - Sara Huddleston - Sara Van Asch -Sarah White - Toni Cooper - Vachelle Willis - Winnie Bolton

05

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From left: Meredith Keyes, Teresa Waterman of Bland Landscaping, Abby Seats and Elizabeth Strickland spread mulch on the front lawn at the CCL.





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a chance to connect

By Sandra Johnson, Staff Writer

ach year, hundreds of Junior League of Raleigh members gather for the League's six General Membership Meetings. ■This year, four of the six GMMs were hosted in a large, convention-style setting with inspiring national and local keynote speakers. The remaining two GMMs were small group meetings located in the homes of members or other intimate settings.

Small group meetings are held throughout Wake County, designed so that no member has to travel too far from home or work to attend. Member Kim Keith often hosts a small group at her workplace, the Kerr Family YMCA, where she is an associate executive director.

"I love inviting people into my place of work," Keith said. "I love that the people who attend (the small groups) either live near or work near the Y, so I get to see who lives and works in my community."

Arrangements Co-captain Amanda Laney says these meetings are the members favorite GMMs. In fact, 43 percent of JLR Active members selected small groups as their favorite meeting setting during the 2011 JLR membership survey.

"The small groups allow members to discuss upcoming events and current issues within our League on a much smaller scale and allows the League to collect feedback from members," Laney said.

Small groups give members an opportunity to connect to the League on a more personal level. Lisa Qualls, a JLR Overactive member who lives in Cary, has hosted 10 to 14 small group meetings in her League career.

Small group meetings serve as a favorite for both the hostesses and attendees. "It feels more social when I host," Qualls said. "Being the hostess, I feel obligated to meet everyone who came. When I go to a meeting, I usually just introduce myself to the hostess and the women I sit next to."

There is ample opportunity for members to help with small groups. As locales are selected



across the county, homes both big and small are fertile ground. One member leads the meeting at each location: a great leadership training opportunity!





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2012-2013 JLR award winners Outstanding League members recognized

PROVISIONAL OF THE YEAR Kimberly Spence Linkous



Koren Townsend From left: Drew Linkous, Kimberly Spence Linkous, Sandy Spence and Roger Spence.

DARLENE SHELTON OUTSTANDING FIRST-YEAR ACTIVE AWARD

Elizabeth O'Quinn

Membership Development Committee



Koren Townsend From left: Jason O'Quinn, Elizabeth O'Quinn, Mary-Ellen Frazier, Ellen Frazier and Carl Frazier.

FOUNDATION AWARD Martha Gehring Transfer Captain



Koren Townsend From left: (Back row) Greg Cope and Jay Haskin; (Front row) Sarah Cope, Jaimie Cope, Martha Gehring, Jayln Haskin, Laura Jones, Joan Haskin and Fred Haskin.

LEGACY AWARD Lanier McRee & Danielle Shuirman Bargain Box Co-captains



Koren Townsend From left: Scott Davis, Lanier McRee, Eli Shuirman, Danielle Shuirman and Ryan Shuirman.

LIFELONG MEMBER AWARD

Kathryn West Community Vice President



Koren Townsend From left: Pat West, Skipper West, Kate Weston, Kathryn West, Owen Weston, Debbie West and Tricia West Weston

GUARDIAN AWARD

Kelsie Johnson Heritage Park Co-Captain



Koren Townsend From left: Robert Britt, Jerry Johnson, Kelsie Johnson, Von Johnson, Jean Smith, Lois Johnson, Trevor Johnson and James Johnson.

SUSTAINER LEGACY AWARD Debbie Pappas Chorus Co-captain



Koren Townsend Debbie Pappas and husband Bill Pappas

SUSTAINER OF THE YEAR AWARD

Virginia Yopp Inaugural Ball Co-captain



Koren Townsend Virginia Yopp and husband David Yopp

TEAM OF THE YEAR AWARD

Inaugural Ball

Co-captains Shayla Bradshaw, Emily Funderburk, Liza Roney and Virginia Yopp



From left: Joe Roney, Gunn Roney, Georgia Roney, Betts Roney, Liza Roney, Carolyn Pittman, Patrick Funderburk, Emily Funderburk, Pat Funderburk, "Little" David Yopp, David Yopp, Virginia Yopp, Davis Bradshaw, William Bradshaw, Shayla Bradshaw, Carolina Bradshaw, and Sherry Kirchin.

