



Capital Leadership Initiative

Developing the Potential of Women

2010-11 Program Overview

Thank you for your interest in the Junior League of Raleigh's Capital Leadership Initiative (CLI)! This relevant, engaging and dynamic program will provide women in our community with leadership training applicable to the workplace, volunteer opportunities and at home. Please join us for the CLI pilot year beginning in Fall 2010!

The CLI curriculum will:

- Provide participants with tangible leadership skills for your life TODAY
- Present sessions lead by EXPERTS in women's leadership development
- Offer leadership assessments custom tailored to your PERSONAL DEVELOPMENT
- Feature a curriculum custom-tailored to train JLR members and our community partners

CLI sessions will be held once a month from September to May, skipping January. Each session will be two hours, except for a mandatory first session, to be held all day on a Saturday. To receive the CLI certificate, you must attend at least six full sessions, including the mandatory first session. Emergencies will be considered. If you already know you will miss more than two sessions, we ask you not apply at this time.

Selection for CLI will be on a first come, first served basis. Previous leadership experience is not a prerequisite for CLI.

Junior League of Raleigh members: CLI is **not** a Junior League placement; the time you dedicate to this program will be above and beyond your placement hours. Completion of CLI does not guarantee a leadership position within Junior League.

Applications for CLI must be received by **Friday, May 28, 2010**. Only completed applications will be considered. Please submit your application electronically to cli.jlraleigh@gmail.com. You may also print and mail your completed file to:

Capital Leadership Initiative
Junior League of Raleigh
PO Box 26821
Raleigh, NC 27611-6821

CLI fees are \$125. Please do not remit program fees with the application. You will be invoiced upon acceptance into CLI.

The following is an outline of the 2010-11 CLI curriculum:

SESSION I – Saturday, September 11, 2010

9 a.m. – 2 p.m.

Effective Leadership: *Understanding Your Leadership Style and Becoming a Confident Leader*

Session Goal: In Session I, participants will be introduced to key characteristics that have transformed successful women leaders in the 21st Century. They will discover their own personal leadership style through the Myers-Briggs Type Indicator (MBTI) and develop strategies to lead others effectively in professional and community related roles. At the end of this session, participants will have established goals for personal growth and self-discovery.

SESSION II – Monday, October 4, 2010

7 p.m. – 9 p.m.

Communications: *A Strategy for Two-Way Conversation*

Session Goal: In Session II, participants will develop the skills to lead and direct the attention of others through focused interpersonal and group communication. They will learn to communicate by mastering active listening skills and speaking to individuals and groups with purpose.

SESSION III – Monday, November 1, 2010

7 p.m. – 9 p.m.

Consensus Building: *Leading Others to Common Ground*

Session Goal: In Session III, participants will enhance their self-assurance and come to lead with authority. They will learn that "negotiate" and "persuade" are not bad words, but creative tools designed for positive impact. Participants will learn to sharpen their leadership skills by managing conflict in a manner that strengthens relationships with others, while maintaining order as their role as the leader.

SESSION IV – Monday, December 6, 2010

7 p.m. – 9 p.m.

Motivation: *Developing and Inspiring Future Leaders*

Session Goal: In Session IV, participants will learn coaching techniques for engaging and motivating others. They will learn how to use positive influences to identify and develop future leaders within their organization.

SESSION V – Monday, February 7, 2011

7 p.m. – 9 p.m.

Best Practices: *Fundamentals for Running Your Organization*

Session Goal: In Session V, participants will develop skills in governance to complement the practices of their organization. This framework will utilize leadership skills gained in previous sessions in order to provide a "best practices" approach for running a successful organization.

SESSION VI – Monday, March 7, 2011
7 p.m. – 9 p.m.

Operations: *Maximizing Resources in Nonprofit Settings*

Session Goal: In Session VI, participants will learn about and build upon their knowledge of nonprofit operations. They will also be coached through steps on how to manage budgets, fundraise and maximize the potential of their volunteers.

SESSION VII – Monday, April 4, 2011
7 p.m. – 9 p.m.

The Future: *Navigating Through the Challenges Ahead*

Session Goal: In Session VII, participants will take the leadership skills learned in previous sessions to create a better home-work-life balance by learning to manage their time more effectively.

Note: One component of this session will consist of a panel discussion comprised of successful men and women from all facets of life (e.g. not just the working person) – single, married, with/without kids, etc.

SESSION VIII – Monday, May 2, 2011
7 p.m. – 9 p.m.

Putting It All Together: *Inspiring Leaders for Today and Tomorrow*

Session Goal: In Session VIII, participants will be inspired by a community leader (keynote speaker) and be encouraged to fulfill their own leadership path. They will build upon the knowledge gained throughout the program and set their own action plan in motion.

