Welcome to our 80th year of service to our community
General Shopping Hours

Thursday, October 22
11 a.m. – 8 p.m.

Friday, October 23
9:30 a.m. – 8:30 p.m.

Saturday, October 24
10:30 a.m. – 6 p.m.

Sunday, October 25
11 a.m. – 5 p.m.

October 22–25
Raleigh Convention Center
$10 for a four-day pass
No charge for children under 5.

Celebrating twenty five years of
a Shopping SPREE
Impacting the lives of youth

To celebrate our anniversary, we’ve gathered more than 130 fabulous merchants from all over the country – showcasing the hottest jewelry and accessories, fashionable clothing for men, women and children, the latest trends in home décor, and great gifts for everyone on your holiday list.

Proceeds from A Shopping SPREE! benefit youth programs and projects sponsored by the Junior League of Raleigh.

Visit www.ashoppingspree.net for more information and to purchase tickets for general admission shopping and these 25th anniversary special events:

All that Glitters Preview Gala
Wednesday, October 21
7 p.m. – 10 p.m.

Early Morning Shopping
Thursday, October 22
8:30 a.m. – 11 a.m.

Silver Belles at SPREE!
Friday, October 23
5:30 p.m. – 8:30 p.m.

Weekend Wake-Up
Saturday, October 24
8:30 a.m. – 10:30 a.m.
Our mission

the Junior League of Raleigh is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers.

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Welcome back for another wonderful League year!
To our Provisionals, welcome to a year of new friends, training and contributions to our community. To our Active members (and our over-Active members), welcome back to a year of new and old friends, new placements and continuing contributions to our community. To our Sustainers, welcome back as our friends and advisors and as the women who have moved our League forward. It is going to be a great year!

This year, as we celebrate our 80th anniversary, we will build on our tradition of leadership and service to our community. Since the founding of the Junior League of Raleigh in 1930, our area has seen countless changes, but one thing has remained the same: our members make a difference in the lives of our friends and neighbors. The first members of the League committed themselves to making a difference, as you can see from the story in this issue of the Link about our first service to our community. While our community has grown larger and the challenges facing our friends and neighbors have changed, the League, more than 1,700 women strong, continues to serve our community and the children who need us.

We have more than 200 women working with children in our community to change the lives of these children. Each of these women will dedicate her time and talents and make a lasting impact on the children, their team members and on themselves. They will continue our tradition of service to our community.

Our fundraising teams will mark major milestones. We will celebrate the 25th Anniversary of A Shopping SPREE!. The Bargain Box, with its more than 50-year history, will find new and creative ways to reach out to shoppers who realize the need for good quality clothing at good prices. Showcase of Kitchens will mark its fourth year giving an insider’s look at dream kitchens around the Triangle. After a 10-year break, Team Cookbook will launch You’re Invited Back, which will be a gorgeous and delicious addition to our kitchens. Each of these fundraisers will support our service to the community.

The Center for Community Leadership will become real for all Junior League members and for our community partners in the coming year. Renovations are underway and the planning for the programming for League members and community partners is taking shape. The training teams are working to develop new trainings for our League members so that we can send even better trained volunteers into our community. Our tradition of leadership will expand through our new Center for Community Leadership.

In the book First Things First, Stephen Covey says that success means, “to live, to love, to learn, to leave a legacy.” I believe that this quote sums up what we will do this year as members. The Junior League of Raleigh will live by promoting volunteerism, love by improving our community and learn by developing the potential of women. By doing this, we will build on our long-standing tradition in the community.

Be a part of our legacy—build on the League traditions as you make friends, serve in your placements and improve our community.

Let’s all have a great year!

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The Link
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Contact Tania McLeod at tania@jlraleigh.org or via phone at 919-787-7480.
Melissa Ross Matton, President

Q: How long have you been in a League?
A: This is my 11th year in the League and 10th year as an Active.

Q: Where were you a Provisional?
A: I was a Provisional here in Raleigh from 1998-1999.

Q: What’s your favorite League placement?
A: I have enjoyed all my placements in the League because each one has given me a new perspective on what we do in the community. Whether it’s helping families in crisis by providing them with clothes and basic household items from the Bargain Box, taking a casserole to a new mom or advocating on behalf of the League through GRAPA—each experience has been rewarding.

Q: Any advice to League members on how to get the most from their League experience?
A: Try new things in your placements, accept the challenges your team leaders offer and really do your best. You learn the most in the League when you say “yes” to something new and different.

Q: Goals for the year at JLR?
A: To work toward the completion of our renovation at 711 Hillsborough Street; to celebrate great milestones in our League this year—our 80th anniversary and our 25th annual A Shopping SPREE!; to help emphasize our great legacies in our community—leadership, partnership and service; to help our members feel fulfilled and appreciated in their League experiences; and to enjoy being a part of our wonderful League.

Q: Additional volunteer activities outside the League?
A: I currently serve as a Colony Care leader for White Memorial Presbyterian Church, and I volunteer at the Montessori School of Raleigh.

Q: Family?
A: My husband, Chris, who is patient and supportive and our two sons, Ross, 9, and Scott, 7, who are becoming old pros at attending Junior League meetings.

Q: Pets?
A: One cat, Bunt, who is happy to sleep in the sunny spots in the house.

Q: Hometown?
A: I was born in Durham, but Salisbury, N.C. has been home since 1981.

Q: Education?
A: I received my undergraduate degree in Education from the University of North Carolina at Chapel Hill. I received my law degree from Wake Forest University School of Law.

Q: Current occupation and work history?
A: I chose to stay home with my sons after practicing law for eight years. I practiced law with Womble, Carlyle, Sandridge & Rice, PLLC and with Patterson, Dilthey, Clay & Bryson.

Q: Hobbies?
A: Reading and gardening.

Q: What is your favorite thing to do in Raleigh?
A: I love going to the State Farmers Market any time during the year. I also love First Fridays at Artspace and City Market.

Q: What is a talent most people don’t know you have?
A: I love to cook and especially love making desserts. Living in an old house, I learned how to plaster, but I also have learned not to repair a plaster wall two weeks before Christmas.
Wendy Webster, President-elect

Q: How long have you been in a League?
A: I joined in 1999. My first year as an Active was 2000.

Q: Where were you a Provisional?
A: Savannah, Georgia.

Q: What’s your favorite League placement?
A: Team Transfer. We had the opportunity to learn, and at times, assist with many placements across the League. It was wonderful to learn about the impact the League volunteers provided across Wake County.

Q: Any advice to League members on how to get the most from their League experience?
A: Let others know what your interests are so that you can volunteer for the things you enjoy. I think the willingness to serve forms is one way League members can share their interests.

Q: Goals for the year at JLR?
A: Planning! Planning! Planning!

Q: Other volunteer activities outside of JLR?
A: I’m a Girls on the Run running buddy, a member of the Leadership Raleigh Alumni Association, the Board of Directors Secretary for the Greater Raleigh Chamber of Commerce and a Brier Creek Circle of Giving member.

Q: Family?
A: My husband, Bill Young.

Q: Hobbies?
A: Running.

Q: What is your favorite thing to do in Raleigh?
A: Lunch at Logan’s. Every Saturday around 11:30 a.m. you can find me dining with my friends. If you are purchasing plants on a Saturday, stop by Seaboard Café and join us!

Q: What is one thing that makes you happy?
A: Spending time in the community. Wake County has an abundance of resources and as volunteers, we can assist in connecting those who are in need to these resources.

Q: Who has most influenced your life?
A: Many people and experiences have influenced my life. One of the most notable being an internship in Washington, D.C., studying the integration of religion and politics. During that time, Nelson Mandela visited Washington to speak to Congress. His address focused on the ability to move forward promoting the peace process despite challenging times. In difficult situations, I recollect Nelson Mandela’s resilience and the example he leads to promote respect and justice.

Q: What is one talent most people don’t know you have?
A: I have run four marathons: Charlotte (2), Savannah and NYC. Pre-Duke, I had more time to run around the neighborhood. Now I just run around the hospital!
Q: Any advice to League members on how to get the most from their League experience?
A: Look at each placement as a learning experience and do the best you can with a smile on your face. Try something outside of your comfort zone and challenge yourself. Always remember, we are all volunteers!

Q: Goals for the year at JLR?
A: Communicate, communicate and communicate. Get the word out about community placements and JLR activities in the community.

Q: Additional volunteer activities outside the JLR?
A: PTA at Joyner Elementary and Children’s Committee at Christ Church.

Q: Family?
A: My husband, Joe, and children Nicole, 10, Caroline, 8, Joe Jr., 5, and Sarah, 2.

Q: Pets?
A: Dusty Dog. She’s a beagle and very spoiled. I usually let her ride in the front seat of the car when I’m running around town because she hates to be home alone.

Q: Hometown?
A: Asheville, N.C.

Q: Education?
A: Bachelor of Arts in English and Political Science from the UNC-Chapel Hill; Masters in Education from University of Michigan, Ann Arbor.

Q: Current occupation and work history?
A: Currently, I am a stay-at-home mom and short order cook with maid duties. Previously, I worked for Senator Jesse Helms in Washington, D.C., and I have been a Peace Corps volunteer in Ulanow, Poland. I have been a kindergarten and first-grade teacher in Detroit, Mich., and a kindergarten teacher in Stuart, Fla.

Q: Hobbies?
A: Reading, traveling and tasting wine and champagne.

Q: What is your favorite thing to do in Raleigh?
A: Ride bikes on the Capital Greenway with my family.

Q: Who has most influenced your life?
A: I feel like I have always been fortunate to cross paths with the right person, at the right time, at the right place—to motivate, guide and teach me. Whether it has been my parents, my brother, my husband, my kids, a friend, a minister or my dog—my life is an ongoing construction project with lots of building and renovating happening 24-7.

Q: What is a talent most people don’t know you have?
A: I can square dance and speak Polish.

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Rhonda Beatty, Communications and Strategies Vice President

Q: How long have you been in a League?
A: I joined the 2001-2002 Provisional class and have been an Active since 2002.

Q: Where were you a Provisional?
A: The Junior League of Raleigh.

Q: What's your favorite League placement?

Q: Any advice to League members on how to get the most from their League experience?
A: Participate and get involved. Make connections and find your niche. Make it your League.

Q: Goals for the year at JLR?
A: Maximize all areas of communication so members and community are aware of who we are, what we do and what we have accomplished. Utilize the Link and Web site to their full potential to become one-stop shopping for League information. Communicate to the community our body of work in three sentences. Brand our message. Be more proactive in initiating partnerships (internal and external) to ensure consistent brand messaging.

Q: Additional volunteer activities outside the JLR?
A: Middle Creek High School PTSA, Millbrook Baptist Kindergarten and Sir Walter Cabinet.

Q: Family
A: We are a busy family of five. Six if you count the dog! Bryan Jr., 17, Nicole, 16, and Michael, 4.