MEMBER OF THE YEAR AWARD

Hilary Allen Member-at-Large



From left: Liz Smith, Blair Coppedge, Astra Barnes, Jenna Leissner, Emily Phillips, Camden Roessler, Hilary Allen, Megan Luce, Maxine Allen and Danny Allen.



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LIVING TRADITION:

SUSTAINERS WELCOMED TO ANNUAL LUNCHEON AT GOVERNOR'S MANSION

By Jessica Kozma Proctor, Co-editor

or Sustainer Captain Caroline Russell, the Junior
League of Raleigh's annual Sustainer luncheon is all
about friendship, fellowship and some tasty eats.

"I love having the opportunity to spend time with a
group of women who have invested their time in the
community and appreciate the importance of that,"

community and appreciate the importance of that,"
Russell said. "To have an hour and a half to stop and spend time in good company with delicious food in a lovely environment is a wonderful treat."

Tradition, fellowship and tasty eats abounded at this year's luncheon, held April 18 at the N.C. Executive Mansion. In its 38th year at the Governor's Mansion, nearly 100 guests enjoyed the opulent venue of the Mansion's neoclassical interior on a spring day perfectly suited to celebrate our League's Sustainers.

Guests enjoyed a green salad with strawberries, followed by roasted chicken breast with seared zucchini and spinach bread pudding. A diet-busting chocolate torte finished the meal. As guests finished up dessert, Gov. Pat McCrory welcomed Sustainers and thanked the League for hosting the 2013 North Carolina Governor's Inaugural Ball.

"Enjoy our home," McCrory said. "And thank you for all you did with the Ball." $\,$

The League's presence is deeply "rooted" at the Governor's Mansion. In 1985, the League donated \$50,000 in proceeds from that year's Inaugural Ball to create the South Garden on mansion grounds. In return for the gift, then first lady Dottie Martin promised Carolyn Anders, the 1984-1985 League President, that the League could hold its annual Sustainer luncheon at the mansion ... en perpetuity.

From there this great tradition was born.

The Executive Mansion was built in the 1880s on what was then Raleigh's Burke Square, after an appropriation by the N. C. General Assembly. Constructed as a true Victorian, prison labor built the mansion. Since its completion, there have been few changes to the mansion's Victorian exterior. One tidbit to note about the mansion: many of the bricks that pave the sidewalks and other areas of the mansion are inscribed with the names of individual prison laborers who created them.



Koren Townsend

JLR President Pat Wilkins, Gov. Pat McCrory, Inaugural Ball Co-chair Emily Funderburk, Inaugural Ball Co-chair and Sustainer Virginia Yopp and Chorus Co-captain Debbie Pappas.



Koren Townsend

From left: JLR Past President Melissa Matton, Judy Hill and Jennifer Gwazdauskas.



Koren Townsend

From left: Angela Sutton, Kim Underwood and Melanie Turner.

A HEALING HAND:

CAROL BILBRO INDUCTED INTO THE RALEIGH HALL OF FAME

By Cecily Hughes, Assistant Co-editor



unior League of Raleigh Past President Carol Bilbro is a long way from her first year as a community volunteer. After 40 years of service to her Raleigh community, the recent Raleigh Hall of Fame inductee is still going strong. She says the League is a big part of who she is

"During my 25 years as a Sustainer,

my favorite part has been watching the League become such an important resource of professional volunteers in the city," Bilbro said.

Bilbro's legacy is well woven in to the community. Passionate about several causes, but most importantly passionate about her community, Bilbro has landed into numerous leadership positions from board service to program development to fundraising— in her 40 years as a volunteer.

In October, Bilbro and her husband Dr. Robert Bilbro were inducted into the Raleigh Hall of Fame. An exhaustive slate of criteria is used to select inductees, including the inductee's efforts that have "enduring value and lasting importance."

With her husband, Bilbro raised almost \$200,000 for The Healing Place for Women in Wake County, where she serves on its advisory board. Committed to the mission of The Healing Place, Bilbro also chaired a fundraising committee that raised \$125,000 for The Healing Place for Men in Wake County. Both programs assist the drug and alcohol addicted homeless to remake their lives to be productive, sober and employable.

And that's just a sample of a long and penetrating volunteer presence in her community. A passion for the performing arts has landed Bilbro on several boards, including the City of Raleigh Arts Commission, Raleigh Chamber Music Guild, Raleigh Conservatory of Music and Wake County Arts Council (now known as The United Arts Council of Raleigh & Wake County). She has also served as president of the Raleigh Fine Arts Society. Combining her love of the arts and education, Bilbro developed an art appreciation course for elementary students and also chaired the Opera in the Schools program.

The daughter of the late F. Carter Williams, a highly regarded North Carolina architect whose firm completed hundreds of projects throughout the state, including the renovation of the North Carolina Governor's Mansion (where Bilbro would later serve as a docent for 20 years), Bilbro grew up in Raleigh and graduated from Needham B. Broughton High School. She attended Duke University for both undergraduate and graduate school and served as president of her Junior Class and was a member of the Kappa Delta sorority. She also held the title of Miss Raleigh in 1960, and she was first runner-up in the Miss North Carolina pageant that same year.

Bilbro joined the League in 1976 and guickly took on leadership roles such as the parliamentarian and chairman of the Ways and Means Committee. She was President of the League in 1981-1982, and she became a League Sustainer in the 1990s. Her daughter, Kathryn, also is a Sustaining member of the League.

CAROL THROUGH HER DAUGHTER'S EYES

By Kathryn Williams, JLR Sustainer

Thever planned on settling down in the same city as my parents. I wanted to start my family far away where no one would ever call me 'Carol's daughter' or assume that I was as glamorous or extroverted as she. Yet, we are now neighbors, and I am following her example in so many ways – as a wife, a mother and a community volunteer. Growing up, I never thought there was anything extraordinary about my mother; she was just always around - at every appointment, every school event, every rehearsal, every recital, every practice, every game. She taught piano and served in PTA, she coordinated the music at church, she served on lots of boards. I just figured that's what all good moms did. There were times in high school when I wished she wasn't around so much - she traveled with our show choir to every performance, always helping with safety pins, hairspray and lipstick backstage. She even had her own red phone line because she talked on the phone so much when she was President of the Junior League. We called it the 'hot line!' She always looked perfect; she once told me, "Never leave the house without a little color on your lips," and she never did.

As I have gotten older, I have begun to realize that what my mother

has given, not just to our family, but to so many others in our community, is really extraordinary. Her passion and her energy are boundless, and her ability to juggle so many activities simultaneously

Samantha Hatem Sustainer Kathryn Williams (left) and her mother Carol Bilbro

and connect with literally hundreds of people on a personal level continue to astound me. She is a wonder at event planning and public relations, and although we tease her about never being able to say 'no,' her generosity and thoughtfulness are two of her greatest strengths. As I write this, my parents are getting ready to celebrate their 50th wedding anniversary, and I attribute much of their happiness over the years to my mother's grace, her kind heart and her ability to cherish each moment. She inspires me in so many ways, and when people sometimes get us confused and call me 'Carol' today, I am incredibly proud to tell them that I'm her daughter.

FINE STROKES:

ARTIST AND JLR MEMBER PRIMROSE PASCHAL

By Mariah Matheson, Staff Writer

Buried deep in the Junior League of Raleigh's archives is the story of a member who is today considered among North Carolina's most notable artists: Primrose McPherson Paschal. And her masterpiece is the iconic "Beulah's Baby." A trea-

sure for our state—the piece currently hangs at the North Carolina Museum of Art—"Beulah's Baby" is among the most reproduced paintings in popular culture and is revered by the African-American art community.