Q: Pets?
A: Sarah, our seven-year-old black lab.

Q: Hometown?
A: Chapel Hill, N.C.
Q: Education?
A: Sanderson High School in Raleigh. Journalism degree from UNC-Chapel Hill.

Q: Current occupation and work history?
A: I have happily been a stay-at-home mom since 1993. I have done freelance and part-time work in special events, communications, media and PR since then. Before being a stay-at-home mom, I worked at The American Lung Association and United Way of Wake County doing events, media and PR; WPTF-TV (NBC affiliate) as public affairs director; WQOK-FM as promotions director; WYLT-FM/WKIX-AM as promotions director; The Dow Chemical Company as communications associate.

Q: Hobbies?
A: Cheering my daughter on as she cheers varsity for Middle Creek High School and competes with Cheer Extreme All Stars, and rooting for my boys in all of their sports endeavors.

Q: What is your favorite thing to do in Raleigh?
A: Hang out with my family at a park or great restaurant, or do anything with my gal pals—then everyone takes the back seat!

Q: Who has most influenced your life?
A: Hands down, without a doubt, my mom. She is a phenomenal woman, inspirational grandmother, best friend and a dedicated volunteer.

Q: What is a talent most people don’t know you have?
A: Shhhhh… I played piano and sang. I would have become a music major, but decided I could make more money in journalism. At least that was my reasoning! I also modeled professionally for about 15 years.

Q: Where were you a Provisional?
A: Here in Raleighwood.

Q: What’s your favorite League placement?
A: It is hard to say because I love all parts of the League. If I had to narrow it down, it would be Bargain Box and Nominating.

Q: Any advice to League members on how to get the most from their League experience?
A: Make it what you want and do everything you can. I was Active for three years before I realized that I could miss a General Membership Meeting. I want to be there! And I have made a challenge to myself to meet a new friend at every League function, resulting in many great friendships!

Q: Goals for the year at JLR?
A: For every member to feel appreciated, supported and valued. I would like to see no mandatory resignations due to unfulfilled minimum requirements.

Q: Additional volunteer activities outside the JLR?
A: Just finished serving as PTA president for Conn Active Learning and Technology Magnet Elementary; serve as manager of CASL U-9 Express soccer team and served as assistant den leader for Pack 325 Bear Den in 2008–2009.

Q: Family?
A: Wonderful husband of 10 years, Rob, and two great boys, Robbie, 8, and Will, 5.

Q: Pets?
A: English Shepard/Doberman mix, Lucy.

Q: Hometown?
A: Raleigh, N.C.

Q: Education?
A: I graduated high school from Broughton and then attended UNC-Chapel Hill. I graduated from Watts School of Nursing in 1992 with my RN certification.

Q: Current occupation and work history?
A: I have been a stay-at-home RN for the past four years due to Will’s autism diagnosis. I have been working to help him overcome this diagnosis the entire time, and I am happy to report that he just completed mainstream kindergarten at Conn. He is a true testament to early intervention!

Q: Hobbies?
A: Reading, gardening and building cool Lego creations with the boys.

Q: What is your favorite thing to do in Raleigh?
A: Take the kids places where I went as a child. Unfortunately, they are getting hard to find with the growth of our little southern town.

Q: What is your favorite time of year?
A: Spring.

Q: Who has most influenced your life?
A: My mother.

Q: What is a talent most people don’t know you have?
A: Hmm … I can give a shot to a child with minimal trauma. And I am in two bands on Wii Rock Band as a singer.
Anna Baird Choi, Training Vice President
Q: How long have you been in a League?
A: Fourteen years. Active 13 years.
Q: Where were you a Provisional?
A: Raleigh.
Q: What’s your favorite League placement?
A: MDC Captain. It was my first leadership role in the League and I was excited to give back because of how much I enjoyed my Provisional year.
Q: Any advice to League members on how to get the most from their League experience?
A: Participate! Attend team meetings and socials. Offer input, and take on new challenges/leadership opportunities. The League is a unique organization because of its mission to improve the community through the effective action of trained volunteers. Every experience in the JLR trains and improves you for the next—and for other work you do in the community.
Q: Goals for the year at JLR?
A: Develop and offer JLR training focused on leadership qualities and skills that benefit JLR members both in their service to the JLR and in other community activities. Continue offering a dynamic program for Provisional members that trains them for their future JLR involvement. Facilitate the training that takes place at GMMs and Small Group Meetings. And help the Center for Community Leadership prepare for the training opportunities that will take place upon opening.
Q: Additional volunteer activities outside the JLR?
A: Marbles Kids Museum (board member), N.C. Bar Association (Administrative Law Council member), St. Michael’s Episcopal Church (Parrish Life Committee), 2009 Rex Hospital Gala (Planning Committee member) and N.C. Society Daughters of the American Revolution (State Parliamentarian).
Q: Family?
A: My husband, Hunt; son, Caswell (5, self-proclaimed dinosaur expert); and daughter, Jane Louise (2, cowgirl-in-training).
Q: Pets?
A: Buster, who is 57 in dog years.
Q: Hometown?
A: Raleigh, though my parents moved to Apex when I was 10 to get out of the “big city.”
Q: Education?
A: Bachelor of Arts in Economics and Political Science from UNC-Chapel Hill; law degree from Campbell University Law School.
Q: Current occupation and work history?
A: Lawyer/partner at Allen and Pinnix, where I practice occupational/professional licensing, regulatory/administrative law and employment law. I previously worked at several other Raleigh law firms and have served as an assistant attorney general in the N.C. Department of Justice.
Q: Hobbies?
A: Italian and southern cooking, reading (serious book club selections and not-so-serious weekly celebrity-oriented periodicals) and an ongoing quest to exercise more.
Q: What is your favorite thing to do in Raleigh?
A: Go out to dinner with friends.
Q: Who has most influenced your life?
A: My dad. He has volunteered in a service organization focused on helping children since I was six-months old. I have many memories of his service, from fundraisers at the N.C. State Fair to visits to the Boys and Girls Home at Lake Waccamaw. His quiet, but constant service has guided me along a similar path.
Q: What is a talent most people don’t know you have?
A: I enjoy singing blue grass, gospel and country music—and haven’t been booted off a stage yet!

Whitney von Haam, Nominating Captain
Q: How long have you been in a League?
A: Since 2002. I’ve been an Active for seven years. Where did the time go?
Q: Where were you a Provisional?
A: Raleigh.

Q: What's your favorite League placement?
A: I've been really lucky to have several awesome roles, but my favorite was Taking Care of Members.

Q: Any advice to League members on how to get the most from their League experience?
A: Take advantage of every opportunity the League provides—trainings, socials and meetings. Meet people, meet people, meet people! It's our members that make us the strong, vibrant organization that we are. Get out there and talk to as many different folks as you can!

Q: Goals for the year at JLR?
A: To make the nominating process less mysterious and more user-friendly. To obtain the most diverse pool of applicants for Board, Nominating and Member At Large roles.

Q: Additional volunteer activities outside the JLR?
A: I'm the president for a new chapter of another women's group—Quota of the Triangle, plus I serve as the Web site committee chair for the Raleigh Durham chapter of the Association of Legal Administrators and on the Scholarship Committee for the National Association of Bar Executives.

Q: Family?
A: My husband, Eric, and daughter, Nyah, 2.

Q: Pets?
A: A cat, P.J., and a German Shepherd-Chow mix, Fiona.

Q: Hometown?
A: I'm from Lancaster, Pa. – Amish country.

Q: Education?
A: Bachelor of Arts from Wellesley College, Masters in Mass Communication with a focus on print journalism from University of Georgia.

Q: Current occupation and work history?
A: I'm the membership director for the North Carolina Bar Association.

Q: Hobbies?
A: I try to find time to read. My book club hasn't kicked me out … yet!

Q: What is your favorite thing to do in Raleigh?
A: I sure love to cheer on the Hurricanes or head to a musical downtown at the Progress Energy Center.

Q: Who has most influenced your life?
A: My mom—Independent, strong, dedicated to serving folks, friendly to everyone she meets and loving to her family.

Q: What is a talent most people don't know you have?
A: I'm beginning to feel like I've answered this question so many times that there really isn't much left that people don't know. For many years, I've lived my life with the philosophy that I'll try anything if it will make a good story later. Therefore, I've eaten my share of weird stuff, drank stuff I had no business putting in my body, gone sky-diving, etc.
Q: What is your favorite thing to do in Raleigh?
A: I am originally from Fuquay and currently live there, so we enjoy visiting all of our friends who live in Raleigh, going out to eat or spending a night on the town in the Capital city! We also enjoy N.C. State football games in the fall.

Q: Who has most influenced your life?
A: My mother, Debra Semple.

Q: What is a talent most people don’t know you have?
A: I wouldn’t say it is a talent, but most people don’t know that I enjoy wild turkey hunting, target shooting and that I got my conceal and carry license for Valentine’s Day.

Jenni Kinlaw, Treasurer
Q: How long have you been in a League?
A: Five years; four years as an Active.

Q: Where were you a Provisional?
A: Raleigh

Q: What’s your favorite League placement?
A: I have loved every placement so far, but my absolute favorite has been Membership Development Committee. Working with the Provisionals is so much fun, and I enjoy helping them get excited about their League experience. It’s also great getting to relive my own Provisional year.

Q: Any advice to League members on how to get the most from their League experience?
A: Participate in everything. Go to meetings—even if they aren’t required. Volunteer for extra SPREE! or Showcase of Kitchen shifts. Attend any extra training opportunities or Girls’ Night Outs. Everything the League offers is beneficial in some way - whether it is meeting new friends or learning a new skill.

Q: Goals for the year at JLR?
A: To educate our members about the League’s finances, to maximize our funds for the benefit of the community and to get into our new home at 711 Hillsborough Street.

Helen Miller, Funding Vice President
Q: How long have you been in a League?
A: Sixteen years; 15 years as an Active.
Q: Where were you a Provisional?
A: Raleigh

Q: What's your favorite League placement?
A: Community Outreach.

Q: Any advice to League members on how to get the most from their League experience?
A: Pick a placement that you can learn from and build on. Make sure that it is something that interests you and will offer you challenges and opportunities to discover things that you’ve never thought you would be capable of doing. Don’t be afraid to dive into your placement and be as creative as you can. The outcome will be rewarding and appreciated.

Q: Goals for the year at JLR?
A: One of the goals for the Funding and Development Council is to maximize funds raised for the benefit of our community. This is a very exciting year for the League and the participation of all League members is very important. Other goals are to increase community awareness of the Junior League of Raleigh, increase our impact in Wake County and continue our tradition of developing the potential of women.

Q: Additional volunteer activities outside the JLR?
A: Community Service Committee for the Raleigh Regional Association of Realtors.

Q: Pets?
A: Dogs named Zeus, George and Maggie.

Q: Hometown?
A: Brevard, N.C.