Sometimes referred to as the "Black Madonna," the painting's beginning was apolitical and quite simple, winning the North Carolina State Art Society prize in 1948. A lawyer's wife, portraitist and Junior League of Raleigh member, Primrose mostly painted family members and

notable Raleigh locals. Beulah, a housemaid whom Primrose also considered a friend, was painted by Primrose with a passion and depth immediately recognizable upon viewing the painting.

The painting is filled with haunting symbolism: a chipped tea cup represents the mother's dower mood, flowers in full bloom represent the viewer's anticipation and a child's innocent gaze represents hope for the future.

Paschal described herself as a "romantic realist." "I don't take realism and mold it to my ideas...what I'm trying to do is to use realism creatively," Paschal said in a 1967 interview.

Born in 1915, Paschal grew up just on the edge of downtown Raleigh on Hillsborough Street. $\label{eq:hillsborough} % \begin{subarray}{l} \end{subarray} % \b$

In 1929, she entered Peace Institute, which was then a preparatory school. At Peace, Primrose studied under a Paristrained artist before attending the prestigious Parsons School of Fine Art in New York City. From there, she launched her career as a children's book illustrator and portraitist.

Turning down a scholarship to study art in Paris, Primrose returned to Raleigh after college to teach art. She married briefly

after World War II, leaving Raleigh after her estrangement for sunny—and social—days in Key West. While in Florida, Primrose ran with the glossy, intellectual crowd of the day: socializing even with Ernest Hemingway, who, according to family, welcomed her

into his home.

And it was while in Key West that Primrose began a special correspondence with a handsome, young Duke University law professor named (Joel) Francis Paschal (whom she incidentally met at a League function). Francis took a shine to Paschal, wooing her by sending a copy of the Raleigh Times newspaper every day: a charming gesture for the social and smart Paschal, who wanted to keep up with her hometown. Francis was equally

accomplished and well suited for Primrose. Nicknamed "Fatty" despite his slender build, the Princeton University graduate and constitutional law attorney later served in 1963 as the chairman of the North Carolina Advisory Committee to the Civil Rights Commission, which reviewed equal protection rights under the laws of North Carolina. They married on Francis' parents' anniversary, December 21, 1949 and enjoyed a rich and happy marriage until his death in 1991.

Primrose used her talents for her community. She frequently painted party illustrations, created caricatures of her book club, and she painted set designs for the Raleigh Little Theatre. Primrose's niece by marriage, Houston Paschal said that Primrose was especially dedicated to the League. Primrose performed in the JLR's Follies of 1950 and illustrated the program cover. She also served as Captain of the predecessor to Kids on the Block and attended a national puppet convention in Chicago in 1950.

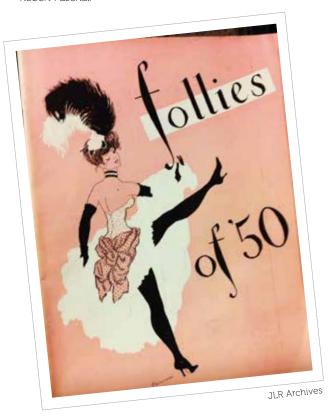
Robert Paschal, brother of Houston Paschal, remembers Primrose as "a small framed woman of five feet tall and 100 pounds with more energy than a power plant." Both Primrose and Francis

loved lively dinner table conversation and did not hesitate to challenge people they disagreed with. Robert describes her as a "blast coming across the dinner table." Beautifully moody and intellectual, Primrose was a woman who enjoyed cocktails, Socratic discourse, Camel cigarettes and entertaining.

Her legacy as a member of the Junior League, the Raleigh community and a prominent family is rich enough to endure through the generations. Although she passed away in 1998, she is remembered as a fiery hostess with a flair for conversation and style, well regarded by family and those socially connected to her life. But her opus, the serene and mysterious "Beulah's Baby," launched an icon of African-American culture and art, even as a white lawyer's wife. And that legacy will forever live in the books of eager art history students and the hearts of adoring fans, knowing Primrose only through her paint strokes.

Source: William P. McPherson, Primrose: the Art and Life of Primrose McPherson Paschal (Raleigh, North Carolina: Zubiographics, 1996).

Many thanks to Marguerite Paschal, Houston Paschal and Robert Paschal.



Follies of '50 Illustration.



Courtesy of the North Carolina Museum of Art Primrose McPherson Paschal, Beulah's Baby, 1948, oil on canvas, 30 x 25 in., North Carolina Museum of Art, purchased with funds from the North Carolina State Art Society (Robert F. Phifer Bequest).

Before A Shopping SPREE!, the Follies was a variety show that served as the JLR's main fundraiser. Some Leagues still perform Follies. In its heyday, the JLR would hire entertainment companies from across the country to come to Raleigh to train JLR members how to sing, dance and act. The Follies was the toast of the town, and many Follies' rehearsals, updates and performances were given full press in the Raleigh Times (now The News & Observer).

SUSTAINING DAYS: SUSTAINERS ENJOY ACTIVE YEAR

A LETTER FROM SUSTAINER CAPTAIN CAROLINE RUSSELL

his has been a fantastic year to be a Sustainer. Because I am so fond of working as a team, I founded the Sustainer Advisory Council. A great group of ladies served for our 2012-2013 year, including Megg Rader, Graham Satisky, Robin Kennedy, Amy Watkins, Patti Benedict, Holly Laird and Marla Turlington. We met in August to plan the following events:

OCTOBER 9: N.C. Museum of History. We had a special tour of the "Gone with the Wind" exhibit. It was a rainy, cold day, and many Sustainers chose to stay home and watch the movie, I believe.

DURING A SHOPPING SPREE!: A Shopping SPREE! greeter shifts were available for Sustainers.

DECEMBER 18: Sustainer Tea at Annette Anderson's house. Arrangements did everything, and it was wonderful. The food was fantastic, and it was a great holiday event. We collected around \$1,000 in gift cards for our community agencies.

FEBRUARY 12: N.C. Museum of Natural Sciences Titanic exhibit. Marla Turlington organized this event. We preregistered for

the tour and lunch. We had about 20 people, including a stray husband who got roped into going! It was a beautiful day, and we really enjoyed ourselves. I believe we set a record as the most deliberate tourists of the exhibit, spending about two hours there. Thankfully, our wraps and guinoa salad held up well for our late lunch in the Turlington Room in the new wing of the museum. MARCH 1: First Friday Artwalk. Graham and Robin Kennedy organized this event. Sustainer Shade Maret gave us a tour of her Artspace studio after snacks and drinks at the United Arts office. APRIL 18: Sustainer Luncheon at the Governor's Mansion. A crowd of almost 100 women enjoyed their delicious luncheon of artesian lettuce with strawberries, grilled chicken over spinach, bread pudding and chocolate torte. It was delicious. A surprise visit from Gov. Pat McCrorv almost distracted us from our food. Sustainer Award winners Virginia Yopp and Debbie Pappas attended with their husbands.

Coastal seafood makes summer suppers a spontaneous celebration

By Jessica Kozma Proctor, Co-editor

We are well into the days of summer, It's a time that for many in Raleigh means more hazy than lazy days. And nothing beats the sticky summer heat in Raleigh like beloved summer beach vacations! This summer, take some inspiration from the lunior League of Raleigh's "Your Invited Back" and enjoy some delectable mahimahi with avocadomelon salsa. These flavors will delight friends and family during those-truly-lazy nights

enjoying the picturesque North

Carolina coast.

Mahimahi with Avocado-Melon Solso

1 small avocado, chopped
1 cup (1/3 inch) cubes cantaloupe
1/4 cup chopped red onion
1/3 cup fresh cilantro, chopped
3 tablespoons fresh lime juice
3/4 teaspoon grated lime zest

Mahimahi
4 (6-ounce) mahimahi filets
1 tablespoon extra virgin olive oil
3 tablespoons Jamaican Jerk seasoning
Hot cooked rice
Salt and pepper to taste