Q: Education?
A: Associate of Arts degree from St. Mary’s College, Bachelor of Arts in History from NC State University with a concentration in Speech Communications, and Master’s in Landscape Architecture from NC State University College of Design.

Q: Current occupation and work history?
A: Realtor/Broker with Prudential York Simpson Underwood. I also work part-time for American Airlines at RDU Airport.

Q: Hobbies?
A: Gardening, horseback riding, landscape design and travel.

Q: How do you spend your down time?
A: Unfortunately, I don't have much down time, but when I do, I spend it gardening, spending time with my nephews and family or restoring an old farmhouse.

Q: What is your favorite time of year?
A: Spring.

Q: Who has most influenced your life?
A: My parents have been the most influential in my life and still are to this day.
To all our Junior League of Raleigh members and friends,

This past year, our League stayed Mission Driven and Community Focused, as we furthered our mission and continued our tradition of providing trained volunteers to our community in an effort to make Wake County the best place to live and work!

Our League nurtured our commitment to the community by providing more than 200 volunteers in community placements. In addition, we funded 26 community grants totaling $55,000, allowing agencies to continue to grow new programming despite the external challenges brought by the economic landscape.

Our League empowered members through targeted training and clear communications as we extended our training to include new programs and guest speakers at General Membership Meetings. We also effectively strengthened our League’s mission and educated our community and JLR members through the Link and eLink, as well as other targeted communications. We also welcomed and trained 120 new Provisionals and 54 Transfers.

Our League maximized funds raised for the benefit of our community as we celebrated 75 years of the Bargain Box, 24 years of A Shopping SPREE!, 10 years of You’re Invited, hosted our 19th Inaugural Ball, and our third annual Showcase of Kitchens. Funds raised from these events and ongoing fundraisers—continued to support our community grants, train our volunteers and establish our long-awaited Center for Community Leadership.

Our League energized members as volunteers as we continued to support them through Team Taking Care of Members and provided opportunities for our members to connect with our community partners through programs like the Angel Tree holiday project—benefiting families ofSAFEchild. In addition, team You’re Invited energized all members by including them in the planning and creation of our new cookbook which will be introduced in 2010.

Our League recognized and leveraged the talents of our membership as we accepted several prestigious awards, such as the MetroBravo Standing Ovation award for best charity for A Shopping SPREE!, and the Association of Junior Leagues International JL Award for Fund Development for Bargain Box. We also led four successful Provisional projects which had the largest turnout at each project compared to years past and received rave remarks from community leaders.

These accomplishments, as well as many others, were a testament to the Mission Driven and Community Focused theme. Because of these accomplishments and the leadership of our members, our community is a better place. And in true Junior League fashion, this legacy will continue to develop and serve many generations to come. Thank you for a great year and for your continued support!

With much appreciation and gratitude,

Virginia

Community Grants

100 Black Men of Triangle East ........................................ $1,500
The Youth Enhancement Academy mentoring program

Alice Aycock Center for Health Education ..................... $2,000
Underwriting costs for students to receive Poe Center programs

Big Brothers Big Sisters .............................................. $1,000
The Building Blocks: Shaping a Lifetime of Good Health mentoring program

Boys & Girls Clubs of Wake County ............................... $2,500
Power Hour homework and tutoring assistance program

Communities in Schools of Wake County .................... $2,000
Ready to Read program for kindergarten and first-grade students

Easter Seals UCP North Carolina .................................. $4,000
Volunteer Families Respite care program

First Tee of the Triangle .............................................. $2,000
The Golf & Life Community Outreach program for at-risk youth

Garner Road YMCA .................................................... $750
The Engaging Adolescents with Greater Life Experiences (EAGLE) program to help inner city adolescents in Southeast Raleigh

Girl Scouts of North Carolina Coastal Pines ................... $1,050
Uniquely ME! foster self-esteem program for Wake County girls

Girls on the Run of the Triangle, Inc. ........................ $2,000
After-school programs in Wake County, specifically the GOTR program at the Brentwood Boys and Girls Club

H.O.U.S.E. Theatre Arts Group .................................. $1,000
Transitioning at risk youth beyond their conditions through the exposure of their gifts within the arts (theatre, dance, music)
Hospice of Wake County.................................................................$3,000
Reflections: A Children’s Grief Support Program

Kids in Training .................................................................$1,000
KIT Outreach Program for at-risk youth

Learning Together ..........................................................$1,000
The Best Buddiez group therapy program for two to five-year-olds

Learning Together .......................................................$5,000
The Learning Together Scholarship Fund

Lucy Daniels Center for Early Childhood ................................$2,000
The Family Support Fund to provide gap funding to help families pay for children's mental health services

NC 4-H Development Fund .............................................$1,500
The Making Magic Camps program for Wake County youth

Neighborhood to Neighbor .............................................$2,000
Comprehensive project for long-term suspended youth from WCPSS with counseling, academic, life skills and community service pieces

SAFEchild .................................................................$2,500
The Welcome Baby child abuse prevention program

StepUP Ministry ............................................................$1,000
Children’s Program designed for children of StepUP’s adult participants

Tammy Lynn Center .........................................................$2,500
A pre-literacy education program for developmentally disabled students

The Caring Community Foundation, Inc............................$3,500
Pay It Forward financial assistance program

Interact .................................................................$3,000
Providing integrated services to adolescent victims and witnesses of domestic violence and sexual assault in Wake County

Wade Edwards Foundation ...........................................$1,000
Link2Learn technology project

Wake Teen Medical Services .......................................$2,000
Providing psychiatric, medical services and mental health counseling to youth between the ages of 10-23

YWCA of the Greater Triangle ......................................$3,000
The Teen Parent Connection project for pregnant and parenting teens

Legacy Fund Recipients ...............................................$5,000
Each Helping Horse, Loaves & Fishes, Wake Teen Medical Services

Community Needs Grants..............................................$6,000
Total of six grants awarded
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ANNUAL FUND SPONSORS
In 2004, the Junior League of Raleigh established the Legacy Fund, which recognizes nonprofit agencies in which the League has had significant involvement through financial and volunteer support. The Legacy Fund is supported by a portion of A Shopping SPREE! proceeds. Each of these organizations received awards of $5,000 to continue their community programs and projects: Helping Horse, Loaves and Fishes and Wake Teen Medical Services.
The Three Jobs of your Membership VP

Cheerleader, Counselor and Compliance coordinator

The primary role of the Membership Vice President in the Junior League of Raleigh (JLR), as defined by League bylaws, is to “oversee all aspects of member volunteers and be responsible for the enforcement of all minimum requirements for League membership.”

With more than 1,700 members, this is a big task, and a tricky one when you are trying to ensure compliance with requirements and keep everyone happy in their volunteer experience.

Luckily, my years as a pediatric nurse, mother and wife have helped me develop a model of interaction that stresses encouragement and praise to achieve results. Instead of saying things like “do what you’re supposed to or suffer the consequences,” I much prefer to help people realize that the end result is infinitely more satisfying when they do something because they want to.

Which is more rewarding to everyone in the end? You don’t have to be a member of the JLR. You want to be a member. You get true satisfaction in knowing that you have made an impact on the life of a child. Hearing a speaker at a General Membership Meeting energizes you, and you are ready to share that knowledge and spirit with others. You want all your friends to know how great A Shopping SPREE! is or what great deals you can find at the Bargain Box.

The result is you end up meeting the minimum membership requirements without even thinking. You do all of this because you feel valued and supported as a member. That is truly my job and my promise to each of you.

The most important aspect of my role is to be your cheerleader. I want every member to be a proud and happy Leaguer. Ours is a great organization with strong, capable women. You need to hear often just how important you are. The JLR would not exist without you, so I will shout your praise every chance I get.

I know that volunteering is not at the top of the list of things to do when family, work and personal challenges arise. Hence, the second most important part of my role is that of counselor. I am here to help you fit League life into your daily life. None of us expects a sick child, lost job or divorce when we start our League career, but life happens. I am here to support you and help you navigate those challenges so that your time with the League is a pleasure, not another headache.

Everything in life that is truly meaningful comes with a little work. Membership in the JLR is the same. There are six yearly requirements for every Active member. Rather than naming my third title as enforcer, I like to call it compliance coordinator. I am bound by our bylaws and standing rules to make sure that the requirements are met by each of us. When your circumstances and commitments cause conflicts, something can always be done to help you fulfill the requirements. Keep in mind that there are ways to make up missed meetings. You can develop payment plans for dues. However, to help you, I need to hear from you. I cannot help if I don’t know you need assistance.

A list of the six membership requirements is included in this issue of the Link. I encourage you to tear out the page and refer to it throughout the year. And remember, when life presents challenges, let me know. My mission is to make sure your League experience leaves you feeling being happy, appreciated and fulfilled. Thank you for being an integral member of this important, fantastic team!

Developing the potential of women . . .
Minimum Requirements For Membership in the Junior League of Raleigh

1. Attend at least three of the six scheduled General Membership Meetings (see schedule right).

2. Pay annual dues by April 1. Late fee applies after April 20.

3. Donate $100 worth of merchandise annually to the Bargain Box (see list below). The list below indicates the suggested month of donation to help control store inventory. However, the quota may be donated any time during the League fiscal year. A late fee will be required for quotas not received by May 31. Transfers are not required to donate their quota until six months after their date of transfer. At that time, they will follow the above schedule. Sustainers may donate merchandise any time during the administrative year.

4. Purchase a minimum of $40 of A Shopping SPREE! tickets.

5. Work a three-hour SPREE! shift. Missed SPREE! shifts must be made up with a six-hour assignment at Bargain Box or another venue; arrangements must be made with Membership Vice President by February 1.

6. Placement requirements completed by May 31. Requirements for each placement vary and need to be confirmed with your team captain.

If you have questions, concerns or membership issues, please contact Membership Vice President, Lisa Vanderberry, at (919) 872-0741 or lvanderberry@nc.rr.com.

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2009-2010 General Membership Meetings

Every year, the Arrangements team organizes six General Membership Meetings. These meeting are designed for Junior League of Raleigh (JLR) members to hear first-hand from our President and other leaders about the League's plans, strategies and events. It is also a great time to catch up with friends, meet new members, participate in league training and, at the November meeting, shop the wares of your fellow League members!

Four meetings are in a large-group setting with a social time prior to the start of the meeting. Two meetings are in a small-group setting. In accordance with JLR bylaws, each Active member must attend at least three of these six meetings. You may decide which ones work best for you, but we hope to see you at all of them!

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<th>Date</th>
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<td>Sept. 8, 2009</td>
<td>Social 6 p.m. Meeting 7 p.m.</td>
<td>McKimmon Center</td>
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<td>Oct. 13, 2009</td>
<td>9:30 a.m. or 7 p.m.</td>
<td>Community locations</td>
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<td>Nov. 10, 2009</td>
<td>Social 6 p.m. Meeting 7 p.m.</td>
<td>McKimmon Center</td>
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<td>Feb. 9, 2010</td>
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<td>Members’ homes</td>
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<td>March 9, 2010</td>
<td>Social 6 p.m. Meeting 7 p.m.</td>
<td>McKimmon Center</td>
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<td>May 11, 2010</td>
<td>Social 6 p.m. Meeting 7 p.m.</td>
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Bargain Box Suggested Month Donation Chart

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<td>C-D and Provisionals</td>
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Issues, Concerns or Ideas

Christina Coffey, your 2009-2010 Member at Large, is here for you!

cloffey21@hotmail.com or (919) 522-9915
The May General Membership Meeting (GMM) has always been my favorite. I still remember my first May meeting as a Provisional when I was voted into Active status. Seeing all the money our League had raised during that year gave me chills and hearing about all of the Junior League of Raleigh's accomplishments made my head spin. While it has been 11 years, I still get chills and feel a tiny bit dizzy on that special evening in May.

Another favorite part of our year-end meeting is the member awards. There are neither designer gowns nor (unfortunately for us) Hugh Jackman, but, to me, it has all the excitement of the Oscars. Hearing the stories of our outstanding members, seeing the families come forward to celebrate their mothers, daughters, wives and sisters moves me every time. Also, knowing I'm surrounded by hundreds of outstanding and hard-working members as I sit in the audience leaves me in awe of our organization and our extraordinary members.

To all of our award recipients this year—our hats are off to you! In the mean time, I'll see what I can do to get Hugh Jackman for our organization.

The Darlene J. Shelton Outstanding First-year Active Award recognizes a new member for dedicated service to our League, which includes Active members who completed their Provisional course in the JLR, or Active members who transferred from another league and are currently serving their first year with the JLR.

This year's recipient is Melissa Sowry of Team Inaugural Ball. Melissa, a transfer member from Chicago, jumped right in and made a huge contribution to a high-impact event for the JLR. Serving as a committee chair on the Inaugural Ball team might have seemed like a daunting task for a new member, but Melissa took it all in stride and relied on her strong background in television producing with ABC News to make the Gala Presentation the crown jewel of the Inaugural Ball.

The Foundation Award recognizes an Active member and her dedicated work within an in-League placement. Gwynne Cook, 2008-09 Captain of Team Transfer, is this year's award recipient. With a record number of more than 60 women transferring into our League, Gwynne was welcoming and enthusiastic. She gave the new members a great first impression of the caliber of work done by the JLR.

Wanting the transfers to feel especially welcome at the GMMs, she cleverly thought to place a pineapple centerpiece at all the transfer tables. As a result, membership was able to easily identify and welcome new members and our transfer members felt extra special and supported. In addition, Gwynne outlined new processes and procedures to provide consistency in the transfer curriculum.

Also under Gwynne's leadership, the latest Angel Tree project provided more than 145 families with holiday gifts. She made sure every child had a gift to open—not just a gift card. She also ensured each child in the family had the same number of gifts to open. This was an enormous project that had an overwhelming impact on the families that received them.

The Guardian Award recognizes an Active member and her dedicated work within a community placement. The recipient of this year's Guardian Award is StepUP Co-captain Christy Knight. Christy worked tirelessly as a Co-captain for this team for the last two years and has been very well organized for her JLR volunteer team. Under her leadership, adjustments were made within the StepUP placement that created a positive change for JLR team members, resulting in a dramatic increase their overall placement satisfaction.

In addition to her work as a team Co-captain, Christy attended multiple meetings to promote the work of StepUP on her own time and at her own expense. She responded quickly to StepUP staff throughout the day and organized a year-end graduation event for the children. The staff said they could not ask for more from a volunteer and that frankly, they couldn't do it without her. She has a heart for the children and families of StepUP, and she goes above and beyond to make the program a success.

The Legacy Award recognizes an Active member for her dedicated service to the League in a fundraising placement. This year the award recipients are You're Invited Co-captains, Meg Ergenzinger and Sara Van Asch. Creating a new JLR cookbook is no small undertaking, and Meg and Sara provided the leadership and vision to create a lasting piece of JLR history for our members and community to enjoy.

In addition to the regular responsibilities of cookbook Co-captains, which include selling and marketing our current JLR cookbook, they worked tirelessly to engage the entire membership in the new cookbook project. Whether recruiting volunteers to test and taste more than 1,000 recipes, selecting final recipes, obtaining additional content and photography for the new cookbook, or securing sponsorships for the new book, Meg and Sara were unflappable.

The entire League is looking forward to seeing, and tasting, the fruits of their labor when our new cookbook is published later in 2009. The new cookbook will benefit our League for many years to come, so the Legacy Award is a fitting tribute to the dedicated work these two talented women have given to our League throughout this past year.

The Lifelong Membership Award recognizes members who have been Active for 10 years or more and continue to make significant contributions. This year's recipient is Past President Susan Bowers. Susan has continued to work tirelessly on the renovation of the League's Center for Community Leadership. While serving as President-elect, she led the search for a new JLR headquarters, which culminated during her presidency and resulted in the

Continued on page 24
Rose Finley, winner of the Sustainer Legacy Award.

Virginia Parker, winner of the Sustainer of the Year Award.

Team of the Year Award: Inaugural Ball (Co-chairs Virginia Parker, Carol Wagoner, Rhonda Beatty and Pat Wilkins).

Catherine Rideout, winner of the Member of the Year.

Melissa Sowry, winner of the Darlene Shelton Outstanding First-year Active Award.

Gwynne Cook, winner of the Foundation Award.

Christy Knight, winner of the Guardian Award.

Meg Ergenzinger and Sara Van Asch, winners of the Legacy Award.

Susan Bowers (right), winner of the Lifelong Member Award.
purchase of property at 711 Hillsborough Street. Susan graciously volunteered to serve as the building liaison for the next League President, Linda Brown Douglas, bringing valuable knowledge to the financing and renovation process. The following year she continued in this role for Past President Virginia Yopp.

Susan devoted countless hours to this ongoing placement and continued to view its challenges as training opportunities. Requiring more hours than a part-time job, Susan’s willingness to give so much of her time and energy to this project saved the League from having to hire someone to fill this role. Although she has had her share of obstacles to face during these efforts, Susan’s willingness and determination to see this project to completion is a true testament of her commitment to the Junior League of Raleigh.

The Sustainer Legacy Award recognizes a Sustainer for her exemplary work on a League fundraiser. This year’s award recipient is Rose Finley, a member of the 2009 Inaugural Ball ticketing and seating committee. With the experience of previous balls under her belt, Rose provided insight, information and hands-on help in the weeks leading up to the ball.

During the ball, her authoritative and friendly demeanor ensured a smooth evening for guests and committee members. She navigated the crowds and assisted guests with ease. Her knowledge and familiarity with important government and business community members and their families was invaluable, as was her ability to react quickly and appropriately to situations, no matter how minor. She truly exhibited grace under pressure and was an indispensable member of the Inaugural Ball team.

The Sustainer of the Year Award recognizes a Sustainer for her dedicated work with our League and other volunteer and community organizations. This year’s award winner is Past President Virginia Parker. Virginia was instrumental in the success of the 2009 Inaugural Ball. She spent countless hours lending her advice and support to every aspect of the ball. She worked tirelessly securing sponsorships, helping the team navigate through the new ethics laws and working with Governor Beverly Perdue and her staff to resolve many logistical issues related to all of the League’s inaugural events.

Virginia represented the League with style and grace, and her professionalism helped with many challenges along the way. Several Inaugural Ball members said that Virginia also served as a wonderful mentor and the biggest cheerleader for the entire team. Virginia has given so much of herself to the League over the years, and this year was no exception.

The Team of the Year Award recognizes a JLR team, in-League or community, for exceptional results. This year’s Team of the Year recipient is Team Inaugural Ball, who worked for more than a year to organize and implement the highly successful Junior League of Raleigh fundraising event. The 100-plus team members of Inaugural Ball faced numerous challenges, including hosting the event at a new facility, navigating a down economy and working with a new administration. Each committee played an instrumental part in making this event a success. They sold thousands of tickets, organized all event volunteers, raised more than $900,000 in sponsorships, planned arrangements and decorations for all events, oversaw detailed security, communicated with the media and threw one heck of a party. Team Inaugural Ball exemplified North Carolina and the Junior League of Raleigh’s finest!

The Member of the Year Award recognizes an Active member for dedicated service to the League who has gone above and beyond the typical parameters of her role with the JLR job, thereby serving as a role model and inspiration for others members. This year’s award recipient is Catherine Rideout, Funding & Development Council Vice President, who led one of the biggest fundraising years our League has ever seen. Under Catherine’s guidance and support, the League hosted the 75th anniversary of the Inaugural Ball for our newly elected governor, Beverly Perdue. We held our 24th annual A Shopping SPREE!, one of the first events held in the new Raleigh Convention Center. The 3rd annual Showcase of Kitchens went off without a hitch this spring. On top of all of this, Catherine also stepped in as the Annual Fund team Captain mid-year and shepherded the Cookbook team in their plans for the new cookbook.

Those who worked closely with Catherine described her as tireless, supportive and more than willing to lend a hand. She was also the first to volunteer to help in other areas as well--Catherine worked an early morning shift at Belk Charity Days for the Taking Care of Members team. All of her time and support have been given with style, grace and without complaint. Catherine is a perfect example of the Active member who goes above and beyond typical expectations and is most certainly a role model and inspiration for other members.
Shout-Outs!

Congratulations to our members who are building our traditions!

Props to Jenni Kinlaw for her healthy habits! Jenni is meeting JLR members Saturday mornings at 8 a.m. to run and walk around Shelly Lake. Thanks, Jenni, for keeping us on the run!

Kudos to the JLR office staff for assisting members through the seamless leadership transition that occurs annually! You all rock!

Thanks to the JLR GRAPA team, especially Cady Thomas and Liza Roney, for partnering with the North Carolina Junior Leagues State Public Affairs Committee (SPAC) to host a successful reception honoring the members of the N.C. General Assembly on April 29 at the Raleigh City Museum!

A special thank you to Stacey Simpson for assembling and leading the “A team” in the planning and hosting this year’s North Carolina Executive Exchange (2009 NCEE). The June 12-13 weekend event hosted League leaders from across the state for leadership training and league sharing. The event was a great success and was praised by other N.C. League members thanks to Stacey’s initiative, creativity and hard work.

A special thanks to the North Carolina Executive Exchange team for a job well done! The 2009 NCEE hosted by the Junior League of Raleigh would not have been possible without Melissa Matton, Stacey Simpson, Ashley Parker, Julia McCullough, Whitney von Haam, Mary Blake, Shayla Bradshaw, Jenni Kinlaw, Ronda Bazely Moore, Anna Baird Choi and Lisa Marie Ferrell. The extra effort was greatly appreciated.