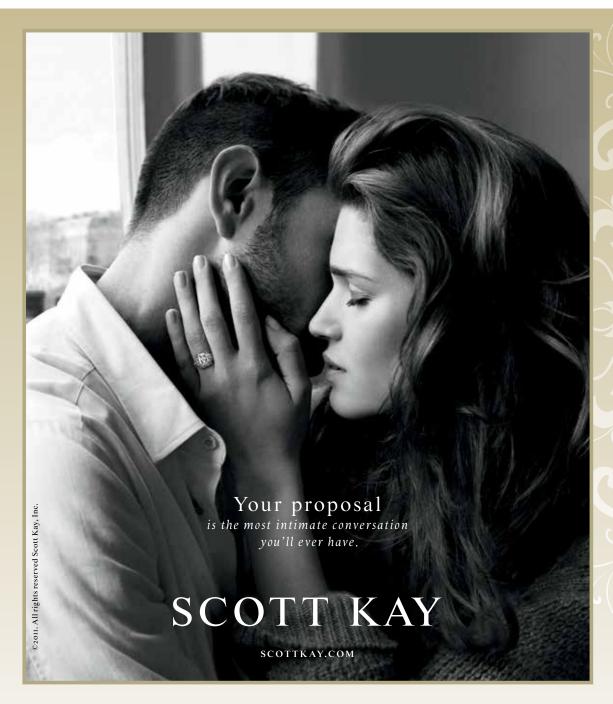
DIRECTIONS:

Salsa - Combine the avocado, onion, cilantro, lime juice and lime zest in a bowl. Season with salt and pepper. Chill until serving time.

Mahimahi - Preheat the grill.

Drizzle the fish with the olive oil and season on both sides with the jerk seasoning. Grill the fish for 4 minutes on each side or until flaky and opaque in the center. Serve over rice and top with the salsa.

SERVES 4



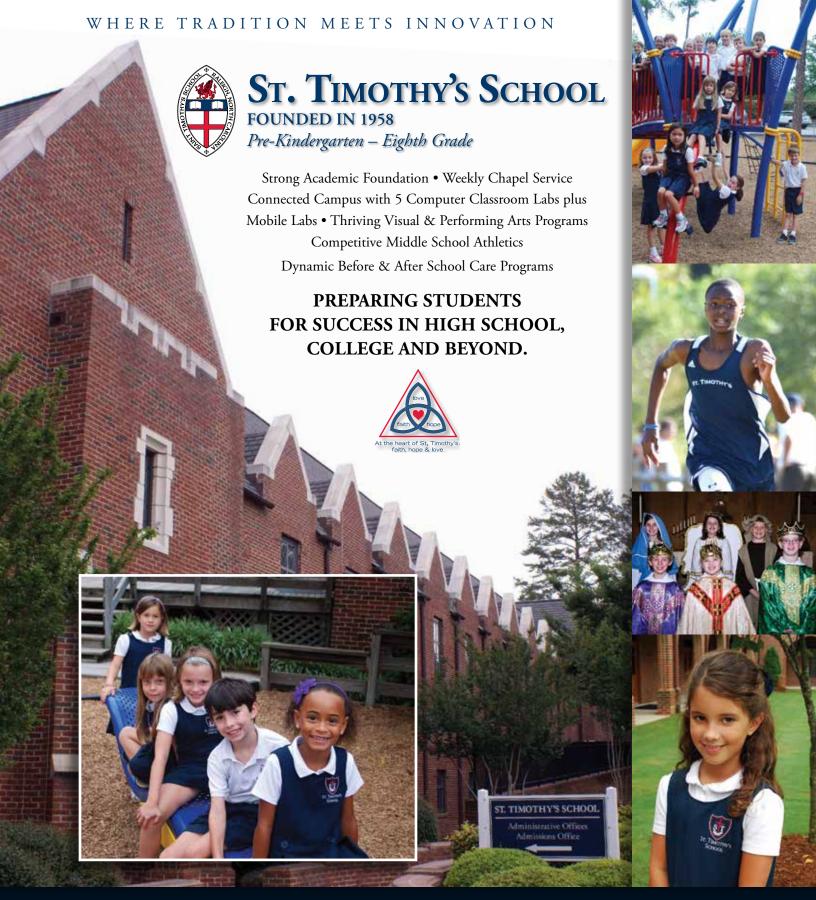
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