A very special thank you to Anna Baird Choi and Lisa and Rob Vanderberry for serving as guest speakers at the 2009 North Carolina Executive Exchange.

A note of thanks to Past Presidents Linda Brown Douglas and Virginia Parker for serving as table facilitators at the 2009 North Carolina Executive Exchange.

Thanks to Catherine Rideout and the Community Funding team for getting down to business this summer and selecting this year’s Legacy Fund Award winners.

Huge thanks to Helen Miller for being a great leader and listener and providing guidance for our fellow members.

Applause to Lisa Vanderberry for being so energetic and enthusiastic about keeping our members engaged.

Hats off to Morgan Cates for advocating more member involvement with the Helping Horse team and acquiring professional photos in the process!

Huge thank you to Julia McCullough for stepping in as interim secretary for the Link team. Your help made all the difference at our first team meeting. Thank you for your generosity of time and talent.

Thanks to the Nominating team for making plans to visit all of the teams this fall! Great job!

Our thanks to the 2009 A Shopping SPREE! team! We have been busy planning the details for a fantastic 25th Anniversary of A Shopping SPREE! Thanks for all of your hard work!

Round of applause for all the teams on the Training Council! They worked hard over the summer planning meetings and training events for all members of the League.

Shout out to Jodie Bandholz for being on top of the transitional placement issues.

Kelly Huffstetler, thank you for making transition easy—and for always being a friend!

A big shout-out to all the husbands, children and families of our members for sharing you with the JLR! Thank you!
“The Junior League of Raleigh is an organization of women committed to promoting voluntarism, developing the potential of women and to improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.”

Our mission statement is so powerful; it explains very clearly who we are and what we do. Many civic organizations have one primary goal as their mission, such as curing an illness or providing education and assistance to a specific group of people. However, the League’s mission is broad and unique. A key component of our mission is to train all of our members to improve our community, whether it is improving the lives of a group of children in Raleigh or helping people in need many miles away.

Your Training Council has been hard at work during the summer to provide training to League members. Let me introduce you to the women leading these teams.

**Arrangements**—Katherine Anne Hamlin and Shannon MacDonald, along with their committee, are charged with planning, coordinating and implementing all of our General Membership Meetings, small group meetings, community advisor gatherings, the sustainer holiday social and other similar events. Their goal is to implement these events in such a way that they appear effortless. Though if you see one of them at a meeting or other function, they’ve probably just solved some crisis you’ll never hear about. They are marvels of execution and work extremely well together. This is the behind the scenes team. If a meeting occurs without a hitch, it’s due to their hard work.

**Center for Community Leadership (CCL)**—Christian Swain and her team are responsible for assessing the training capabilities and helping to coordinate the training that will be offered to our community partners and other agencies once we move into our new Headquarters at 711 Hillsborough Street. Christian was a Co-captain on last year’s team, and she has been participating in discussions about how to best utilize the space. Once we are in the Center, her team will work with other teams to assure the Center is utilized to its fullest potential.

**Leadership Support**—Mary Blake and Cameron Graham have been working diligently, researching other leadership programs in other Leagues and nonprofit organizations. Their goal is to establish a leadership program to prepare League members for leadership roles both inside and outside of the League. The curriculum they develop will help participants gain a broader understanding of community issues and help them develop skills necessary to assume leadership roles in their community activities. This is not a mentoring program, but a broad based program to help League women develop their potential and to improve the community through their leadership.

**Membership Development Committee (MDC)**—Maev Goff, Millie Wooten and their committee worked throughout the summer to plan and organize this year’s Provisional class program. Approximately 150 women were invited into the Provisional class. MDC organizes each Provisional meeting, teaches them Raleigh and League history, shares the League’s mission, details community partnerships, and instructs them on League procedures and policies. Their goal is to train Provisional members so they will be prepared for and excited to serve as Active members of the League.

**Team Training**—Lisa Burnett, Jennifer Wells and their team are dedicated to creating and facilitating new and relevant training opportunities to help develop your potential as a community leader. The team also works closely with the Leadership Support and the Nominating teams to develop training that supports the efforts of both of these teams. Keep your eyes open for training opportunities announced in the Link and eLink this fall.

Each one of the Training Council teams plays a role in helping you become a trained volunteer so you can improve the community through your work in and outside of the League. These women are working hard on behalf of the League and are more than impressive. If you are on a team with one of them or get a chance to say hello at a GMM or other event, you’ll see that their dedication and commitment to the League runs deep.

Effective action and leadership of trained volunteers . . .

**Join a Community Agency Board of Directors**

The Junior League of Raleigh (JLR) helps link our outstanding volunteers to community agencies seeking board members. If you are interested in serving on a community board, please complete the Community Board Questionnaire found in the member area of the JLR Web site www.jlraleigh.org. Be on the lookout for more details on community board training opportunities this fall. Please contact Jennifer Straw Olson jennifer.l.olson@dhhs.nc.gov or Andrea Fox andreaoakley@yahoo.com with any questions.
Stimulating conversations, energizing speeches and fabulous food are just a few things the nearly 40 attendees of North Carolina Executive Exchange (NCEE) enjoyed in June. The NCEE is an annual workshop for leaders in Junior Leagues throughout the state to learn and share best practices. 2009 was Raleigh’s time to shine as our League played host for this year’s workshop, held at the North Hills Renaissance.

The day-and-a-half workshop included training on topics such as leading during difficult times, League/life balance and fundraising in a challenging economic environment. Attendees were also energized and entertained with speakers like Mike Giancola, director for the Center for Student Leadership, Ethics and Public Service at North Carolina State University, who gave a passionate talk on the importance of volunteerism. The workshop drove home the message that each League’s most valuable asset is its people. Now is the time to capitalize on this resource so each League can not only survive, but thrive, no matter the economic conditions.

By Courtney Phillips, the Link

1 Anna, Lisa and Stacey at Scout and Mollys. 2 Elena, Virginia Parker and Stacy Arch at Fraziers. 3 Enjoying a break. 4 NCEE Dinner at Fraziers. 5 Stacey and her boots. 6 End of conference group
Funding and Development

What an exciting year we have coming up for the Junior League of Raleigh. The Funding and Development teams have been hard at work through the summer diligently planning to achieve their funding goals. There is no such thing as a break for us! Take a look at the great things we’ve got going on.

• This year marks the 25th anniversary of A Shopping SPREE! We will return to the Raleigh Convention Center October 21-25, 2009. Look for new events and exhibitors as well as many returning favorites.
• The Cookbook team is moving forward with the printing and release of our brand new cookbook, “You’re Invited Back,” due out in the spring.
• The Showcase of Kitchens team is working hard searching for fabulous kitchens and planning the fourth annual tour
• The Capital Campaign is actively raising funds for our Building Without Boundaries campaign, and we are excited that construction at 711 Hillsborough Street is going strong.
• The Bargain Box team is working hard on the League’s oldest ongoing fundraiser. They are coming up with great, creative ideas for the upcoming year to beat last year’s sales.

• And let’s not forget the Annual Fund. What a great way to support the League and recognize or honor a committee, friends and fellow League members. It’s also a great way for your company to support the League if they participate in a matching gifts program. Some companies will even participate based on the employee’s hours of volunteer work. Be sure to check with your company to see if they have either of these giving programs.

A big thank you to all of our funding teams for all of the work that they have already done to make their events successful and meet their goals. We also thank you, our League members. We appreciate your time and efforts in supporting these teams and events. We will be calling on you throughout the year whether it is working a shift for A Shopping SPREE! or Showcase of Kitchens, or making a pledge to the Capital Campaign and a gift to the Annual Fund. Your ongoing support ensures the youth of Wake County will be the real success story!

Recipe Corner: An Easy Way to Spice up a Party
By Jessica Kozma Bennett, the Link

Fall brings some of the most beautiful, and some of the busiest days of our entire year. For many, it means a return to weekends at home, extra activities, schools beginning and church programs gearing up for an exciting year. The summertime spirit dampens for weekends at football games, volunteer projects and our eventual journey into the holidays.

This month, the Recipe Corner features rosemary roasted cashews. It is a perfect dish to add quick flavor to a simple snack. It’s easy to transport and is perfect take to tailgates, church receptions and dinner parties. This recipe, along with many other delicious options, can be found in the upcoming “You’re Invited Back” cookbook due out this spring.

**Rosemary Roasted Cashews**

**Ingredients**
- 1 1/2 pounds cashew nuts
- 3 tablespoons finely minced rosemary leaves
- 1/2 teaspoon red pepper
- 3 teaspoons dark brown sugar
- 1/2 teaspoon ground coriander
- 2 teaspoons kosher salt
- 2 tablespoons melted butter

**Directions:** Preheat oven to 375 degrees Fahrenheit. Place the nuts on a baking sheet and toast for about 10 minutes until they are warmed through. Meanwhile, combine the rosemary with the remaining ingredients in a large bowl. Toss the warm nuts with the rosemary mixture until the nuts are completely coated. Serve warm.
You’re Invited Back . . .
To make a difference in our community

By Katie Johnson and Samantha Saxenmeyer

The Junior League of Raleigh will publish a new cookbook for the first time in 10 years! The Cookbook team worked hard this summer putting the finishing touches on “You’re Invited Back,” the League’s new cookbook.

“You’re Invited Back” is scheduled to hit shelves this spring and focuses on the city of Raleigh. It is full of the best recipes from our members’ kitchens. Complementing these recipes are beautiful photographs by Sustainer Tammy Wingo, menu suggestions for every occasion and helpful culinary tips.

Sponsorships for the new cookbook are a unique, once-in-a-decade opportunity that will allow you to be part of the League’s history. Proceeds from sponsorships and sales of “You’re Invited Back” will help fund many of our League’s critical projects and programs.

As a Picnic with Friends sponsor, for $250 you will receive:
• Name listed as Friend of the League on sponsorship page of “You’re Invited Back”
• Two copies of “You’re Invited Back”

If you or your company is interested in a more high profile sponsorship opportunity, those are available as well.

Our last cookbook, “You’re Invited,” sold 30,000 copies over 10 years. We plan to increase these numbers with “You’re Invited Back!” Now is your chance to become a part of the next decade and make a difference in the lives of our promising youth. Please review the sponsorship levels and consider supporting our community efforts.

Thank you for helping “You’re Invited Back” become a reality.

“You’re Invited Back”—Picnic with Friends Sponsor

$250 Individual Sponsorship

Name of individual _____________________________________________________________________________________

Address_ ______________________________________________________________________________________________

Phone _____________________________________  E-mail____________________________________________________

Proceeds from “You’re Invited Back” will support the Junior League of Raleigh.

Additional sponsorship packages for corporations and individuals include the Black Tie Gala Sponsorship for $15,000 and the Wine & Cheese Party Sponsorship for $2,500. Please contact Melanie Rankin for details.

Thank you for your support.

PLEASE RETURN THIS FORM OR FAX: 919-787-9615
Phone: 919-787-7480 ext. 36

Melanie Rankin: The Junior League of Raleigh, Inc.
4020 Barrett Drive, Suite 104 • Raleigh, NC 27609
Ten Exquisite Kitchens, One Big Event

Function, diversity and fun are hallmarks of the annual Showcase of Kitchens

By Lindsay Beth Gunter, the Link

We may have a sluggish economy, but it did not slow the foot traffic at the 2009 Showcase of Kitchens. Roughly 300 guests walked through the doors of 10 kitchens in the expanded Showcase tour held April 17-18, and more than 250 attended the highly successful Toast to the Tour kickoff event on April 16.

The 2009 Showcase featured new and remodeled kitchens in north and central Raleigh, as well as the Preston community in Cary—a new location that broadened the showcase audience. As in years past, the kitchen variety and unique features on display did not disappoint.

Whether it was natural cork flooring (easy on the feet!), oak flooring recovered from a Jim Beam distillery in Kentucky, an 800-bottle wine cellar or concrete counter tops made with recycled glass, no two elements were alike, which allowed participants to collect ideas and get inspiration for their own homes.

The 2009 Showcase also saw the addition of several live, in-home demonstrations and displays showcasing the goods and services of local vendors. Guests enjoyed a container garden demo by Logan’s Trading Company, a beautiful orchid arrangement from Atlantic Avenue Orchid and Garden, a cooking demo on a Viking stove top range, a sampling of freshly baked Cinnabon cinnamon rolls and much, much more.

The Toast to the Tour evening also enjoyed several firsts, including live music from bluegrass band Old Habits and beach music makers The Band of Oz. The Showcase companion event gave attendees a tour across North Carolina by taking them from the Appalachian Mountains to the coast in music, cuisine and ambiance.

All proceeds from Showcase of Kitchens benefited the Junior League of Raleigh’s Center for Community Leadership, but the gains of the event did not stop there.

The tour brought participants invaluable ideas, information and price points for kitchen design at the same time helping connect them to local designers, contractors, builders and vendors, many of whom were present at various kitchens throughout the tour. This recipe for partnership will ensure the Showcase a success for many years to come.

Congratulations and thank you to everyone that supported the 2009 Showcase of Kitchens.
JLR Grants Make a Difference in the Community

By Catherine Rideout, Community Funding Team Captain

During 2008-2009, the Junior League of Raleigh (JLR) awarded $55,000 in grants to 28 nonprofit community organizations in Wake County that provide services to the League’s target area of promising youth.

The Community Funding Team supports the Junior League of Raleigh’s commitment to our community by awarding grants ranging from $2,000 to $5,000. The grants are awarded twice a year based on the focus areas of education, health and human services. The deadline for agencies submitting grant applications related to health and human services programs is November 6, 2009. The deadline for agencies submitting grant applications related to educational programs is January 18, 2010.

Community Needs grants of up to $2,500 are also awarded on a needed basis for community organizations seeking short-term assistance. Applications are accepted throughout the Junior League fiscal year, June 1-May 31.

Information about JLR’s grant process, including grant applications, can be found on the League’s Web site.

Save the date: The Community Funding Team will host the JLR Community Funding Expo for community organizations providing services to Wake County’s at-risk or promising youth from 4 p.m.–6 p.m. on Thursday, Sept. 24 at White Memorial Presbyterian Church. The expo will showcase services the Junior League of Raleigh offers to our community. Additional information about our grant process will also be available at that time.

If you have any questions or know of a nonprofit organization in Wake County that would benefit from a JLR grant, please encourage them to visit our Web site and send their contact information to grants@jlraleigh.org so we can invite them to our expo.

711: A New Number to Connect the Community

By Jessica Kozma Bennett, the Link

Consider 711 a new number connecting the League to our community.

In only a few more months, the 14,000-square foot Center for Community Leadership will open its doors, ready to embrace its vision: to provide a vibrant, accessible center elevating collaboration and volunteerism, all in order to improve lives in our community.

Currently, the Center’s space, located at 711 Hillsborough Street just next to downtown Raleigh, is going through a complete renovation. As we move closer to completion, enthusiasm increases. But the buzz for this Center isn’t just about offices or aesthetics, it’s about the League’s commitment to staying relevant in a drastically changing world as the League approaches its 80th anniversary.

“Because the needs of the community are changing, we need to have a place that’s flexible,” Past President and Construction Liaison Susan Bowers said. “It is our members’ responsibility to see this through. We just could not turn our back on this.”

The new facility offers ample space for volunteer training for organizations that typically do not have the space to do so. The additional space will be available to League members, schools, community partners and government organizations as well.

So far, the community is showing they are eager for the Center. SAFEchild and the Boys and Girls Club, both partners of the League, have already committed to using space.

“To me, the most important part of the new building isn’t the new offices,” said Development Director Melanie Rankin. “It’s about the community being able to train volunteers.”

For Bowers, who has worked on the Center’s development for the last three years, the Center creates a legacy for future generations to look back on. “I want my daughters to walk in one day and know that their mom helped make this happen,” Bowers said. She describes the possibilities and its potential impact no the community as “endless.”

Pat Wilkins, this year’s Capital Campaign Captain, agreed. “Each of us is leaving a legacy, to our children and to our community.”

“This is an investment in the future,” Rankin concurred. “It’s not just about the future of the League, but of our community and how we serve it. It’s not just for now, it’s for future generations.”

Wilkins said that momentum to bring the project to fruition remained constant, despite the economic downturn, noting that in critical times it’s crucial to help those who help the community. Fundraising efforts will continue with opportunities for all of us to contribute to this legacy.

“The (Raleigh) League was founded because there was a need to give back during the Depression,” Wilkins said. “No matter how painful, this isn’t a time to fold your hand.”

Naming opportunities are still available for the Center for Community Leadership. Please contact Melanie Rankin or Pat Wilkins for information on these opportunities.
Celebrating the Silver Anniversary of A Shopping SPREE!
October 22-25, 2009, Raleigh Convention Center

We've gathered more than 130 merchants from around the country, including many new ones, to celebrate 25 years of A Shopping SPREE! There will be everything from clothing, jewelry and men's accessories to home décor, gourmet food and much more.

Every ticket sold helps to promote the Junior League of Raleigh's mission to support the community by improving the lives of our promising youth.

Visit www.ashoppingspree.net to purchase your tickets and learn more about this year's A Shopping SPREE! events.

Regular shopping hours

Thursday, October 22, 11 a.m.–8 p.m.
Friday, October 23, 9:30 a.m.–8:30 p.m.
Saturday, October 24, 10:30 a.m.–6 p.m.
Sunday, October 25, 11 a.m.–5 p.m.
Tickets for four days of shopping are $10.

Special Events

All that Glitters 25th Anniversary
Preview Gala & Silent Auction
Presented by Bailey's Fine Jewelry; Wake Radiology Diagnostic and Oncology Services; and WakeMed Health and Hospitals
Wednesday, October 21, 7 p.m.–10 p.m.

We are rolling out the red carpet to celebrate 25 years of A Shopping SPREE! in style! Enjoy cocktails, gourmet food, dancing to the sounds of Liquid Pleasure and previewing the great gift items offered by this year's merchants. This event also features a fun and fabulous silent auction, where you will have the opportunity to bid on fabulous items such as priceless sports memorabilia, exciting vacation getaways and fashionable jewelry.

All ticket holders will receive a complimentary glass of champagne, a chance to win a diamond and other fabulous prizes. Tickets: $50, and includes two complimentary beer and wine tickets. A cash bar will also be available.

Early Morning Shopping
Presented by St. David's School
Thursday, October 22, 8:30 a.m. – 11 a.m.
Join us bright and early for our annual stroller-free shopping event. Enjoy breakfast while getting a head start on your shopping for the day. Tickets: $25 and include four-day show admission.

Silver Belles at SPREE!
Presented by Saks Fifth Avenue
Friday, October 23, 5:30 p.m. – 8:30 p.m.
Grab your girlfriends and join us for a fabulous girls' night out at SPREE! We'll pay tribute to 1984, the year A Shopping SPREE! began. The $35 ticket includes premium seats to the Saks Fifth Avenue Fashion Show and a Saks Fifth Avenue goody bag filled with exciting surprises. Also included are two complimentary drink tickets, hors d’oeuvres and a DJ spinning your favorite tunes. And, of course, plenty of shopping!

Weekend Wake-up
Saturday, October 24, 8:30 a.m. – 10:30 a.m.
Start your shopping experience with some hot java to get you going this morning! You will receive a special SPREE! mug to fill at our gourmet coffee bar and then enjoy early, stroller-free shopping. Tickets: $15.

Author's Corner
Hosted by McIntyre's Fine Books
Daily, 10 a.m. – 5 p.m.
This SPREE! classic event will allow you to meet some of your favorite authors of both adult and children's literature. Authors
Help Shatter Bargain Box Sales Record: Bring Old Costumes to September GMM

No one wears the same costume twice, so why not donate your old ones

By Lanier McRae

Bring your old Halloween costumes to the September General Membership Meeting (GMM), and help us shatter the Bargain Box sales record. October has become the Bargain Box’s biggest month. In fact, October 2008 marked the most sales in Bargain Box history.

What makes October so special? Our great sales numbers are due in large part to Halloween. Bolstered by advertisements in North Carolina State University’s student newspaper, Technician, costume sales grew and helped the Bargain Box surpass all previous sales records.

To sustain and hopefully improve last October’s sales, the Bargain Box will expand our advertising efforts, adding a Halloween-themed window display and advertising at Meredith College, Shaw University and St. Augustine’s College.

Because we expect more demand for costumes, the Bargain Box needs your old threads. And we’re making it easy! All you have to do is bring your, or your child’s, old costumes—or any other Halloween-worthy, out-of-date clothing to the Bargain Box table at the September GMM. In exchange, you’ll receive a tax donation receipt and will be entered into a raffle.

The Bargain Box is vital to the Junior League of Raleigh and brings in more than $125,000 each year to support JLR programs. October sales are critical, so we ask each of you to support this year’s costume drive!

Carolina Color

Presented by Frameworks Gallery

Daily, during show hours

Join JLR and Visual Art Exchange during SPREE! for our third annual juried art exhibit and sale. “Someplace Like Home,” this year’s special collection, is about capturing an image that makes the viewer feel at home. Whether a familiar landscape from your childhood, a specific house you have called home or a scene of objects that comfort you, the work should convey that intangible yet universal sense of home. The gallery opens Wednesday, Oct. 21, and runs through Sunday, Oct. 25.

Jurors for the 2009 exhibition are Adam Cave, owner of Adam Cave Fine Art in Raleigh; Nicole Kennedy, an artist and gallery owner representing more than 30 artists, many of which are from North Carolina; and JLR Sustainer Melissa Peden, an art consultant and former owner of Peden Gallery II.

Be sure to cast your vote for the “People’s Choice Award” during the Preview Gala on October 21. There are special prizes for the people’s choice as well as for first, second and third place jurors’ selections. All winners will be announced on gala night.

Please stay tuned to www.carolinacolorgallery.com and the eLink for a list of selected artists starting August 20.

You’re Invited Café

Daily, 11 a.m.–3 p.m.

The You’re Invited Café will be serving scrumptious meals from recipes featured in “You’re Invited,” the Junior League of Raleigh’s signature cookbook, as well as cookbooks from other Junior Leagues around the nation. Copies of “You’re Invited” and other Junior League cookbooks will be available for purchase during SPREE!

Congratulations to the 2008 A Shopping SPREE! Team for receiving Metro Magazine’s Metro Bravo Award Honorable Mention for Best Charity Event
Congratulations to our new Sustainers!

Thank you for your contribution to the Junior League over the past years. We look forward to your continued involvement in the years to come.

Karen Albright
Stephanie Blackwood
Nancy Bromhal
Linda Brown Douglas
Kara Cooley
Michelene Davis
Cindy Densmore
Ruth Dobson
Ann Edmondson
Ann Fowler
Elizabeth Gooding
Tricia Gregory
Macy Hamm
Jenny Harrell
Kathy Hart
Anne Heard
Adriene Hunt
LaRinda
Huntley-Kaplan
Becky Hurley
Amy Hutchinson
Barbara Jackson
Michelle Jackson
Molly Lindsay
Easter Maynard
Katrina Morrocco
Laura Niver Jones
Laura Orcutt
Christine Osborne
Leigh Powell
Nikki Powell
Catherine Roberts
Caroline Russell
Graham Satisky
Mildred Spearman
Allison Sullivan
Heather Thompson
Amy Watkins
Leigh Welch
Michelle Wichard
Polly Winecoff
Tammy Wingo
Sustainer Luncheon at the Governor’s Mansion
Meet the 2009-2010 Community Chicks

By Stacy Arch, Community Vice President

It's hard to believe we are off and running into the 2009-2010 League year. Our community teams have been busy this summer with socials, goal setting, planning and training. We are really excited to continue the Junior League tradition of serving our community and helping those who need us most. With 12 different community placements and more than 200 volunteers, the community chicks are our representatives to the agencies and families we serve.

AventWest Children’s Mentoring (AWCM)
Team AventWest Children’s Mentoring provides weekly enrichment activities for children in first grade to fourth grade who are academically at-risk of failing. Dance and movement, music, puppetry, water safety and recycling are just a few of the subject areas team AWCM has shared with their inspiring kids. AventWest is a community near North Carolina State University’s campus in southwest Raleigh. Contact: Julie Tew.

Boys and Girls (B&G) Club
Team Boys and Girls Club provides Power Hour at the Brentwood Boys & Girls Club location on New Hope Church Road. These women help students tackle essential skills in reading and/or math by helping with homework and projects that enhance the specific needs of each child. Volunteers attend either one hour a week or two hours every other week, usually between 5:30 p.m. and 7:30 p.m. Monday through Thursday. Captain: Heather Beiza.

Chorus
Team Chorus is our show-stopping group of women who sing their way through life’s ups and downs. They rehearse every Wednesday morning and are comprised mainly of Sustainers with a few Actives sprinkled in the mix. They perform all over Wake County at assisted-living facilities, senior centers and other community events, including a collaboration with team AWCM and teaching the kids about music. Captain: Debbie Pappas.

Community Connect
Team Community Connect provides training opportunities for nonprofits in the Triangle area. Training topics are selected by the Community Connect team from topics suggested by various agencies. Communication skills, board development, fundraising tactics and press release writing 101, are just a few topics recently covered. Trainings have practical and useful information for everyone, including Junior League members, who are always welcome to attend. Captain: Lauren Stump.

Community Funding
Team Community Funding provides essential funds to nonprofits in Wake County through grants in the target area of Promising Youth. This team is responsible for nominating Legacy Award recipients to the JLR Board and educating the membership about community needs. Each fall, Community Funding holds the Junior League Expo and invites agencies across the Triangle area to learn more about what the League does and how we can help area agencies. Captain: Catherine Rideout.

Girls On the Run (GOTR)
Girls On the Run is an innovative program that combines training for a non-competitive 5K run/walk event with leadership skill building lessons. These opportunities educate and prepare girls, ages 8-12, for a lifetime of self-respect and healthy living. Volunteers serve as coaches for 12 weeks in the fall or spring. The sessions include running workouts and games that teach important life skills such as teamwork, leadership, goal setting, conflict resolution and healthy decision-making. Co-captains: Kelly Gold and Juliane Kuminski.

Helping Horse
Team Helping Horse provides therapeutic riding opportunities to children with a wide range of disabilities. Volunteers serve as side-walkers, making sure the riders are safe. Riders receive strength and coordination therapy while also learning equestrian skills. Riding as therapy allows development of physical capabilities in a stimulating, natural environment. The exhilaration of being in tune with an animal so large and strong is empowering for children whose day-to-day life can be incredibly challenging. The joy of riding provides a recreational and social outlet for riders and their families for whom such opportunities are usually limited. Captain: Morgan Cates.

Heritage Park
Team Heritage Park has many roles. These women provide leadership and guidance to Girl Scout Troop 1830 and the Career/Teen Club. They also teach children fundamental reading skills through the Strides in Reading Program. They also host the Holiday Shopping Spree where children can buy holiday gifts for
loved ones with certificates earned through hard work and good grades. Volunteers come every other week for two hours, usually on Monday nights. Co-captains: Jennifer Dunn and Michele Jonczak.

**Quick Impact**
Team Quick Impact provides woman power to help nonprofits in Wake County meet their goals in short, one-time projects. Whether it’s helping children update immunizations so they can attend school, stuffing envelopes for a fundraising event or registering runners for a Girls On The Run 5K, Team Quick Impact annually contributes 300 volunteer hours to nonprofits throughout the Triangle. Co-captains: Ashley Parker and Ronda Bazley Moore.

**SAFEChild**
In 1992, the Junior League of Raleigh founded SAFEChild. Since then, it has worked with more than 7,500 parents and reached more than 70,000 children. The ultimate vision is to eliminate child abuse in Wake County by delivering support and education to families and breaking negative parenting patterns through improved communication and relationship skills. Volunteers are trained to mentor new mothers, lead parent education groups, facilitate children’s groups or present a child abuse prevention program to first-grade students in Wake County public schools. Captain: Kate Watson.

**StepUP Ministry**
The purpose of StepUP Ministry is to provide second chances for those committed to living independent, responsible and productive lives. The StepUP program is comprised of a series of steps that must be completed one at a time before moving to the next step. Incentives are built into the model to motivate and reward patterns of behavior that lead to fiscal responsibility, healthy relationships and spiritual growth. The goal of the program is to produce graduates who are self-sufficient, live in safe affordable housing and have a stable job with a future. Volunteers work with the children’s program on Tuesday nights and assist with children’s events. Co-captains: Christy Knight and Anna Wilson.

**Kids on the Block (KOTB)**
Kids on the Block is a group of League puppeteers who perform across Wake County at schools, churches and festivals. Our puppets teach children about accepting differences, getting along and being kind. KOTB uses short puppet skits to engage children and teach them that different doesn’t mean bad. If you want your inner actor to shine, please join the fun!

*Captain: Nina Argiry*

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**2009 Girls on the Run: Winning the Race Toward Healthy Living**
*By Jessica Kozma Bennett, the Link*

On an early, sunny May morning at runner-friendly Meredith College, a forest of little girls lined up for the biggest trek of their year so far: the WonderGirl 5K.

The WonderGirl 5K, an event hosted by Girls on the Run (GOTR), welcomed approximately 1,000 girls. The girls trained for three months with League coaches and other volunteer coaches starting in February, with the culmination of their hard work on May 2.

But the real success of GOTR is much more than a race. The heart of the program, its mission, is for participants to learn about healthy living and develop healthy self-esteem.

For two-year team member Juliane Kuminski, the GOTR program of physical training and life lessons allows the program’s mission to succeed. “GOTR helps girls feel better about themselves, physically and mentally. The life lessons we talk about at each practice in addition to the physical training is a great combination,” she said.

*Continued on page 38*
League members say coaching GOTR is a worthwhile experience. For League member Jessica Kay Ruhle, this year’s GOTR WonderGirl 5K and all the weeks leading to it were so rewarding that she is ready to do again.

“I can think of a couple of moments that day when all of the hard work was definitely worth it. There was such a sense of celebration and joy,” Ruhle said. “I was so pleased that we’d gone through so much effort to make the day in honor of their accomplishments and hard work this spring.”

GOTR has two sessions each year: a fall training season that ends with the December Reindeer Romp and the springtime WonderGirl 5K. Girls condition with team members twice a week to train for the end-of-session race.

This year, Provisional members worked with their sister class from the Junior League of Durham. After the 5K, runners celebrated with face painting, chalk and bandanna areas, art activities, hula-hoops and a balloon for every runner.

League member Missy Boyd says being a positive role model makes a huge difference in the girls’ lives. “For some of them, just a simple high five may be all the attention they will get in a day from another female figure, and GOTR puts these female figures in place for these girls,” she said.

Boyd added that coaching healthy living and self-esteem brings endless results, including friendship, camaraderie and openness. “The peer relationships that these young ladies develop with one another is wonderful,” she explained. “I feel they really learn to open up and share feelings, problem solve and develop real relationships with each other.”

Ruhle says her own experience as a runner, and the impact running has had on her life, fuels her commitment to the girls. “As a runner myself, GOTR has a special place in my heart,” she said. “I began running when I was in college, and I love the organization’s focus on showing young girls how much fun it can be to live a healthy and active life.

“I think the greatest impact GOTR can have is to capture a girl at an early age and teach them to respect and take pride in what their bodies are capable of. Then, hopefully, that will carry with them through the difficult teenage and adult years,” Ruhle added. “What could be better than that?” she ended.
Team StepUP Celebrates with Red Light, Green Light

End-of-year event features food, games, and unending fun for StepUP children and volunteers

By Christy Knight, StepUp Co-captain

In May, StepUP volunteers ended their placement year by hosting an end-of-the-year celebration for the children involved in StepUP Ministries. Although inclement weather moved the event indoors to the White Memorial Presbyterian Church gymnasium, the rain did not dampen the high spirits.

Dinner consisted of picnic fare, including hoagies, potato salad, pasta salad, chips, cupcakes brownies and cookies (all the things your mother did not want you to over-indulge in for dinner as a child).

Everyone, including the volunteers, participated in game time, which began with a round of musical chairs and continued to a game of red light green light, a relay race and a game of freeze. The festivities also included a candy-filled piñata. Everyone stayed out of the way when the broom handle swung and the children rushed the floor for spilled candy.

The entire evening proved to be quite a bonding experience. It was rewarding to see the children’s excitement when we engaged in the games with them and showed them we wanted to participate, too.

This end-of-year celebration was such a success that Team StepUP plans to host a similar event in September to introduce the children to the new volunteers and start another great League year with StepUP. Special thanks to all the JLR volunteers that made this past year at StepUP a success!
Wanted: Helping Horse Volunteers!

Calling all horse lovers, outdoor enthusiasts and anyone with a soft spot for helping out cute kids

By Morgan Cates, Helping Horse Captain

Helping Horse Therapeutic Riding Program is one of the few community organizations with which you can volunteer even if you aren’t assigned to the placement. For those not familiar with Helping Horse, it is a nonprofit therapeutic horseback riding program for persons with physical, mental and emotional disabilities. The program works with more than 30 individuals of all ages, and the Junior League of Raleigh assists with 10 participating children every Monday night.

Three volunteers are generally needed for each child: one person to lead the horse and two to walk on either side of the child. If you don’t have experience with horses, don’t worry! The program provides options for those who aren’t comfortable leading. Helping Horse also offers opportunities to learn something new, even for seasoned horse veterans.

Volunteers arrive at 5:45 p.m. to help ready the horses for the lessons. After the horses are groomed and tacked, they are walked to the riding rink where children anxiously await their chance to ride and greet their horses. Once on their horse, each child completes a series of games and patterns designed to enhance their balance, dexterity, memory and general well being. The lesson concludes by reviewing terminology related to horses and riding. By the end, the kids and volunteers are exhausted but happy.

While the disabilities vary, there is one constant—each child lights up after mounting their horse. They are so excited to show their parents, siblings and Helping Horse volunteers their equestrian skills. It is a joy to be involved, and we encourage you to volunteer!

Actives, Sustainers and Provisionals are all welcome to join us. Please contact me at morgancates@gmail.com, or call (919) 452-7350 if you have questions or would like to learn more about this volunteer opportunity.

PICTURED LEFT, TOP TO BOTTOM
League volunteers Emily Goins (left) and Pat Motschwiller (right) walk beside rider Emily Kinlaw.
Helping Horse participant Al Parker shows off his ribbon and trophy.
League volunteer Elissa Keno (left) walks along Avery Proctor (center).

Promoting volunteerism . . .
The Junior League of Raleigh recently received the JL Award for Fund Development from the Association of Junior Leagues International (AJLI) for its work at the Bargain Box, which has contributed more than $1 million to fund the League’s community efforts.

The League also received honorable mention in the JL Award for Membership Development category. The award was given to JLR for our innovative, online voting program that allows members to view names, photos and biographies online and receive a confirmation once their vote is cast.

The awards were presented at AJLI’s 87th annual conference in Atlanta, held in April and attended by representatives from 293 Junior Leagues in the United States, Canada, Mexico and the United Kingdom. In addition to JLR’s award recognition, JLR Past President, Linda Douglas, was inducted onto the AJLI Board of Directors—a huge honor!

The conference featured keynote speaker, Erin Gruwell, founder of the Freedom Writers Foundation (www.freedomwritersfoundation.org). Erin spoke about her educational philosophy that values and promotes hope and diversity for students who have been written off by the educational system as unteachable. Her experiences even inspired a movie, “Freedom Writers,” which was released in 2007 starring Hilary Swank. There wasn’t a dry eye in the room by the end of her speech. Erin’s presentation reminded Junior League members of the importance of fundraising, spending time daily in the community, and providing resources and support to bring about change.

The inspiring moments continued with the presentation of AJLI’s 2009 Mary Harriman Community Leadership Award to Colleen Willoughby, Founding President of the Washington Women’s Foundation (www.wawomensfoundation.org) and Past President of Junior League of Seattle. The Foundation’s mission is to engage women and teach them the power of collective giving. The foundation has invested more than $7.4 million of the 480 members’ own money and has helped more than 700 organizations with various grants. The impact of the groups informed and strategic giving inspired Junior League members with evidence of leadership practices that guide collective giving which creates effective philanthropy for the community.

At the conclusion of the conference, we adopted a new vision statement, “The Junior League: Women around the world as catalysts for lasting community change.” More than 650 delegates from Junior Leagues around the world left Atlanta with the vision to create lasting community change!
Running and Winning

GRAPA helps teens learn about a life in politics

By Courtney Phillips, the Link

“How do you balance work and family life?” That’s just one of the questions teens peppered elected officials with at the “Running and Winning” workshop.

In its third year, the nonpartisan workshop was hosted by the League of Women Voters for 10th to 12th-grade teenage girls to foster an interest in a career in public service. The Junior League of Raleigh was a co-sponsor of the program through Team Government Relations and Political Action (GRAPA).

“One of the benefits of the workshop is that the girls get to interact directly with female elected officials,” said Cady Thomas, Captain of GRAPA. “They heard first-hand accounts about the life of a public servant – everything from fundraising to responding to disgruntled constituents.”

GRAPA committee members were on hand to coach the girls as they worked in small groups to interview the elected officials and participate in a mock campaign. From analyzing the issues, to designing publicity, to energizing their audience with a campaign speech, it was a full day for the participants. “The presentations the students made about their campaign topics were first-class,” said Lisa Mowat, President-elect of the League of Women Voters of Wake County.

The students in this year’s workshop gave it two thumbs-up. “This was great. I am telling all my friends about it so they will come next year,” said one excited program participant.

Past Presidents Honored with a Wonderful “Thyme”

Team Arrangements organizes herb-themed luncheon at historic Joel Lane Museum House

By Patti Benedict

On April 28, Team Arrangements hosted the annual Past President’s Luncheon, honoring the Junior League of Raleigh members who have served as President to our League or another League.

On a beautiful and breezy spring day, guests enjoyed lunch in the courtyard of the Joel Lane Museum House. Tables were surrounded by colonial buildings and the aromatic herb garden, which inspired this year’s theme.

The menu featured peach Bellinis garnished with dried French lavender. Arrangements team members made the delicious lunch, serving marinated beef tenderloin with royal butter and mushrooms, rosemary red potato salad and asparagus with lemon-dill vinaigrette. A lemon curd tart finished the meal. The tables were decorated with moss-lined baskets of green hydrangeas, lavender roses, purple tulips, rosemary and Spanish lavender.

Team Arrangements thanks the Past Presidents who joined us in April. Special thanks to the Joel Lane Museum House for hosting this luncheon as one of the first events held at their unique, downtown Raleigh location. It was truly a delicious and beautiful event!
Did you know the League’s first signature project was a free baby clinic? We were called the Junior Guild of Raleigh back in 1927, and our 30 founding members worked tirelessly so they could be recognized and accepted into the Association of Junior Leagues.

“Friend of sick babes, crippled and afflicted children and destitute families—an agency of service to those whose lives lie along a pathway of want and sorrow,” read a profile in the Raleigh Times newspaper. “That is the Junior Guild of Raleigh, a voluntary organization of young women who have banded themselves together to rescue their leisure hours from waste and devote them to activities which make for community progress and human happiness.”

On February 4, 1927, the Junior Guild of Raleigh held its first meeting. After much consideration and volunteer work with various welfare agencies, the membership agreed Raleigh’s poorest children needed a baby clinic.

Nine months later, the first signature project was born. With the help of Dr. Root and Dr. Bugg, the baby clinic opened its doors on October 9, 1927. The clinic typically cared for 20 to 25 children each Wednesday afternoon between the hours of three and five. A core group of volunteers helped Dr. Root and Dr. Bugg with charts and examining the children. A Motor Corps Committee provided transportation to and from the clinic, and a Follow-up Committee made sure the needs of each child were met, even arranging more specific care through other doctors at Rex Hospital. Members of the Layette Committee stayed busy making clothes for the children and expectant mothers the clinic served.

The Junior Guild also focused its efforts on fundraising to provide an income for the free clinic. They opened a book and gift shop, and pounded the pavement to raise support and awareness for their worthy cause. Once, they even published their own edition of the Raleigh Times! The Times generously agreed to let them create a Junior Guild Edition of the newspaper. Members sold advertisements, wrote and edited articles, and stood on street corners replacing the newsboys selling newspapers for the day.

These founding members were organized, focused, driven, and ready to serve, much like our members of the Junior League of Raleigh today. They rolled up their sleeves, hit the ground running and made significant strides in improving the lives of people around them. Associations of Junior Leagues of America (AJLA) unanimously passed the Raleigh Junior Guild’s request to become the Junior League of Raleigh during the 1929-30 year.

Our tradition of improving lives in our community continues and it is a pleasure and honor to serve as your Community Vice President as we celebrate our 80th year as the Junior League of Raleigh.

Promoting volunteerism . . .
Mission Comes to Life in Everything You Do

The Junior League of Raleigh is an organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. That is our mission and that is what we do every day. When we help a child learn to read, we are bringing life to our mission. When we stuff envelopes with invitations to a community fundraiser, we breath life into our mission. When we attend a training session to learn how to be a better board member or volunteer, we show that we live our mission. As you read this issue of the Link, you will see examples of JLR members focusing on our mission. Each article, story and announcement can be traced back to our mission. But sometimes, we get so involved in doing what we do that we forget to see how what we do impacts our mission. To that end, you will find mission phrases scattered throughout issues of the Link this year. These will serve as gentle reminders of how everything we do, the obvious and the not so obvious tasks, projects and programs always bring us back to our core—our mission. We are focused on promising youth. Now you can see how everything we are about brings that goal and our mission together into an effort that belongs only to the Junior League of Raleigh as only our members. Enjoy your year of promoting volunteerism, developing your potential, improving the community and becoming better leaders and trained volunteers.

Update Your JLR Profile

Has your last name changed? Do you have a new e-mail address, phone number or street address? The Junior League of Raleigh would love to know.

Junior League Headquarters’ staff, your team captain and all of your League friends depend on our master directory to contact you. We know you are busy, especially when you experience a major life change, but please take a couple of minutes to update your information. Updating your profile also automatically includes you in our Talent Guide, a great resource for supporting each other.

Follow these easy steps to update your information online, and thanks for keeping the League in the loop!

- Go to www.jlraleigh.org
- Select Member Area
- Log on with your user ID and password
- Select My Profile
- Select Edit
- Enter your updates
- Select Update Profile

Looking for birthdays, congratulations and condolences for your fellow League members? Check out each edition of the eLink for the up-to-date lists of celebrations and expressions of sympathy.
St. Timothy’s School
COEDUCATIONAL EPISCOPAL DAY SCHOOL
Kindergarten–Eighth Grade

For more information,
please call (919) 781-0531
Mrs. Cathy Clement, Director of Admissions
e-mail: cclement@sttimothys.org
4523 Six Forks Road, Raleigh, NC 27609
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